

# CRYSTAL THERAPY PRACTITIONER

The Training Centre of Wellbeing

Course Brochure

This course takes part in 2 weekends.

Guided learning hours are 144 and include codes of conduct, anatomy and physiology as well as case studies and classroom training.

Crystals are used to enable energy healing. Crystals can

move, absorb, focus and diffuse healing energy and vibrations within the body of a client. This, in turn, enhances the self-healing ability of the client. Illness can occur when the individual is misaligned with the divine energy that is 'the foundation of all creation'.



This is a fully accredited and certificated practitioners Crystal Therapy course. Accredited by the Complementary Medicine Association and approved by Balens Insurance.

The cost of this course is £540 and includes a full printed manual and a beginners set of crystals.

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# ABOUT THE COURSE



Crystal therapy is an ancient healing system concerned with treating patients holistically through the precise placement of crystals on the body and the surrounding room. This means that, unlike Western healthcare (which tends to focus on treating one symptom/ailment at a time) crystal therapy addresses the patient as a whole - paying as much attention to

their spiritual and emotional well-being as to their physical health. 3 There is very little scientific evidence to support the effectiveness of crystal healing on a medical level. However, crystals have been used, revered and enjoyed for many thousands of years - both for their aesthetic beauty and for the peace,

relaxation and harmony they seem to invoke. You can train as a crystal therapist with us and practice right and begin bringing a refreshing new way of thinking to people dissatisfied with conventional medical treatment. Crystal therapy is a non-invasive, relaxing, natural and enjoyable process.

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Subjects included in this course are:

### **Codes of Conduct**

The Purpose of this section of the Codes of Conduct and Ethics is intended to make you aware of the standards of professional conduct and practice that professional Crystal Healers are required to follow and gives guidance in relation to the practice of Crystal Healing on humans only.

### **Law and Ethics**

It is essential that you understand and act within the law as it relates to Healing.

### **Holistic Therapy**

Before we look at crystal healing we look at holistic therapy as a whole.

### **Anatomy and Physiology**

If we are dealing with human bodies, then we must respect what we are treating and respect can only come with the underpinning knowledge about them

### **Crystal Directory**

A full directory of crystals and their properties is included in this training.

### **History of crystal healing**

The use of crystals as a healing source was believed to be a form of technology inherited from the culture of Atlantis, which was destroyed during the polar shift and magnetic reversal 12,000 years ago.

### **Choosing crystals**

Like human beings that vibrate on their own individual frequency crystals and gemstones also 'vibrate' on their own individual frequency. There are various methods of choosing crystals and they vary from person to person.

### **Types of crystals**

We explore the many configurations of crystals

### **Cleansing crystals**

Having chosen your crystal it is now important that you cleanse it.

### **Programming crystals**

All crystals and gemstones will respond to your own personal will whether in word or in thought.

### **Crystal healing**

We will look at three methods of crystal healing.

### **Laying on of crystals**

The technique of using crystals on your client's body for healing is called laying on of crystals.

### **Crystal dowsing**

The ancient art of dowsing has been practiced throughout millennia, although the names to identify it may have changed in different cultures and era's, the techniques have not.

### **Crystal elixir**

Crystal elixirs are similar to flower essences in that they are made so they contain the essence of the crystals or gemstones used.

### **Human aura and Chakras**

Although you may think that aura's and Chakras are two separate objects or manifestations, Chakras are a part of an aura and each interpenetrates the other. Chakras are the means through which a physical body communicates with it's aura and vice-versa

### **Meditation**

Through practicing meditation, you can become more centred, balanced and harmonious at all levels of being, therefore, you become a clearer channel through which the energies can freely flow.

## **Attunement**

This development or attunement will consist of a number of factors, including spirituality, awareness, intuitiveness, attunement and sensitivity. It will embrace some, or all of these attributes.

## **Crystal layouts**

A practical session, exploring some suggested crystal grids and layouts.

## **Ethereal crystal healing**

Using this method, you are able to send distance healing.

## **Listening skills**

Active Listening means giving your client you're full and undivided attention

## **First aid**

These Guidelines have been prepared by combining medical knowledge and expertise of the St John Ambulance, St Andrew's Ambulance Association and the British Red Cross Society.

## **Business management**

Business management is essential for a successful practice. In this module, certain factors of business management will be discussed. Firstly, we will look at the location of premises and the problems that you as an Healer Practitioner may encounter.

## **Legislation**

It is essential for the practitioner to be aware and stay up to date with relevant acts of parliament.

## **CPD Case Studies and research.**

The Training Centre of Wellbeing encourages you to continue to develop your practice and continue to research the area of crystal therapy. We look at typical ways to conduct a case study and where you can further develop.

This course is registered with the CMA (Complementary Medical Association), which is internationally recognised as the elite force in professional, ethical complementary medicine by professional practitioners, doctors and, increasingly, by the general public. Upon completion of the course you can gain membership to the CMA, which in addition to supplying a professional accreditation, offers a number of benefits. 7 Membership number: C201704260001

<http://www.the-cma.org.uk/Colleges/The-Training-Centre-of-Wellbeing-Ltd1698/>

There is a requirement for basic human and anatomy and physiology knowledge for this course which is provided in a work book upon booking your place and full payment. You are also required to agree to our codes of practice, and complete case studies after your classroom training in order to gain insurance. Upon completion and submission of your case studies, agreement to our codes of practice and basic anatomy and physiology training you are given a letter to approve insurance. Balens holistic insurance company approve this course.

