Rhinoplasty (Nose Reshaping)

Rhinoplasty (nose job) is a surgical procedure to alter the nose for cosmetic or functional purposes. The procedure is not always cosmetic and is commonly performed for congenital defects, nose trauma and for respiratory impediment. The procedure is generally performed by a ENT surgeon or plastic surgeon. If done cosmetically, the nose can be reshaped by altering the bone and cartilage to create an aesthetic, functional and proportional nose.

How is the procedure performed? (Rhinoplasty (Nose Reshaping))

The procedure can be performed in two main ways; closed or open. An open rhinoplasty involves a small cut(s) that is made to the outside of the nose, usually at the end of the nasal septum. A closed rhinoplasty involves surgical cuts that are entirely within the nose. Depending on the requirement for the procedure and wishes of the patient, the nose is then reshaped and/or corrected by reshaping the cartilage and bone within the nose.

How to prepare for the procedure? (Rhinoplasty (Nose Reshaping))

The procedure is not a major operation but is mostly performed under general anaesthetic which has certain risks. Your surgeon will ask you to not eat or drink for a few hours previous to the procedure and will ensure you have both agreed on the exact changes that are to be made, from previous consultations.

What happens after the procedure? (Rhinoplasty (Nose Reshaping))

After you have recovered from the anaesthetic, there will be a dressing across the nose which will have to remain on for a few days post-operatively. You should be able to go home shortly after the anaesthetic has worn off but it is recommended that you do not drive yourself. The operation may result in the formation of ‘black-eyes’ and there may be swelling around the nasal region. Analgesia will be provided by the surgeon for you to take to relieve any pain. The result of the rhinoplasty will not be fully visible until the swelling has gone down and this may take up to a few weeks.