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## Happy Easter and Remember and Honour the ANZACS



I did not receive any notification this time from facilities achieving 4 years certification. This does not mean that no facilities achieved it, it just means that I did not hear from the facilities.

**I would, however, like to mention that achieving 3 years is still a great outcome so if you have received 3 years then please celebrate that and receive my congratulations for that achievement.**

And for my friends, who have an audit this month, all the best!

*If you have achieved 4 years and like to share this then please let me know.*

### INFECTION CONTROL SNIPPETS (Bug Control)

**Did you know.....**

This is the International Symbol for a single use item.

**Do not reuse "single patient use" only**



*Julie Sparks (managing Director) Bug Control NZ Ltd Tel: 64 3 3047027*

### HELP ME KEEPING THE DATABASE UP TO DATE!

Changing positions? New email address? Let me know if your details are changing so I can keep the database up to date.

*Jessica*

**Please use this email address**

**[09jelica@gmail.com](mailto:09jelica@gmail.com)**

**and delete**

**[jelica@woosh.co.nz](mailto:jelica@woosh.co.nz)**

If you have emailed anything to the woosh account I will not be able to receive that as this account has been closed. **Please resend to the gmail account.**

**Thanks, Jessica**

## SNIPPETS

### First page in staff file

It might be helpful to have a front sheet in each staff member's file which is completed on commencement of employment and kept up to date if contact details change.

On the page you can write down:

Staff member's address

Phone number, home and mobile

Date of Birth (always nice to remember your staff's birthday)

Their commencement date

Emergency contact (who do you phone if something happen to your staff?)

Their NZQA number if they have one

Unit Standard completed

Under which name their practicing certificate can be found

IRD number and Tax code

Bank account number

You will most likely have all this information throughout the file but it would be a lot easier to locate if it is all on the front sheet. (I have attached one as example. Feel free to use, chop and change!)

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### Explain Restraint and non restraint and enablers in newsletters

It is not always easy for relatives/visitors/friends to understand to legislation around restraint. It might help to add something in your newsletter regarding your policy and the reasons for this policy. That way you might create an understanding that you cannot restraint residents against their wishes or without consent (unless it is an emergency).

Regular information in newsletter is a good way to keep all informed and establish a better understanding about the reasons you do things.

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### Flu Vaccine

In the Northern Hemisphere this year, influenza A(H3N2) has been the predominant strain. It is possible that this strain will also predominate in New Zealand this winter. A(H3N2) has historically been associated with higher morbidity and mortality, especially for those aged over 65 years.

This year's vaccines for the Southern Hemisphere contain two new vaccine strains, which were not included in the Northern Hemisphere vaccines for 2014/15. While the change in vaccine strains is intended to avoid the vaccine mismatch problems experienced in the Northern Hemisphere, the change has resulted in an unavoidable delay in the vaccines' release. The funded immunisation programme is planned for 21 April this year, later than in previous years.

Information about this year's influenza vaccine is available at [www.fightflu.co.nz](http://www.fightflu.co.nz) and [www.influenza.org.nz](http://www.influenza.org.nz)

*Thank you Sharon Mildon for this information*

**"Just cause you  
got the monkey  
off your back  
doesn't mean  
the circus has  
left town"**

George Carlin

## SNIPPETS CONT'D

From the MOH **2015 Influenza Immunisation Programme update**

### ***Higher risk of increased morbidity and mortality***

Given the predominance of Influenza A(H3N2) in the Northern Hemisphere, it is possible that this strain will circulate in New Zealand this winter. A(H3N2) has historically been associated with higher morbidity and mortality.

Your elderly population may be most at risk of developing influenza as they are unlikely to be protected against H3N2 and should be a priority for immunisation.

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### **Tracking devices for wanderers**

*I have received a number of phone calls lately from facilities asking about "tracking devices". I have asked around and received the following information. The two organisations mentioned below were the ones mentioned the most. This does not mean that there are no other organisations or devices or that I endorse either or but it might give you an idea to pursue. Let me know if you have another device that works well so we can share it with everybody else.*

Tracking devices are issued by Police Search and Rescue (Police SAR) and by New Zealand Land Search & Rescue (LandSAR). They are for 'wanderers' who regularly go missing, such as some people with dementia.

The tracking devices are small pendants in the form of a necklace, belt attachment or watch, worn by the wandering person. Each pendant has its own individual frequency which can be tracked using direction finding equipment.

After they receive the tracking device, a person's details are entered into the Police National Intelligence application with an alert attached. When a person wearing the device goes missing, Police SAR will be notified immediately and the person tracked using the device. This has proved successful for both Police and families.

For more information contact any Police SAR coordinator through your [nearest police station](#).

### **Wandatrak Tracking System**

Wandatrak Pendants don't stop people from going missing, but they do help in finding them!

The pendant is worn around the client's neck in the form of a necklace. If it can't be worn around the neck other options can be considered but the effectiveness of the device is greatly reduced.

The pendant has a tracking device inside it, which emits a signal and is easily traced by using the receiver unit. So, in the event of someone becoming lost, one only has to dial 111. Each pendant transmits its own unique frequency so that it is easily identifiable from any other pendant. They give a tracking range of approx 700-900 meters in most situations and the pendant transmits an inaudible signal every one and a half seconds.

When the police are notified of a lost person with a Wandatrak pendant they use a signal receiver unit with a directional antenna to track the signal.

-See more at: <http://www.alzheimers.org.nz/waikato/285-upcoming-events#sthash.Kz9iCQi4.dpuf>

Free yourself  
from negative  
people  
Spend time  
with nice  
people who are  
smart, driven  
and  
likeminded

## Conversations that Count Day – National Advance Care Planning Awareness Day

When we started planning for Conversations that Count Day in August, it felt like we had lots of time, and now, suddenly it's just over two weeks away! I hope you are all ready, that you have your teams set up for Morning Tea with ACP events, that you have the posters up and the postcards at the ready. I hope too that you've managed to engage with your local media and NGO partners, aged residential care facilities, GPs and pharmacies.

We would love to hear and see what you are up to. I have started a "Spot the poster/postcards" thread on our [Facebook](#) page, calling on anyone who spots them to take a picture and post it there. Please also share your preparations and activities on [Facebook](#) and on Twitter [@CtC\\_NZ](#).

We are hoping to see substantially increased activity across the country running up to and on 16 April – this does depend on each and every one of us doing our bit to promote Conversations that Count Day. Go on, spread the word!!

### **CtC Day postcards and poster**

We have now finalised the designs for this year's postcards. We've also created a great footer you can add to your email signature. [Click here for more information](#), and learn how to download the files.

### **Morning tea with ACP**

One of our key campaign activities this year will be Morning tea with ACP. We'd like to encourage you to host a morning with your friends, family, or colleagues, and 'Start the Conversation' around ACP. You can find [more information in the instruction and preview document](#). And feel free to share the invitation, the more people participating, the more conversations can be had!

### **The Briscoes Lady**

Many of you will be familiar with Tammy Wells who has fronted the television and radio advertising for homeware retailer Briscoes for many years. Tammy has signed on this year to be the face of our campaign, and has been working with us to create some fantastic new videos. We hope to have these available for you to view on the Advance Care Planning website soon!

### **National Media**

We have also been hard at work drumming up interest from national media, and we expect to see ACP, and Conversations that Count Day cropping up in print, television and radio.

We are hoping to see substantially increased activity across the country running up to and on 16 April – this does depend on each and every one of us doing our bit to promote Conversations that Count Day. Go on, spread the word!!

*Leigh Manson - Programme Director*

Music is what  
feelings sound  
like

## 10 things you need to do before the Mondayised ANZAC Day

The Holidays (Full Recognition of Waitangi Day and ANZAC Day) Amendment Bill or, as it is more commonly known, the 'Mondayisation Bill', will have its first big impact on ANZAC Day.

Here are 10 simple things you can do to make sure your business stays compliant:


1. **Know what's new.** The 'Mondayisation Bill' states that from now on, when Waitangi Day (6 February) or ANZAC Day (25 April) fall on a weekend, the public holiday must be treated as falling on the following Monday for employees who would not otherwise work on that Saturday or Sunday.
2. **Know what stays the same.** For employees who would normally otherwise work on that Saturday or Sunday, the public holiday must still be treated as falling on that day. If you close for the holiday, you must pay these weekend workers their regular holiday pay. If your business remains open for the holiday, employees are entitled to at least time and a half pay and a whole day's alternative holiday (day in lieu) at a later date.
3. **Get your ducks in a row.** There isn't much time to get ready. The Monday holiday will first be effective on ANZAC Day 2015 and Waitangi Day in 2016.
4. **Meet your holiday-entitlement obligations.** If your employee works on a day that is designated as a public holiday for them (either the weekend day or the Monday, depending on their normal working days), they'll receive time and a half for the hours worked and become entitled to an alternative holiday.
5. **Mind your roster.** If your employee normally works on the day the holiday falls on (for example, he or she is normally rostered to work every Saturday), you can't take them off the roster for the holiday weekend in an attempt to get out of paying them holiday wages.
6. **Don't get caught out.** Failure to recognise your employees' holiday entitlements, or taking employees off of the roster to avoid paying holiday pay, is a breach of the law. It may lead to enforcement action.
7. **Update your files.** After each public holiday you must update the leave records in your employees' personnel files. Be sure to record when the holiday was taken, if and when a day in lieu ('alternative holiday') was taken, if any holiday pay was paid, and when this amount was paid to the employee.
8. **Be mindful of commemorative celebrations.** The celebration of Waitangi Day and ANZAC Day (i.e., parades and other commemorative activities) will still occur on the actual holiday date. Keep in mind that it could be important to some of your employees to be able to attend these events.
9. **Remember that you've already done this.** Certain public holidays were already "Mondayised" under the Act. If Christmas Day, Boxing Day, New Year's Day or 2 January fall on either a Saturday or Sunday (and that day would not otherwise be a working day), then those public holidays have always been treated as falling on the following Monday or Tuesday.
10. **Don't panic. This isn't going to happen often.** Waitangi and ANZAC days only fall on a weekend about twice every seven years.

*Business.govt.nz*

## DAYLIGHT SAVINGS END

Coming weekend, 5<sup>th</sup> of April, it is that time of the year again when we turn the clock back one hour! This is never a good sign as it means the summer has come to an end!! What a beaut it was though. Already looking forward to the 27<sup>th</sup> of September when daylight saving starts again!

It is better to walk alone, than with a crowd going in the wrong direction.  
Diane Grant.

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| <p><b>The quickest way to receive love is to give love, the best way to keep love is to give it wings.</b></p>                                                                                                                                                                                                                                                                                                       | <p><b>HCHA conference</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                      | <p><b>28-30 April 2015, Rendezvous Grand Hotel, Auckland</b><br/> The Home and Community Health Association Conference 2015 will explore the challenges and opportunities of changes occurring in home and community services – as a result of consumer and cultural needs, demographics and choices; and as a result of strategy around workforce, community supports and integration. We will include consumer and carer perspectives and look at what is going on overseas, as well as at home.</p> <p>A copy of the draft programme is available on:<br/> <a href="http://www.hcha.org.nz/conference-2015/programme/">http://www.hcha.org.nz/conference-2015/programme/</a><br/> Check out the conference website: <a href="http://www.hcha.org.nz/conference-2015">http://www.hcha.org.nz/conference-2015</a></p>                                                                                                                                            |
|                                                                                                                                                                                                                                                                                                                                                                                                                      | <p><b>PALLIATIVE AND END OF LIFE CARE</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                                                                                                                                                                                                                                      | <p><i>See attached poster</i></p> <p>Come hear about the latest findings from the School of Nursing’s Te Ārai Palliative Care and End of Life Research Group. The conference marks the launch of Te Ārai's bi-cultural palliative care and end of life research group and will feature sessions on the group’s latest research topics including:</p> <ul style="list-style-type: none"> <li>* Culturally appropriate palliative care for Māori</li> <li>* Palliative care in aged residential care</li> <li>* Palliative care in hospitals</li> </ul> <p>The afternoon sessions will explore the palliative care sector’s research needs (bring your questions, answers and ideas) as well as suggestions for New Zealand’s research priorities.</p> <p>The day will be a great opportunity for networking, collaborating with colleagues, and exploring research opportunities.</p> <p>25 June 9am-4pm Tamaki Innovation Campus, the University of Auckland.</p> |
|                                                                                                                                                                                                                                                                                                                                                                                                                      | <p><b>BOUQUET</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                             |
| <div style="display: flex; align-items: center;">  <div> <p style="text-align: center;">Who else but the Black Caps!!</p> <p>If not for winning the cup then for their sportsmanship and the example they have been for our young prospective hopefuls.</p> </div> </div> |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                   |

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|-----------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p><b>Middle age is when your age starts to show around your middle</b></p> | <p><b>TRAINING SESSIONS</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                             | <p>If you need training provided on site please let me know as I am available to provide this on non clinical topics such as:<br/> Cultural safety, Spirituality, Sexuality, Privacy, Rights, Confidentiality, Communication and documentation, Abuse and neglect prevention, Restraint minimisation and safe practice, Behaviour management, Complaints and risk management, open disclosure, EPOA, Advance directive, informed consent and resuscitation, Health and Safety, Ageing process, mental illness.</p> <p>If you are looking for a topic not listed here please drop me a line.<br/> I am happy to facilitate different times to suit evening and night staff.<br/> References available on request.</p> |
|                                                                             | <p><b>NEWSLETTERS BACK ISSUES</b></p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                |
|                                                                             | <p>Remember there is an alphabetical list of topics from all my newsletters available on my website which refers to the related issue. This website is available to everybody: <a href="http://www.jelicatips.com">www.jelicatips.com</a> No password or membership required.</p> <p>I believe in having the data available to everybody as it is important that as many people as possible get the information and that we help each other as much as possible in this very challenging sector.<br/> I don't mind sharing this information but I don't agree anybody making financial gain from this information!</p>                                                                                               |

**Some interesting websites:**

[www.careassociation.co.nz](http://www.careassociation.co.nz); [www.eldernet.co.nz](http://www.eldernet.co.nz), [www.insitenewspaper.co.nz](http://www.insitenewspaper.co.nz), [www.moh.govt.nz](http://www.moh.govt.nz);  
[www.healthedtrust.org.nz](http://www.healthedtrust.org.nz), [www.dementiacareaustralia.com](http://www.dementiacareaustralia.com); [www.advancecareplanning.org.nz](http://www.advancecareplanning.org.nz)  
<http://www.bpac.org.nz/Public/admin.asp?type=publication&pub=Best>, <http://www.open.hqsc.govt.nz>;  
[www.safefoodhandler.com](http://www.safefoodhandler.com); [www.learneonline.health.nz](http://www.learneonline.health.nz); [www.bugcontrol.co.nz](http://www.bugcontrol.co.nz);  
[www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing](http://www.nutritionfoundation.org.nz/about-nznf/Healthy-Ageing)

Please note these sites are not necessarily endorsed by Jelica nor is it responsible for the contents within them. The information contained in this publication is of a general nature and should not be relied upon as a substitute for professional advice in specific cases.

**REMEMBER!**

Send your feedback, suggestions and articles showcasing your local, regional and workforce activities for publication in future issues.

This brings me to the end of this issue. I hope you enjoyed reading it and welcome any feedback you have. With your help I hope to keep this a very informative newsletter with something for everyone.

Signing off for now.

*Jessica*

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- If you do not wish to continue to receive emails from me, all you need to do is e-mail me and write "Unsubscribe". I will then remove you from my contact list (though I will be sorry to lose you from my list).
- If you know of others who you think would benefit from receiving my newsletter, please pass on my details and have them sending me an email with the subscribe request.