| day | monday | tuesday | wednesday | thursday | friday | saturday |
| --- | --- | --- | --- | --- | --- | --- |
| **theme** | Earth | Water | Air | Explore local culture | Fire | Sharing |
| **morning** | singing | singing | singing | Outing | singing | singing |
| **late morning** | Rhythm of day,  Our own stories, the journey | Walk to healing well, Storytelling, Water visualization | Bring voice and stories together (improv!) | Travel by horse or bus | Telling outside, fire and sun integrate in story | Optional riding trip |
| **lunch** | community lunch, siesta/free time | community lunch, siesta/free time | community lunch, siesta/free time | Nearby village/ ways of | community lunch, siesta/free time | community lunch, siesta/free time |
| **afternoon** | Games & storytelling,  Singing | Receive your story,  Singing | storytelling  Singing | sharing storytelling & singing | Rehearsal/ add soundtrack to stories! | Free |
| **evening** | community dinner,  storytelling around the fire | Community dinner,share experiences of the day | community dinner,  Night walk | community dinner,  early night/ free time | Dinner/fire with local guests who share local lore and song | Performance for local audience and party! |