

Relapse is a Part of the Brain Disease Journey

Responding to Family Issues SEMINAR #9:

Identify the Issue

Completing and F.T.R. worksheet

Apply the Family Values Based Decision Making Model Complete the practical exercises and video worksheets

Connect the needed resources or support services

Complete a Family Plan of Action for this issue

Purpose:		The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.
	Instructions	The "Responding to Family Issues" process provides a step by step path for a family to consider when developing their response in how to best create a solution to a family issue. Complete each step below to formulate your possible family course of action.
	Identify the Issue	First, identify what issue you are seeking to address. Write what you know about the issue. Then proceed.
	Complete Family Transformational Response (F.T.R.)	Complete each section in the F.T.R worksheet using your identified issue. This seminar reviews the "Relapse is Part of the Brain Disease Journey: At home environment and relationship changes to impact the recovery environment., What are the persons key triggers, how can the family monitor the outcome of the changes they made. Create a Family Plan of Action to the issue. Which of these will the family seek to solve?
	Complete Family Value Based Decision -Making Model	In the Family Value Based Decision-Making Model worksheet complete each section, then take that information and use it as your decision on what you will do collectively as a response to this issue.
	Key Topic #1: Home environment and relationship changes	Your family members will seek professional tools are used to assess, diagnosis and stage the of their loved one's possible addiction. Also complete the practical exercise in the Seminar Workbook.
	Key Topic #2: What are the persons key triggers	Your family members will seek professional tools are used to assess, diagnosis and stage the condition of their loved one's mental health profile to manage triggers in the home. Also complete the practical exercise in the Seminar Workbook.
	Key Topic #3: monitor the outcome of the changes they made	Your family members will seek professional tools assess, if the changes made are working. Also complete the practical exercise in the Seminar Workbook.
	Purpose:	The Responding to Family Issues creates a plan for future use in how the family will collectively respond to an issue.



Seminar Objectives:

- Learn what a Harm Reduction Model looks like.
- Review the Pros and Cons of Harm Reduction.
- Understand how Harm Reduction helps to avoid overdosing and Fentanyl.

Session Materials Provided:

- A Power Point Presentation w/voice over on slides.
- A Learning Series Study Guidebook. (all 32 seminars)
- A Learning Series Workbook. (all 32 seminars)
- A "It's Time to Get Organized" family organizing binder.
- A "It's Time to Get Networked" family provider community directory.
- A Meeting Agenda, template for each seminar.
- Practical Exercise Handout, for each seminar.
 Clinical Paper Handout, for each seminar.