



## **MONTHLY MEETING's AGENDA**

### **Relapse is a part of the brain disease journey**

**Location:** Address or Room Number

**Date:** Date

**Point of Contact:** Name(s) number or email address.

**Time:** Time

#### **I. Weekly Meeting 1 Relapse is a Part of the Brain Disease Journey**

Attendee Review and Print: On-Line

[www.familiesimpactedbyopioids.com](http://www.familiesimpactedbyopioids.com) tab 32 seminar downloads

1. Seminar Handout
2. Practical Exercises and Video Worksheets
3. Families Best Practices Model and Plan of Action.

#### **II. Weekly Meeting 2 Speaker, The Family is a System.**

Invited a Family Therapist from our referral network list to speak on Characteristics of Family Interaction and the awareness of Relapse is a Part of the Brain Disease Journey.

#### **III. Weekly Meeting 3 Personal Testimony, The Family Dynamic**

One of our own members will volunteer to share their family dynamic story.

#### **IV. Weekly Meeting 4 The Workshop, with Group Family Therapist**

Meeting leader will assist the group in worksheet experiences to examine their individual family dynamics.



## **WEEKLY MEETING AGENDA**

### **Weekly Meeting # 1** 1.5hrs duration

1. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
2. Presentation Power Point Seminar # 1
3. Family Solution Finder Learning Seminar Workbook
  - i) Practical Exercise # 1-3
  - ii) Video worksheets
4. Group Discussions



## **WEEKLY MEETING AGENDA**

### **Weekly Meeting # 2**

5. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
6. Presentation Power Point Seminar # 1
7. The Substance Use Disorders Journey, It's Time to get Organized, Chapter "Responding to Family Issues Process" worksheet.
  - i) Practical Exercise # 1-3
  - ii) Video worksheets

Group Discussions



## **WEEKLY MEETING AGENDA**

### **Weekly Meeting # 3**

8. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
9. Presentation Power Point Seminar # 1
10. My Organized Resource and Evaluation Guidebook Seminar 1 The Family is a System worksheet.
11.
  - i) Practical Exercise # 1-3
  - ii) Video worksheetsGroup Discussions



## **WEEKLY MEETING AGENDA**

### **Weekly Meeting # 4**

12. Pre-Meeting Reading Assignment Family Solution Finder Learning Seminar Study Guide
13. Group discussion, Q&A. How to Create a Family Plan of Action.
14. The Substance Use Disorders Journey, It's Time to get Organized. Chapter: Family Plan of Action.
  - i) Practical Exercise # 1-3
  - ii) Video worksheetsGroup Discussions