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Post-Care Instructions for Eyelining

The following are Post-Care Instructions that must be strictly adhered to by Client post any Eyelining procedure(s).

- Your eyes may be red and swollen for 2-3 days... this is completely normal. You may lightly apply an ice pack wrapped in a paper towel to help alleviate the swelling.
- **For the first 48 Hours...** Blot with a damp paper towel (using the sterile water provided). This removes any lymph fluid buildup that would cause premature scabbing. Do this multiple times a day, as needed. You may only do twice a day if there is not any lymph fluid buildup.
- **After 48 Hours to Day 7...** Wash lash line gently for 10 seconds (patting motion, not rubbing) once a day with warm water and Dove Sensitive Beauty Bar or Cetaphil. Suds up between fingers so all you feel are the bubbles. Splash your lash line with lukewarm water. Pat dry with a clean tissue or paper towel.
- **After 48 - 72 Hours...** Gently apply a small amount of the after care provided (After Inked - White Package) with a cotton squab or dab on with clean fingers 3 - 4 times per day. Be sure to gently remove the old ointment before applying new.

Avoid:

For 3 Days:

- Contacts
- High Sodium Foods

For 5 Days:

- Eye Makeup (Light Eye Makeup from Day 5-14 . Use a NEW tube of Mascara.)
- Eyelash Curlers
- Hot, Steamy Showers
- Jacuzzi and Saunas
- Sweaty Exercise

For 7 Days:

- Chlorinated Pools

For 14 Days:

- Lash Lifting
- Lash Tinting
- Eyelash Extensions
- False Lashes
- Eye Creams
- Moisturizers
- Retin-A/AHA Products

For 6 Weeks:

- Lash Boost Serums

FOLLOW FOR ALL PROCEDURES: *A Perfecting Session is included in the pricing and is needed 6-8 weeks following the initial procedure.*

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 - 4 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning a chemical peel, MRI or other medical procedure, please notify technician you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- To donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.