

Wellness Waves

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Energy Healing by Leah Hille

Energy Healing

The scientific community has sufficient data through a century of research in the fields of magnetism and quantum physics to support the very real fact of energy healing.

In science we know that particles are the structure of our body and our world, and waves are forms of light and sound which penetrate less viscous matter. Yet at the subatomic level in quantum physics, particles can act the same as waves.

This means that as dense as our bodies are, each and every particle can shift to express itself as a wave. This discovery was termed tunnelling -the experiment was to see the movement of pairs of electrons through an insulator (a wall impenetrable by particles). The pairs penetrated the insulator and proved to the quantum physicists that at the smallest scale, what we thought was structure acts the same as



sound and light.

There is also a term in physics called the observer effect. This theory states that the act of close observation causes a change to the phenomenon being observed. In Energy healing, the practitioner is the instrument that alters what is being measured — the biomagnetic field of the human body.

One can stimulate tissue healing by influencing the tissues in various ways. As a practitioner, one is influencing tissues of the body with both infra-red signals, through the merging of biomagnetic fields of practitioner and client, and the entraining of the client to the rhythms and pulses of

the Earth through the Energy Healing practitioner.

The pulsating magnetic fields induce electrical currents within living tissue. The infra-red signals are felt as warmth and heat by the client and practitioner. The merging of two person's biomagnetic fields can induce a magnet-like sensation to both parties. The rhythms of the body are supported to come into a natural rhythm through the entrainment of the client's consciousness to the fluid movement of the magnetic field of the Earth.

Therefore, the human biofield is a body made of structure, sound and light. The cells of the body can easily be impacted by magnetic fields, observation (witnessing) and infra-red signals to produce electrical stimulation throughout. Living tissue is affected by factors which, like many discoveries are invisible to the naked eye.

-Leah Hille

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