

Classes at St Patrick's

Singing Together class

Meets here on Monday evenings 7-8.30.

The class pricing structure varies according to circumstances and is cheapest for pensioners. Prices are one of £25, £40 or £75. To sign up call 01273 546604 Varndean Registry. dem@varndean.ac.uk

Poems Out Loud

every fortnight on a Monday.

Next Meeting 17February 11.00am-12.30pm, in the small parish room at St. Patrick's. Everyone is welcome. Poems can be serious, hilarious or baffling-we tackle them all. Milligan to Milton, Marie de France to Wendy Cope, Shakespeare to Shelley. Please bring personal requests and favourites. Cost is £2.50, refreshments provided. Contact Patrick Bond on 07425-011341 or email patrickgpbond@yahoo.co.uk.

Movement and Stillness

Wednesdays 7.15-8pm

A class to learn low impact but highly effective movements which promote balance strength and well being. Suitable for all abilities and no equipment required, but wear loose clothing and flat shoes - or non slip socks.

There is a FREE taster session on Saturday February 22nd from 10-12 at St Patricks when you can experience both standing and seated routines and learn some useful acupressure points too.

These are drop in classes which do not require you to commit to a whole course, although when you have had a go you will probably want to keep coming! Please contact Barbara Bond

Awareness, John Fisher School 1968

for Fr Kensington, who asked about my poem, "Awareness"

He was amazed at how my soul, released,
made words; I never knew just what to say,
only I knew the lines were mine indeed
or came by right. He was a gentle priest.

I was a headstrong boy. By rite of prayer,
in chapel chant and actions, grace in deed,
the liturgy beyond what I could say
amazed me, freed my soul to be aware.

Patrick Bond

Contacts

Irene icgreen@ntlworld.com **Jane** njanemoore@gmail.com; 01273 305331

Bernadette 01273 309118 or email: berskin@hotmail.com Barbara bond_barbara@ymail.com 07733 396891



St. Patrick's Church

Broad Green/Cowley Drive Woodingdean BN26TB

St. Patrick's Newsletter

Lent 2020



Our Lady of Lourdes

Whiteway Lane Rottingdean

Fr Benny O'Shea Tel: (01273) 302903 Email office: ololandstp@outlook.com

Fr Benny's address is : Eastfield, Steyning Road, Rottingdean BN2 7GA

Web:<http://www.ololandstp.org/>

Welcome to the Lent edition. As we embark on the journey towards Easter let us reflect on the words of the gospel for Ash Wednesday ;

“Your Father who sees all that is done in secret will reward you” Matthew 6

Mass on Ash Wednesday February 26th at Our Lady of Lourdes 10am and 8.00pm

Lent prayer group

We will be meeting on Mondays 9.45-10.30 starting 2nd March, at St Patrick's. Sessions are led, we are delighted to welcome as many as possible

The World Day of Prayer Friday 6th March 2pm

This is being held at the Methodist Church, Woodingdean, followed by refreshments, all welcome.

Palm Sunday 'Walk of Witness' April 5th

Downs Baptist Church are planning this event, starting at St Patrick's about 10.30 am and walking to each church in turn. There will be bible readings, prayers and songs along the way. You can walk or go to the end venue Woodingdean school around noon to meet for hot drinks and chat

CAFOD LENT PRAYER

God of all wholeness, heal our hearts

of all that prevents us responding to our sisters and brothers

excluded by poverty and prevented from living a full and healthy life.

This Lent, may we: implore justice through our prayer,

stand in solidarity through our fasting, and reach out through our giving.

Send your life-giving power to revive the weary,

restore the broken and renew the face of the earth.

We ask this through Christ our Lord. Amen.

DETAILS OF SERVICES FOR THE EASTER TRIDUUM ARE ON THE PARISH WEBSITE

Ceili Dancing with caller!

Saturday 14th March at 7pm Adults £6 Children £3

St Patrick's are celebrating the patronal feast day with a ceili. We have our much admired ceili musicians Sean Goddard and Michael Curry and the vital dance caller Polly Dare. Due to staff holidays, you will not get a meal that evening, but you will get nibbles and self service tea and coffee. You can bring along anything you want to eat or drink, including booze.

Tickets on sale from 22nd Feb after masses This is a community event but tickets must be purchased in advance, please don't just show up!

We are considering having a small raffle – for St Patrick's charities not the church! Could you provide a prize for St Patrick's ceili night? The prize could be a service, something decorative or edible. Contact person Irene 07960567544 icgreen@ntlworld.com

KANJI NEWS.

Have you read the news letter pinned to the board by the sacristy? There are a few spare copies in the porch (it should have said Winter newsletter instead of Autumn!) The trustees are facing a shortfall this year of c.£10.000 and are thinking of ways to fill the gap rather than cut their aid programme. All ideas are small but significant. We are asked to consider setting up a direct debit for sponsoring a child at £3 a month.

Another idea is a jar for coppers and 5p pieces. It's amazing how quickly this fills up. I have copied the jar wrapper and they are in the porch if you would consider doing this for Kanji.

If anyone could have a coffee morning or afternoon tea or cake sale or any other idea to help the charity please let me know.

Bernadette.....berskin@hotmail.com 01273 309118

* Kanji will be one of the beneficiaries of the St Patricks Ceilidh raffle so please donate a prize/buy a ticket (ed)



SPRING CLEANING

There has long been a tradition that during Lent we give our grounds and building some TLC. Our usual organisers will be away during most of this period so we need **someone to head the team**. The reminder list of suggested jobs will be on the back of the kitchen door as usual. But- if you see a job that needs doing then add it to the list and get it done.

Suggested time is Saturday mornings from about 9.30-12 starting Saturday 29th Feb.

If you can't get into the church there are many little outside jobs that need attention, sweeping, weeding (especially down the side of the church rooms) litter picking the hedge, window and sill cleaning etc etc. Anyone willing to be team leader please talk to Irene, Jane or Bernadette.

*team leader is the person who locks up and passes on any problems or queries that crop up. It is not necessary to be free every Saturday in Lent—job sharing welcome!

As part of the Spring Cleaning would you like to remove all the saleable items from the cupboard in the porch and display for one week at St Patrick's then bring to charity shop or similar?

A special Lenten fast

Give up harsh words: use generous ones.

Give up unhappiness: take up gratitude.

Give up anger: take up gentleness and patience.

Give up pessimism: take up hope and optimism.

Give up worrying: take up trust in God.

Give up complaining: value what you have.

Give up stress: take up prayer.

Give up judging others: discover Jesus within them.

Give up sorrow and bitterness: fill your heart with joy.

Give up selfishness: take up compassion for others.

Give up being unforgiving: learn reconciliation.



CAFOD LENT FAST DAY MARCH 8TH

Sister Consilia is just one of many local experts who work tirelessly throughout the year to save people's lives. She has spent years studying, training and working long hours to become who she is today. A brilliant, life-saving pharmacist.

"Through treating and caring for the mothers and babies, I try to show them the love that Christ gave to us."

Sister Consilia

She works at the Mission Hospital in Gokwe, Zimbabwe helping some of the poorest people in the area. Six days a week, most weeks of the year, she treats sick people, pregnant mothers and babies. She does this because of the love she has for the people who come to her.

A gift at Lent, in the hands of a local expert like Sister Consilia, means deep, long-term change.

Flower Rota 2020

January	May	September
5th Bernadette Skinner	3rd Jane Moore	6th Jane Moore
12th Frances Low	10th Jane Moore	13th Jane Moore
19th Sheila Cullen	17th Sandra & Marie Clare	20th volunteer
26th Sheila Cullen	24th Sandra & Marie Clare	27th volunteer
	31st volunteer	
February	June	October
2nd Sandra & Marie Clare	7th Frances Low	4th Bernadette Skinner
9th Sandra & Marie Clare	14th Sheila Cullen	11th Bernadette Skinner
16th Jane Moore	21st Sheila Cullen	18th Sheila Cullen
23th Jane Moore	28th Frances Low	25th Sheila Cullen
March	July	November
1st Lent	5th volunteer	1st Frances Low
8th Lent	12th volunteer	8th Maureen James
!5th Lent	19th Bernadette Skinner	15th volunteer
22nd Lent	26th Bernadette Skinner	22nd volunteer
29th Lent		29th Advent
	August	
April		December
5th Lent	2nd Sandra & Marie Clare	
12th Bernadette	9th Sandra & Marie Clare	6th Advent
19th Bernadette Skinner	16th Sheila Cullen	13th Advent
26th Frances Low	23rd Sheila Cullen	20th Advent
	30th Frances Low	27th Bernadette

If you need to make contact: Sheila 01273 301015 or email at claireandmay@gmail.com

Bernadette 01273 309118 or email berskin@hotmail.com If you need to change, please contact the person directly. If you are able to volunteer please fill in your name on the appropriate date. Many thanks for giving your time to be on the Flower Rota.



ST PATRICKS 50TH CELEBRATIONS

An account of our weekend is available in the Deans Magazine – if you don’t receive it, there is a website for the magazine, many thanks to Douglas D’Enno for his timely article and photos. An account has also been submitted to the Woodingdean Tenant’s and Residents’ Association yellow newsletter and will appear in a future issue

In the minutes of the January St Patrick’s meeting Jane Moore wrote in detail about the event, with thanks to all participants and helpers.

We are now refining the photos of St Patrick’s for each decade – to go on the wall in the parish room as A3 collages. This is the LAST CALL for any old photos

Please send to Irene 07960 567 544 icgreen@ntlworld.com

The *parishioner and visitor book* will be open in the porch for people to write in about their interaction with St Patrick’s and their memories. We have not yet managed to capture everyone’s thoughts and memories. We are keen to include current parishioners so that those who work on the Centenary celebrations will hear our voices loud and clear!

Irene is working on a revised St Patrick’s 50th photo book to be kept in the porch. An extra copy will be donated to Don Young’s family. Don’s scrap book was so useful in putting together the early story of St Patrick’s.

History of St Patrick’s (continued from last newsletter) Irene Green

In 1992 Fr Steen arrived and the church's well-oiled wheels kept working. We had lots of services, active committees and individuals looking after parish life. There was, however, a sad and significant loss of parishioners to other churches or none – this attrition may have been encroaching secularisation coupled with leadership deficiencies which I won't comment on here!

In 2002, following the retirement of Fr Steen, St Patrick's was placed under the umbrella of Our Lady of Lourdes and St Patrick's parish. Fr Charles allowed St Patrick's to run itself to the extent that it always had. The majority of his duties were in Rottingdean where the church office, sacramental preparation, daily Mass and other activities were all centralised.

We had no resident priest in Woodingdean so the presbytery became available to rent. Parishioners completely refurbished the house and re-planted the then minimal rose garden.

In 2003,Fr Graham was warmly welcomed too. He accepted (not with delight) the Bishop's desire to have Sunday Mass at St Patrick's – rather than Saturday evening Mass. A new St Patrick's committee was set up and it has worked together in harmony and with dynamism to keep St Patrick's (STP) a highly active part of the OLOL and STP parish family. In fact we are an essential part, as we provide monthly income to OLOL. In times when we had married priests, St Patrick's paid a second sum of money monthly towards the priest's stipend. As St Patrick's income from one Mass per week and the rent from the presbytery were not sufficient to cover our outgoings we had to be more active in income generation. In 2009 the chairs purchased by Fr Jeff were replaced by stacking chairs. We could then hire the church space for other activities. We even put ourselves about a bit by providing the venue for the Brighton festival artists open house in 2012 and 2013. Great combined effort produced an extremely impressive show. We also joined Facebook and Twitter.

Fr Benny O’Shea has been with us since 2018 and during our Celebration Mass Bishop Moth congratulated Fr Benny and the community for “punching well above their weight” - a testament to all the faith, commitment and sheer hard work of the people who have made and still make St Patricks a community of service (ed)

Opting Out

There are 100 members in our church
But 30 are frail and elderly
That leaves 70 to do all the work
But 18 are young people at college
That leaves 52 to do all the work
But 14 are tired businessmen
So that leaves 38 to do all the work
But 16 are busy wives with jobs and children
That leaves 22 to do all the work
But a further 10 have most important outside interests
That leaves 12 to do all the work
But 5 live too far away to come regularly
So that leaves 7 to do all the work
And 5 say they’ve already done their bit for the Church
That leaves you and me
And I’m exhausted. Good luck to you!

In every walk of life you will notice that people are getting older. A friend was telling me that his ill wife was visited by 2 student nurses - in their 40’s, which is not the way things used to be at all. In any good business succession planning is key to growth, development and sustainability. Churches are no different—except that we are motivated by faith, hope and charity –and paid with cups of tea!

This Lent is a great time to think about putting something extra in, and also to both appreciate and learn from the long serving members of the community and allow them to pass on their wealth of knowledge and experience so we can help to share the load.

There are a wealth of opportunities:

IT related

Could you use Excel or similar to produce the Sunday tasks rota? Irene has the format which can be transferred to you. The listings are for each month and are currently printed for months until May this year.

Could you write church information for the Woodingdean Tenants and Residents Association yellow newsletter every 3 months. Irene has templates of each to give you e.g. for the next newsletter we include church services over Easter, future events e.g. ceili, regular hire

Do you buy and sell on the internet? Local groups or eBay? Sometimes St Patrick’s is given vintage stuff which has a value e.g. we have a vintage watch and superb camera with lenses. We do not seek out such things as they take time to process but they are too good to discard and too specialist to give to charity shop.

Caring for the building

There is a list on the noticeboard in the kitchen of when recycling is collected and it can also be found at <https://cityclean.brighton-hove.gov.uk/link/collections> for BN2 6TB and I write in no 1. We put out two bins – one general and one glass every fortnight. Can you be the responsible person for the majority of the time? Sometimes after a big event we take recycling home. Of course we want to minimise waste, packaging, we want to re-use as well as recycle.

Ted Skinner – from a Parish in Dorset



Building works at St Patrick’s and the rented house

We are pleased to have JD Building Specialists repointing the perimeter wall on Broad Green (please notice) and the gable end wall of 119 Cowley Drive. The soffits and fascia boards are being replaced on 119 Cowley Drive. The parish bank account will be the poorer soon! Work started on Monday 3rd Feb and will take over 2 weeks to complete. The St Patrick’s committee, especially John Duplain and Jane Moore, are overseeing. As the work began, the builder contacted John urgently to explain that they had found a problem with the roof which requires immediate attention. Fast track authorisation has been sought and granted for the roof to be replaced along with the other works.

