



**Healthcare and Wellness Newsletter** 

May 2020

Moving to phase 2 of the Provincial Plan for Survive COVID 19.

Thanks all of you for doing your part to flatten the curve.

We understand we need to plan for a new "normal".

A notice from Interior
Health about access to
COVID testing for our
community. Currently
only testing is available
during the hours the ED
is open. See next page.

It will be a while before we have physical monthly meetings, so we should and are planning for virtual meetings.

This will take a bit of work. We need your help.





## In This Issue

- Healthcare area planning meetings still being scheduled
- COVID 19 testing availability for our communities
- Virtual meeting using Zoom

Are your flowers and gardens planted

Healthcare area planning meeting was held by video conference APRIL 23, 2020. Another meeting is scheduled for MAY 22, 2020.

These meetings are just a check in during the pandemic, we aren't attempting to address the community healthcare needs beyond coping with the pandemic.

Round table discussions occurred to share information, and we expect this to continue until Interior Health has a little bit better normal.



## **COVID Testing**

We are waiting for the final details to be shared

By Interior Health. We were told at the last

area planning meeting that additional testing would be made available soon. Currently we only have testing available at the Emergency Department when it is open.

Dr. Henry has said that earlier and more testing is now the new normal. If you are not feeling well, stay home. If your symptoms seem to be similar to COVID 19, testing is available much sooner. As soon as we have those details locally, we will share them. In the meantime, call 811 for instructions.

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WE NEED YOUR HELP. WE WANT TO RUN A TEST VIRTUAL MEETING USING 200M AND WE NEED VOLUNTEERS.

**TENTATIVE DATE MAY 19, TBA** 

IF YOU HAVE A COMPUTER, TABLET,
SMARTPHONE AND ARE WILLING TO
TEST THIS WITH US, PLEASE CONTACT

SHEILA AT srcorn@telus.net for further details and date.