


November 2019

Daytime (9-3pm) Group Respite Calendar


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1 Welcome Claire!	2
					<ul style="list-style-type: none"> ❖ DIY Pedi Bombs ❖ Pamper Yourself ❖ Let's Hit the Gym (T1) 	
3	4	5	6 Happy Birthday Spencer!	7	8	9
	<ul style="list-style-type: none"> ❖ Let's Brunch! (L) ❖ Celebrate Spencer's Birthday ❖ Community Service (T1) 	<ul style="list-style-type: none"> ❖ DIY Muffins ❖ Movement/ Gym(T1) 	<ul style="list-style-type: none"> ❖ DIY Smoothies ❖ Bowling (T1/\$) 	<ul style="list-style-type: none"> ❖ Program Errands & Afternoon Apps. (T1) ❖ Foot Spa 	<ul style="list-style-type: none"> ❖ Remembrance Day Activity ❖ ATC Walking Track (T1) ❖ Pamper Yourself 	
10	11	12	13	14	15	16
	<p>CLOSED</p> 	<ul style="list-style-type: none"> ❖ Dog Toy Project ❖ Lunch Date (T1/\$) 	<ul style="list-style-type: none"> ❖ Creativity with Jamie ❖ DIY Pizza Lunch (L) 	<ul style="list-style-type: none"> ❖ Morning Stretches ❖ Coffee Date (T1/\$) 	<ul style="list-style-type: none"> ❖ ATC Walking Track(T1) ❖ Humane Society Donation Drop-Off 	
17	18	19	20	21	22	23
	<ul style="list-style-type: none"> ❖ DIY Muffin Monday ❖ AquaFit (T1/\$) ❖ Community Service (T1) 	<ul style="list-style-type: none"> ❖ Movement/ Gym(T1) ❖ Bingo & Group Games 	<ul style="list-style-type: none"> ❖ Fall Soup! ❖ Music & Movement: Yoga 	<ul style="list-style-type: none"> ❖ Movie at Southpoint (T1/\$) ❖ Foot Spa 	<ul style="list-style-type: none"> ❖ Pamper Yourself ❖ Grocery Shop ❖ Claire's Kitchen: Chicken Caesar Salad Lunch (L) 	
24	25	26	27	28	29	30 Happy Birthday Tye!
Happy Birthday Bethany!	<ul style="list-style-type: none"> ❖ DIY Muffin Monday ❖ Pamper Yourself ❖ Community Service (T1) 	<ul style="list-style-type: none"> ❖ Mini Golf & Coffee Date at Collasanti's (T1/\$) ❖ Foot Spa 	<ul style="list-style-type: none"> ❖ Christmas Decorating ❖ Movie Day In with Snacks 	<ul style="list-style-type: none"> ❖ Program Errands & Afternoon Apps (T1) 	<ul style="list-style-type: none"> ❖ ATC Walking Track & Lunch Date (T1/\$) ❖ Celebrate Tye's Birthday 	
1	2	Notes				
		<p>15 = Previous Month's Invoice Due</p> <p>Aquafit- please send bathing suit and towel</p>				



*Calendars are subject to change

November 2019

Eve (3pm-8pm) Group Respite Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
27	28	29	30	31	1 Menu: Chick. Caesar Salad(D)	2 •Grocery Shop & Meal Prep •Let's Hit the Gym! (T1)	
3	4	5 * PICK UP* Menu: Dinner Date (\$) •Let's Hit the Gym: Yoga & Essex County Heroes Basketball!(T1)	6	7 Menu: Dinner Date (\$) • Spectate a Sport & Let's Hit the Gym!(T1)	8 Menu: Meatballs & Rice (D) •Grocery Shop & Meal Prep & Let's Hit the Gym!(T1)	9	
10	11 Closed	12 * PICK UP* Menu: Dinner Date(\$) •Let's Hit the Gym: Pilates & Essex County Heroes Basketball!(T1)	13	14 Menu: Wraps (D) •Grocery Shop & Meal Prep •Let's Hit the Gym! (T1)	15 Menu: Dinner date(\$) • Movie Date(T2/\$)	16	
17	18	19 * PICK UP* Menu: Dinner Date(\$) •Let's Hit the Gym: Yoga & Essex County Heroes Basketball!(T1)	20	21 Menu: Dinner Date(\$) •Spectate a Sport & Let's Hit the Gym!(T1)	22 Menu: Quesadilla (D) •Coffee Date & Festival of Lights Kingsville (T1/\$)	23	
24	25	26 * PICK UP* Menu: Dinner Date(\$) •Let's Hit the Gym: Pilates & Essex County Heroes Basketball!(T1)	27	28 Menu: Nacho Night(D) •Grocery Shop & Meal Prep •Let's Hit the Gym(T1)	29 Menu: Dinner Date(\$) •Let's Hit the Gym!(T1) ME: Games Night	30	
1	2	Monthly Notes 15 Previous Month's Invoice Due ME Member's Event CE Community Event *PICK-UP* Alternate Pick-Up Location	Alternate Pick-Up Locations Tuesday night pick-up will be at Essex District High School				 <small>*Calendars are subject to change</small>