

Brandi Lozada-Johnston, BCN, (candidate for qEEG-T) Neurofeedback Specialist & Brain Mapping Technologist

Brandi Lozada-Johnston degrees, education, training, experience and other qualifications regarding the complimentary and alternative health care services to be provided:

- Passed QEEG-T Board Certification Exam 11/16 from QEEG Certification Board Organization
- International Society for Neurofeedback and Research Conference, (ISNR). Orlando, Fl. October 21 -25, 2016
- Completed qEEG course for qEEG certification.
- QEEG, Live Z-score, sLoreta, Brain Avatar, Brain Dx workshop, Cleveland, Oh, 8/16 8/22-2016
- Current Online Course in: Quantitative Electroencephalogram as an Assessment Tool for Brain-based Disorders, course taught by Cynithia. Kerson, PhD, QEEGD, BNC, BCB and Jay Gunkelman, QEEGD, at http://www.saybrook.edu/ Behavioral Medicine Research & Training Foundation Non-profit Scientific & Educational Organization 91-1948669, 1/12/15 to present
- Online Mentoring sessions with Jay Gunkelman in advance qEEG analysis (February 2016-June 30, 2016)
- QEEG candidacy application accepted from QEEG Certification Board <u>www.qeegcertificationboard.org</u> 1/12/15
- Board Certification in Neurofeedback from Biofeedback Certification International Alliance (BCIA) 2014 (www.bcia.org)
- International Society for Neurofeedback and Research Conference, (ISNR). October 17-18, 2014, San Diego, Cal.
- Advance Theory and Practice of Neurofeedback, EEGinf. Two day conference in Woodland Hills, CA, July, 2014
- Certificate of Course in EEG Biofeedback/Neurofeedback Behavioral Medicine Research & Training Foundation (36 CE) January 2014, Richard A. Sherman, PhD, (Director of Saybrook's Psychophysiology CE Program).
- BA in Psychology and Minor in Dance with Graduate level (interdisciplinary) classes in nutrition, exercise physiology, sports medicine, sports psychology from New Mexico State University, 1982
- New Mexico Level Two K-12 Teaching License Specialty Area with endorsement in Performing Arts and Physical Education. 1999 2012,

• Webinar Courses Completed:

- 1) How to Increase the Effectiveness of Your HRV Biofeedback Practice by Fred Shaffer, PhD, BCB. June 22, 2016
- 2) Remote Training: Considerations and Caveats presented by Leslie Sherlin, PhD, BCB, BCN, Feb. 18, 2016
- 3) Successful Neurofeedback Treatment of Severe and Suicidal Depression by Dennis Romig, PhD, BCN, Nov. 6, 2015
- 4) Neurofeedback for Developmental Trauma: Calming the Fear-Driven Brain Webinar presented by Sebern Fisher, MA, BCN 6/12/2015
- 5) Infra-slow Fluctuation Training for Autism Spectrum Disorder presented by Mark L. Smith, LCSW, BCN, QEEGT" 3-27-15
- 6) sLORETA PZOKUL with Dynamic Training provided by neurofeedback educator Penijean Gracefire (BCN, LMHC, qEEG-T) 2/4/15.
- 7) sLORETA ROIZUL Dynamic Thresholding: Brief Introduction to Custom Network Design by neurofeedback educator Penijean Gracefire (BCN, LMHC, qEEG-T) 2/11/15

• Workshop Certification Courses Completion:

- 1) Advance Theory and Practice of Neurofeedback, EEG Institute, Woodland Hills, Ca, July 18-20, 2013.
- 2) Evidence-Based Nutritional Strategies for the Aging Brain, Dr. Michael Lara, MD. 6 hours of continuing education: Radisson Hotel El Paso, Texas, February 19, 2014
- 3) Scientific Approach to Database Guided Brain Mapping & Neurofeedback, Stress Therapy Solutions, Cleveland, Ohio, 1/23/2011
- 4) Bipolar and Infra-Low Frequency Neurofeedbck (history, mechanism and clinical application with hands-on practice) EEG Institution, Woodland, Ca, August 27-28, 2010.
- 5) Clinical Introduction to Neurofeedback, (an intensive introduction to Neurofeedback, an alternative therapy to improve function in a variety of brain based disorders), EEG Institute, Woodland hills, Ca, December 3-6, 2009.
- Mentored, studied and worked with Dr. Sara Hunt Harper from Stress Management Center 2013 and Dr. Pamela Bell from Body and Brain, Santa Fe, New Mexico 2013, 2014.

• The nature and expected results of the service or services that are offered:

- A) A free consultation in person or phone to discuss the client's concerns and reason(s) for the Neurofeedback services. The consultation sharing will explore; past treatment short term and long term treatment goals, and current treatment options.
- B) The client will be given recommendations based on assessments and the jointly agreed Neurofeedback plan with expected results.
- C) One or more agreed on assessment plans that will be provided to the client by the practitioner.
- D) Neurofeedback training has shown to provide long-term effects from training: Please see International Society for Neurofeedback Research (ISNR.org) for studies.

BrainWorks Neurofeedback provides **state-of-the-art Neurofeedback equipment and software for proven efficacious training results.** Selection training methods will be determined based on goals, assessments and measurable results – equipment, software and protocols include:

Cygnet-HP infra-low 1 or 2 channel bipolar training (for all types of brain training regulation), Alpha Theta and 2 channel synchrony training and Discovery 24 EEG with 19 channel whole brain training for regulation, sLORETA (Standardized low-resolution brain electromagnetic tomography) with surface and ROI (region of interest) volume training, sLORETA volume training. Peak performance, Alert, Relax, Focus and Deep protocols. Specific feedback methods: avatar, z-plot, z-Maps, surface, ROI, games, movies with eyes open or closed.

• Additional and complimentary services as requested: 35 years experienced as a Movement specialist and 20 years of meditation practices.

Body conditioning, Weight Loss, Dance and Meditation (Open Focus and Mindful Instruction – are tailored to the patient's unique situation may be taught and then practiced with the patient to ensure client's understanding and comfort level.

A patient has a right to reasonable notice of changes in services and/or charges for services. Notice of any future changes in services or fees will be posted and provided 1 month before taking effect. We will honor all previous written agreements of services.

Notice regarding patient records:

- A patient has the right to access their own patient's records and written information therein.
- Patient records and transactions are confidential unless the release of these records is authorized in writing by the patient or as required by law.
- A patient has the right to a coordinated transfer when there will be a change in the provider of the complimentary and alternative health care services.

In order to file a complaint with the Regulation and Licensing Department related to the practice of a complimentary or alternative health care practitioner, download and complete the compliant form, have it notarized and submit it to the department.

http://www.rld.state.nm.us/OS/PDF%27s/CAHCP%20Complaint%20Form.doc

Part 2 – signature required

Regulation and Licensing Department Complimentary and Alternative Health Care 2550 Cerrillos Road Santa Fe, New Mexico 87501 (505) 476-4600

Mailing Address P.O. Box 25101 Santa Fe, New Mexico 87504

I, (print your name)______ acknowledge that I have been provided with a copy of this Patient Information Document, the original of which will be kept by *Brandi Lozada-Johnston for at least 3 years* and I understand and agree to its contents. I agree to participate in the development of my health and wellness plan and authorize *Ms. Lozada-Johnston* to perform any of the above defined services, as agreed during each appointment session.

*I understand that: Physician Consultation and Medication Monitoring: Because neurofeedback can influence (as well as be affected by) certain types of medication and medication levels, all individuals entering treatment who are currently under the care of a physician are asked to: 1) inform their prescribing physician of their intent to begin neurofeedback and; 2) grant written permission to contact their physician for medical consultation and monitoring of the effects of the neurofeedback treatment on their physical condition and medication levels. In addition, the patient should immediately inform Brandi Johnston of any changes in medication (increases, decreases, implementation of new medications) that occur while in treatment. As neurofeedback training progresses, know that over-medication effects can occur. When this happens, a patient must also notify his/her physician that medication adjustments may be needed (often to decrease medication). This will help to ensure that neurofeedback is able to work and to avoid possible over-medication effects such as irritability, hyperactivity, and other potential changes in behavior.

Please initial _____

Furthermore, I understand *Brandi Lozada-Johnston* will not: perform surgery on an individual, set fractures on an individual, administer x-ray radiation to an individual, prescribe or dispense dangerous drugs or controlled substances to an individual, physically invade the body except for the use of non-prescription/noninvasive conductive gels, place electrodes on scalp and ears, recommend healthy breathing patterns, instruction on safe fitness practices, topical creams, oils, salves, ointments, or any other preparations that may penetrate the skin without causing harm. Further more, Ms. Johnston will not make a specific conventional medical diagnosis, have sexual contact

Signature of patient, guardian	Date	
Or third party, as appropriate		