



*CDL Home Caring* is an in-home service provider that assists individuals and families.

We are dedicated to helping our clients lead dignified, independent lifestyles in the comfort and safety of their own homes by carefully assessing and fully understanding their needs and selectively placing trained personnel to meet these needs.

## **Contact US**

CDL Home Caring Pierrefonds, QC Tel: 514 696-4343 Fax: 1 866 851-4098

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Call us today at 514 696-4343 for more information or to arrange a free, no-obligation consultation





## When you need a helping hand



## Friendly, Compassionate Care in your own home



## Home Health Care Products



- Routine housework including general cleaning,vacuuming, dusting, washing floors, laundry, ironing, changing beds
- Planning, cooking, and serving meals
- Monitoring and motivating regular diet plans
- Transporting clients to appointments
- Running errands and shopping for clients
- Assisting with mail, correspondence, and payment of bills
- Providing respite and palliative care
- Serving as companions and participating in friendly socialization activities
- Assisting with entertainment preparations, hosting, serving and/or cleanup.
- Packing household goods when changing residences
- Caring for pets including feeding, exercising, cleaning litter boxes, taking to grooming appointments or to the Vet
- Monitoring clients' safety, comfort and welfare by contacting them by phone or by making home visit(s)

We will personalize a schedule to meet your personal and budgetary needs without cost or obligation

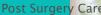






In home assessment, delivery and installation of home health care products







**Personal Care** 

- Assisting with grooming needs such as hair care, shaving, cleaning teeth and routine nail care
- Supervising or assisting with tub baths, showers, sponge baths, and bed baths
- Providing routine skin care such as applying lotion to dry skin
- Assisting with dressing and undressing.
- Assisting with mobilization activities including turning, transferring, exercising, and walking.
- Assisting with toilet and/or commode needs.
- Assisting with eating or feeding
- Assisting with self-administered medications to ensure they are taken as prescribed



• Monitoring vital signs such as blood pressure, pulse and respiration

