

# August 2018

“Don’t let anyone look down on you because you are young, but set an example for the believers in speech, in conduct, in love, in faith and in purity.”

—1 Timothy 4:12



### August Memory Verse:

If we confess our sins, He is faithful and just to forgive us our sins and to cleanse us from all unrighteousness.

—1 John 1:9

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## Birthdays August 2018



To protect from identity theft, birthdays are not listed in the on-line version of the Chapel Communique. Thank you for understanding!



This month **Ladies Night Out (LNO)** and **Golden Heirs** will have a combined meeting on **Thursday, August 9<sup>th</sup>, at 6:00 pm** in the **Fellowship Hall**. It will be potluck. Tana Beasley of Arkansas Game & Fish will present a program about hummingbirds and her hummingbird banding work.

### UPCOMING EVENTS:

**August 7<sup>th</sup>** @ 6pm — National Night Out (El Dorado PD & MAD)

**August 9<sup>th</sup>** @ 6pm — LNO/Golden Heirs

(All About Hummingbirds)

**August 13<sup>th</sup>** — Parkers Chapel, Strong-Huttig, & West Side Christian School First Day of School

**August 14<sup>th</sup>** — El Dorado First Day of School

**August 15<sup>th</sup>** — Norphlet-Smackover First Day of School

**Sunday Nights** @ 6pm — Growth Group — “RELAT10SHIP”  
by Robert Morris

## Pride Aside

By Natalie Butcher



“Pride aside... We need prayer!” This was the text message that Joni Hutton sent her church’s life group (a group of people that “do life” together inside and outside church) while sitting in the ICU. Her son, Ben, was in the hospital, because he had several organs shutting down due to a drug overdose. Up until this point, they had never shared with anyone that their son was addicted to drugs. In a desperate attempt to save her son’s life, she sent the text.

“Pride Aside” is a DVD series by Steve Hutton, father of Ben and husband of Joni, that the Sunday Night Growth Group watched in July. Steve recounts his family’s journey with a son that became addicted to drugs. The Hutton family was a typical “good” family with two loving parents who faithfully attended and served in church. Their son, Ben, was a 4.0 student in high school and was blessed with an incredible amount of athletic talent. He was the fastest person on his high school football and track teams. He was talented enough to earn a football scholarship the University of Southern Mississippi, a Division I school. Like many students, Ben experimented with drugs — first trying alcohol out of curiosity. Over 5 years he not only drank, but also tried marijuana, Adderall, and Xanax. He eventually tried harder drugs like cocaine and heroin. This led to a vicious cycle of addiction.

In the DVD, Steve stated that 1 in 10 people that experiment with alcohol and/or drugs become addicted. Why can’t they just stop? In “Drugs, Brains, and Behavior The Science of Addiction” by the National Institute on Drug Abuse, “Addiction is defined as a chronic, relapsing brain disease that is characterized by compulsive drug seeking and use, despite harmful consequences. It is considered a brain disease because drugs change the brain—they change its structure and how it works. These brain changes can be long-lasting, and can lead to the harmful behaviors seen in people



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## Ladies Night Out and Golden Heirs in August



**Ladies Night Out and Golden Heirs** will have a combined night of fellowship on **Thursday, August 9th, at 6:00 pm in the Fellowship Hall**. It will be potluck, so bring your favorite dishes! Tana Beasley, who works with the Arkansas Game and Fish Commission as facility manager of the Potlatch Conservation Education Center in Casscoe, will present a program about hummingbirds and her hummingbird banding work.

Beasley taught biology, applied biology/chemistry and environmental science at Searcy High School before helping to develop the curriculum for the Potlatch Conservation Education Center. She holds the “Bander of Records for the State of Arkansas in Hummingbird Banding” status and is the only one in the state with a valid Federal Master Bird Banding Permit for banding hummingbirds issued by the U.S. Department of the Interior and U.S. Geological Survey Bird Banding Laboratory in Laurel, Maryland.



## Ladies Night Out — Ice Cream Social

By Joan Hershberger



The July Ladies Night Out met at Kathy Vinson's house for an ice cream social. With three flavors of ice cream, bananas, toppings and cookies, the 15 ladies present had plenty of ways to get sweet before Laura Rogers began the program with a demonstration of how to make a single serving of ice cream in a zip-lock bag. Everyone approved of the sample.

During the pocketbook game, the ladies broke up into two teams to see if between them they would have anything from the list of 15 items. One team had all 15 items and won the prize of a flashlight for their pocketbook.

Testing the memories of all, Kathy Vinson played the opening bars of several hymns, each time asking those present if they identified the hymn. Lynette Wasson won the prize of a body spray for correctly  
*(LNO — Continued on page 10)*

## Children's Ministry

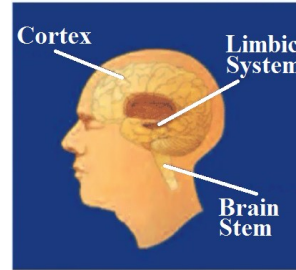
On June 21st, the kids headed off in the church van to attend Altitude in Monroe, LA - it is an awesome trampoline park. Everyone had a great time! It's a great place to visit! Big thanks to Lane & Brandi Price for driving the van & chaperoning.





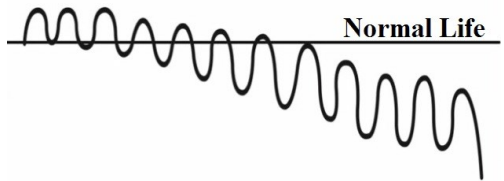
**PRIDE** (Continued from page 3)

who abuse drugs.”



Steve talked about three main parts of the brain — cortex, limbic system, and brain stem. The cortex is where reasoning is found and is controlled voluntarily. However, the brain stem (controls bodily functions like the heart beating and breathing while asleep) and the limbic system (controls pleasure) are involuntary. When a person takes a drug the first time, they are using the part of their brain that voluntarily makes decisions (cortex). When they become addicted, the limbic system has been chemically altered by the drugs. The decision to take or not take the drug is no longer under the control of the cortex. They can't just stop.

Steve also explained that when a person uses an illegal drug or abuses a legal drug they experience a “high”, but come back to normal. When they take it again (depending on their tolerance, weight, heredity, genetic predisposition, etc.), they eventually don't get quite as “high” and have to take more to get “high”. They eventually can't get to “normal” even though they desperately want to.



People like to think that addiction is a teenage or young adult problem. It's not. It can also strike older adults when painful diseases or injuries attack the body or when life events cause depression. My dad, a strong Christian, was diagnosed with Fibromyalgia, an incredibly painful disease, in his latter years of life. While being treated for the disease, he was prescribed many different medications to try to give him relief from the disease's symptoms. At some point, he became addicted to Oxycontin. At the time, I didn't know. In October of 2012, Richard and I flew to the

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## *PRIDE (Continued from page 8)*

West Coast to visit my parents. I hadn't seen them in 6 years. When I got out of the car and walked to the apartment, I was shocked to see my dad with glazed eyes and walking with an "old man shuffle". Seeing him broke my heart and I knew that I would never see him again. Here was a man that I dearly loved that when I saw him last was teaching and dancing line dances — he was very active. He was now taking morphine and other medicines. During the visit, I watched him track and countdown to when he could go to the pharmacy to renew his morphine prescription. He didn't leave the apartment much — sleeping most of the day and night and going out mainly to get prescriptions filled. Due to the years of dealing with the pain of Fibromyalgia and the medications that he was taking, my dad ended his suffering by committing suicide the following March. I never saw him again.

Drug addiction is not something people talk about, but we should. It can happen to anyone — even you or someone you love. As Ben Hutton said in a talk to some high school students, "If you don't think it can happen to you or your family, then it is more likely to happen in your family." Denial... Refusing to see the signs, because we want to believe the best in our children or loved ones. "We are a good, Christian family. It can't happen to us." It can. It happened in my family. It has happened in other families within our church and community.

After several attempts at sobriety at different facilities, Ben ended up at a Teen Challenge of the Dakotas, a Christian-based residential rehabilitation center located in South Dakota, for 18 months. He is now sober, is back in college, and is about to graduate with a Bachelor of Science in Computers. Ben and his family are using his experiences with addiction to educate people on addictions, but also point them to a loving God that has helped them through Ben's battles with addiction. Ben is fortunate. Many die from drug overdoses or suicide trying to feel normal.

For more information on drug addictions, see "[Drugs, Brains, and Behavior The Science of Addiction](#)" by the National Institute on Drug

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## *LNO (Continued from page 5)*

guessing the most hymns. She surprised several when she said that she was a preacher's kid and always in church, so she knows a lot of hymns.



The evening closed with a game awarding points to individuals for children, colors worn that night or the number of years married. Carolyn Haley scored 124 and took the final prize for the night.



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Abuse at <https://www.drugabuse.gov/publications/drugs-brains-behavior-science-addiction/introduction>.

The best way to not become addicted is to never take the first drink, swallow the first pill, or smoke the first joint. You don't know if you are the 1 in 10.



 **WARNING**

**WATCH AND PRAY THAT YOU MAY  
NOT ENTER INTO TEMPTATION.  
THE SPIRIT INDEED IS WILLING,  
BUT THE FLESH IS WEAK.**

**—MATTHEW 26:41**

## UPDATE FROM THE WIEBES

(MHC Supported Missionaries in Mexico)



As with every change in ministry leadership, there are quite a few personal and collateral adjustments to be made by all parties involved. None-the-less, by adhering to the Holy Spirit's guidance, the Wiebe team has managed to outlast the storm and safely reach the other side. Praise the Lord for calm waters again, and for fairly smooth sailing over the past two months.

One surprising development within the Monte Calvario congregation is a growing number of young adults (verses the traditional large presence of children and young teens.) Another shocking statistic revolves around the abundance of musically inclined individuals. (Over half of the regular attendees are proficient in at least one instrument.) Needless-to-say, this is an anomaly in most churches; yet here in small-town Mexico, our budding little group has been afforded the grand pleasure of trying to organize a feasible rotation in which all participants may glorify God and edify the Body with their various talents and abilities, in spite of—or rather because of—our presently reduced seating space. In a first-time endeavor, this newly formed young adults group applied their multiple skill-sets to great advantage in a Special Music & Drama presentation to honor their mothers on May 10th. [A month later and the excitement is still unabated.] A strenuous mountain hiking trip and a river excursion have further helped to slowly cement relationships within this diverse and complex group. With Father's Day activities right on our heels, we expect to see greater strides in that direction.

### Communique Articles

I, along with others, would love to hear what is going on in your life! Do you have a funny story that you would like to share? Has God shown you something? Has He put something on your heart that you would like to share? E-mail or talk to me, Natalie, about what He is doing in your life so we can share in the Communique.