

The Frequency of Muscles™



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When some trauma to the body occurs, the nerve tells the brain something is out. The brain reacts to this process by correcting it. If the damage is too great for the brain to repair easily, it starts sending endorphins to ease the pain. If the damage is to the nerve, the frequency for information is hindered in the flow to the brain.

Tuning fork therapy can be used to relieve pain from pulled or strained muscles. It is also excellent for removing those knots that develop in the muscles. It will help in releasing the tightness of cramps so that the muscle will relax and the brain will send the endorphins to help with the pain. Your training will equip you with treatment protocols to relieve muscle tension and pain and release trigger points in skeletal muscles.

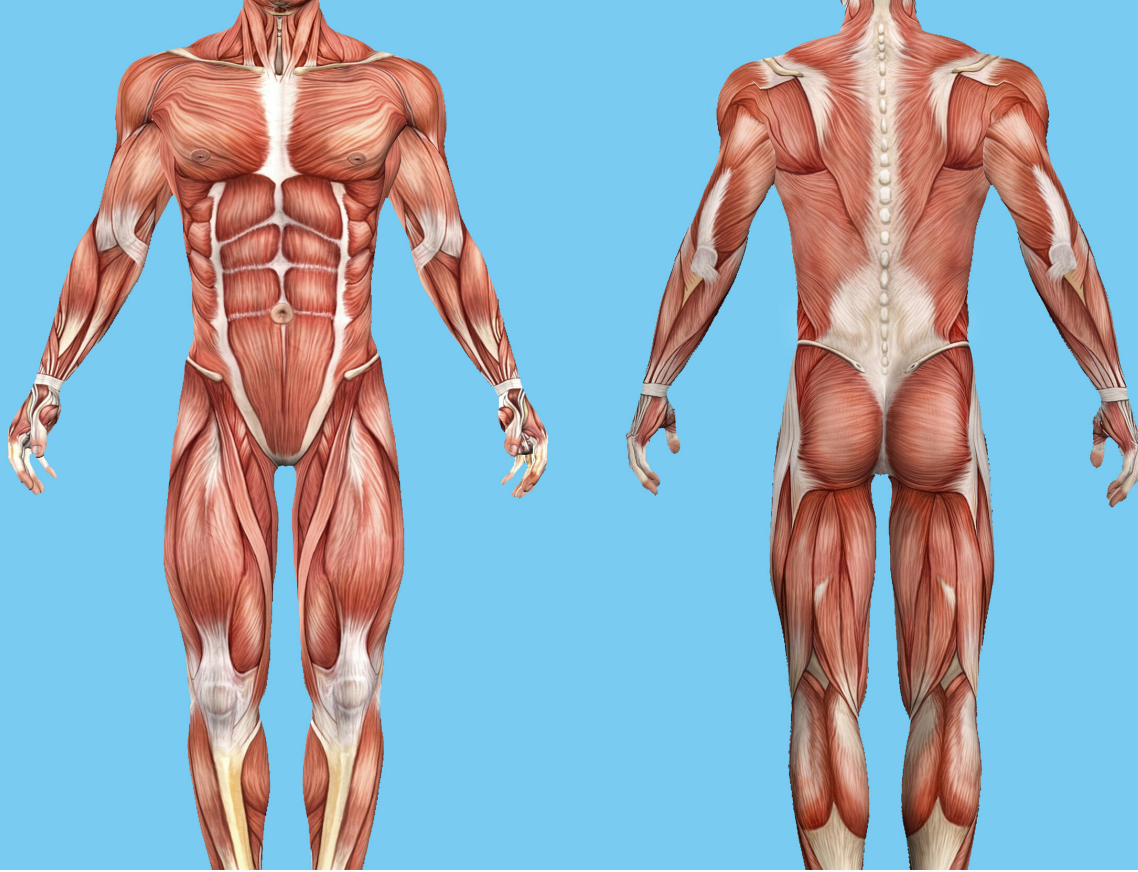
CONTACT US
39A Skellow Road
Carcroft
DONCASTER
South Yorkshire
DN6 8HQ
01302 96558

e: enquiries@centrewellbeing.co.uk

THE TRAINING CENTRE OF WELLBEING LIMITED

The Frequency of Muscles™
Tuning fork therapy for
massage therapists





CURRICULUM

You will cover

- Introduction to sound and vibrational healing
- The science of tuning forks
- Contraindications
- Trigger points
- Applications and protocols
- Relaxation techniques

ABOUT THE COURSE

COST: £350

DURATION: 2 days

ACCREDITATION: IPHM ANH

ENTRY REQUIREMENTS: Massage and AP level 3

HOME STUDY: 20 hours

IS THIS COURSE FOR YOU?

You must hold a massage qualification including Anatomy & Physiology to level 3 and will equip you with the knowledge to add frequency healing to your massage practice.

WHATS INCLUDED?

Your training includes:

Tuning Fork, classroom sessions, assessments, manual and access to our student clinics and networking events

MORE INFORMATION

Understand the application of tuning fork therapy to enhance massage therapy.

Accredited by the International Practitioners of Holistic Medicine