

Resources for Parents

- This site can help you support your child emotionally: <https://www.childtrends.org/publications/resources-for-supporting-childrens-emotional-well-being-during-the-covid-19-pandemic>
- This site can give you some ideas of how to keep bored children busy: <https://www.care.com/c/stories/3780/things-to-do-when-kids-say-im-bored/>
- Article and video about resilience:
 - <https://www.wsj.com/articles/as-children-face-disappointments-parents-can-help-them-develop-resilience-11585056589>
 - (the first video of Resilience in Perilous Times: Pathways to the Future): <https://istss.org/education-research/online-learning/free-recordings#Resilience>
- NPR comic for kids explaining the coronavirus: <https://www.npr.org/sections/goatsandsoda/2020/02/28/809580453/just-for-kids-a-comic-exploring-the-new-coronavirus>
 - A link to versions in many other languages: <https://www.npr.org/sections/goatsandsoda/2020/03/07/811616161/kids-around-the-world-are-reading-nprs-coronavirus-comic>

Combatting COVID-related Racism: [https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-covid-19-\(coronavirus\)-stigma-and-racism-tips-for-parents-and-caregivers](https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-crisis/health-crisis-resources/countering-covid-19-(coronavirus)-stigma-and-racism-tips-for-parents-and-caregivers).