**Dates, Rolled Oats, Thompson Raisins, Sesame Seeds, Sunflower Seeds, Almonds, Cashews, Hazel Nuts, Pecans, Walnuts, Brazil Nuts, Prunes, Grape Seed Oil, Pure Salt, Figs, Raspberries Granules, Grape Seed Oil, Walnut Oil, Brown Rice Flour, Quinoa, Amaranth, Barley, Flaxseed, Millet, Rye, Oat Flour, Banana Powder, Green Peas, Pumpkin Seeds, Orange Powder, Blueberry Powder,** [**Nutritional Yeast**](http://sitebuilder.vpweb.com/vp/nutrionalyeast.asp)**, Peach Powder, Guava Powder, Ginger, Cinnamon, Aloe Vera Powder, Clove, Strawberry, Coconut, Lemon Oil, Orange Oil, Stevia Leaf Powder.**