



Parry Sound Acupuncture

Victoria Pumphrey, R.Ac

Community Acupuncture

Community acupuncture is a nationwide movement to help create access to acupuncture for most people by removing the barrier of cost from healing.

We treat in a community setting. We use chairs in a large, quiet, soothing space. In our busy society, it is not often we stop and take time to relax while surrounded by our peers. This is opportunity to experience treatment with family, friends and community.

Some of the benefits of Acupuncture are; better sleep, PMS reduction, relief from headaches and migraines, regulation of digestion, pain relief, anxiety and much more.

Acupuncture has an excellent reputation for greatly relieving pain, but it has also been shown to help with hundreds of other syndromes.

Price: \$20-\$40

(This is our sliding scale pricing, you decide what you can afford on any given day.)

Location:

St James Centre for Community, 24 Mary St. Parry Sound
Tamarack Room (lower level)

Contact:

Victoria Pumphrey, R. Ac (705) 772-2599

Victoria@ParrySoundAcupuncture.com

www.ParrySoundAcupuncture.com