


# May 2019

# Group Respite Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	1 <small>Global Developmental Delay Day</small>	2	3	4
			Day ◆ Community Garden: Exploring Seeds ◆ Let's Brunch! (L)	Day ◆ Coffee Date (T1/\$) ◆ Music & Movement: Pilates	Day ◆ Picnic & Walk in the Park (T1) ◆ Yoga & Relaxation	Day ◆ Let's Hit the Gym! (\$) & Holiday Beach Conservation Area & Lunch Date (T2/\$)
			Eve coming soon...	Eve ◆ Let's Hit the Gym!(T1) Dinner: Meatballs & Rice (D)	Eve (PICK-UP) ◆ Live music and Dinner date at Carrots N Dates (T2/\$)	Eve coming soon...
5	6	7	8	9	10	11
	Day ◆ Morning Stretches ◆ Lunch date at A-1 Chinese in support of Essex High S.T.E.P.S. (\$) & Volunteer at St. Vincent de Paul (T1)	Day ◆ Pay-It-Forward: Free Coffee at Food Bank (T1) ◆ Foot Spa	Day ◆ DIY Mac N' Cheese Lunch (L) ◆ Coffee Date (T1/\$)	Day Group A ◆ Volunteer at W.E. Care for Kids (T1) Group B ◆ Volunteer at Calabria Bistro (T1)	Day ◆ Volunteer at W.E. Care for Kids (T1) ◆ Mother's Day Activity	Day ◆ Mother's Day Activity ◆ Community Tree Plant 10am-12pm & Lunch in Windsor (T2/\$)
	Eve coming soon...	Eve (*PICK-UP*) ◆ GHA: Dance & ECH Bingo & Pizza (T2)	Eve coming soon...	Eve ◆ Let's Hit the Gym! (T1/\$) ◆ Guinea Pig Bed Project Dinner: Chicken Fingers & Veggies (D)	Eve Clubhouse Committee Meeting ME: Games Night ◆ Dinner date at Woodcraft (T1/\$)	Eve coming soon...
12	13	14	15 <small>National Chocolate Chip Day</small>	16	17 <small>National Pizza Party Day</small>	18
Happy Mother's Day!	Day ◆ Let's Talk Money ◆ Lunch date at Dairy Freez(\$) & Volunteer at St. Vincent de Paul (T1)	Day ◆ Pay-it-Forward: Humane Society Toy Drop Off Group A ◆ Let's Hit the Gym (T1/\$) Group B ◆ Coffee Date (T1)	Day ◆ Baking: Chocolate Chip Cookies ◆ Community Garden	Day ◆ Movie at Southpoint (T1/\$) ◆ Music & Movement: Dance Fit!	Day ◆ Grocery Shopping ◆ DIY Pizza! ◆ Pizza Party Lunch (L)	Day ◆ Laundry Day! ◆ Walk in the Woods(T1) ◆ Subway Lunch (\$)
	Eve coming soon...	Eve (PICK-UP) ◆ ECH: Basketball (T1) Dinner: Nacho Night (D)	Eve coming soon...	Eve ◆ Let's Hit the Gym(T1/\$) Dinner: Quessadilla (D)	Eve (PICK-UP) ◆ Dinner date at Crabby Joe's & McGregor Dance (T2/\$)	Eve coming soon...
						*SPECIAL EVENT** Fundraiser at the Scottish Club
19	20 <small>Victoria Day</small>	21	22	23	24 <small>National Scavenger Hunt Day</small>	25
	Day  CLOSED	Day ◆ Program Shopping ◆ Coffee Date (T1) ◆ Vitals with Jess (2pm)	Day ◆ Music & Movement: Yoga ◆ Bowling (T1/\$)	Day ◆ Community Garbage Pick Up (T1) ◆ Pancake Lunch (L)	Day ◆ Scavenger Hunt in the Park (T1) ◆ Music & Movement: Yoga	Day ◆ Let's Hit the Gym & Exploring your community! (T1) ◆ Brunch (\$)
	Eve coming soon...	Eve ◆ GHA: Dance, Dinner @ Gyros & More & ECH: Heroes VS Law Enforcement & EMS	Eve coming soon...	Eve ◆ Let's Hit the Gym! (T1) Dinner: Chef's Salad (D)	Eve Clubhouse Committee Meeting Relay For Life @ Essex High ◆ Dinner date at On The Docks (T1/\$)	Eve coming soon...
26	27	28	29	30	31 <small>National Smile Day</small> 😊	1
	Day ◆ AquaFit(T1/\$) ◆ Volunteer at St. Vincent de Paul (T1)	Day ◆ Try a Tea Tuesday ◆ Foot Spa ◆ Movie Day-In with Snacks!	Day ◆ Picnic & Walk In the Park (T1) ◆ Community Garden	Day ◆ Coffee Date (T1) ◆ Group Games!	Day ◆ Let's Talk Money ◆ Pay-it-Forward: Free Smiles (T1)	
	Eve coming soon...	Eve ◆ Let's Hit the Gym!(T1/\$) ◆ Pizza (D) and Paint	Eve coming soon...	Eve ◆ Let's Hit the Gym! & Dinner date at Dairy Freez (T2/\$)	Eve (PICK UP) ◆ Explore Windsor Rib Fest & Dinner (T2/\$)	

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**Monthly Notes**

CC = Community Class ME = Members Event **PICK-UP** = Off Site Pick-up location 15 = Previous Invoice Due

**Please join us on Tuesday May 21 at 6:30pm at Essex District High school to cheer on the Heroes when they VS Law enforcement and EMS in the season end game!**


Tuesday May 7 \*PICK-UP\* is at St. Paul's Anglican Church: 92 Paul Street, Essex

Tuesday May 14 & 21 PICK-UP is at Essex District High School

Friday May 3 PICK-UP is at Carrots N Dates: 1125 Lesperance Rd, Windsor

Friday May 17 PICK-UP is at Knights of Columbus in McGregor

Friday May 31 PICK-UP is in Windsor- Location to be determined



\*Calendars are subject to change