We must examine ourselves to see how habits can cause internal and external conflict. Our environment and history will cause us to produce good or bad habits. We must understand that God has given us the ability to control our habits. However, to make this possible we must submit to the Holy Spirit leading. Romans chapters 6&7 tells us we can choose to have good habits (righteous) or bad habits (sin). Control is a matter of choice. Because evil is present doesn’t mean we “have” to indulge. Chose to take control of your life.

If we are going to walk in a season of blessings we must overcome bad habits by:

1. ***Controlling Our Thoughts***
   1. ***Roman 12:2; Eph 4:22-24 – God expects us to renew our mind***
   2. ***Heb 8:10; 10:16; Jere 31:34 – God will renew our mind by putting his law in it.***
   3. ***Phil 4:8 – Bad habits are broken by thinking and practicing good ones.***
2. Controlling Our Conversation
   1. Take captive every thought - 2 Cor 10:3-5,
   2. Watch your speech - Prov 29:11,1 Tim 4:12 (KJV), Mark 11:23

Proverb 29:11 – *a fool utters all his mind; but a wise man keepeth it in till afterwards*. (KJV)

“….a [self-confident] fool utters all his anger, but a wise man holds it back and stills it. (AMP)

1. Controlling Our Company
   1. Walk with the right people - Psalm 1:1-2
   2. Cut off what is toxic - 2 Cor 6:14-18; 7:1
2. Controlling Our Habits
   1. Gal 5:22-26 – Practice using the fruit of the Spirit

Love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control

* 1. Christians don’t habitually sin - 1 John 3:6, 9 (Amp)
  2. Practice godly principles - Col 3:12-14

**Godly Habits:**

1. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 6. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
2. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 7. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
3. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 8. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
4. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 9. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
5. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ 10. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_