

Child, Youth, and Family Counselling Services in Calgary

April, 2017

Mobile Response Team – Mobile crisis response for youth ages 12-17 (dispatched through the Distress Centre)

Crisis Line: 403-266-HELP (4357)

www.distresscentre.com

Not Free (Sliding Scale, by Appointment):

Carya – Child & Family Counselling Services (sliding scale based on family income)

Multilingual services, multiple service locations

Phone: 403-205-5244

www.caryacalgary.ca/our-programs/counselling/child-family/

Calgary Counselling Centre – Youth Program (sliding scale based on family income)

Where: 1000 105 12 Ave. SE

Phone: 403-691-5991

Online intake form also available

www.calgarycounselling.com/counselling/youth/

Catholic Family Services (very flexible sliding scale, open to all faiths) – Affordable individual and family therapy

Multiple service locations

Phone (Counselling): 403-233-2360

Phone (Family Therapy): 403-205-5899

www.cfs-ab.org

Jewish Family Services (sliding scale based on family income, open to all faiths) – Child & Family Counselling

Where: 420 5920 1A St. SW

Phone: 403-287-3510

<http://www.ifsc.org/programs--services/counselling.html>

Other Services:

Calgary Board of Education – Psychological assessment, diagnosis, intervention, and consultation

Speak to your child's school principal for a referral; all requests must come through the school

www.cbe.ab.ca/programs/supports-for-students/Pages/psychological-services.aspx

Hospice Calgary – Grief counselling for children & families impacted by death or terminal illness

Flexible appointment locations (home, in office, school)

Phone: 403-263-4525

www.hospicecalgary.com/page/grief-counselling