



IRVING

BIG STOP

Restaurant

Appetizers

Add a side of sour cream or salsa to any appetizer for 0.49.

Big Stop wings –

Choose a flavour for your wings: Buffalo, Big Stop hot sauce, BBQ or salt and pepper. Served with carrots and celery sticks. **13.99**



Chicken Thai bites – Breaded chicken, tossed with sweet Thai chili sauce. Topped with green onions, cilantro and crispy tortilla strips. **8.99**

Mozza sticks – Crispy on the outside, warm and cheesy on the inside. Includes your choice of ranch or salsa for dipping. Six **6.99** Eight **8.49**

Sweet potato fries – Crispy and delicious. **5.99**

Onion rings – Hot, crispy and full of flavour. **5.29**

Poutine – A heaping pile of our signature Big Stop fries, topped with cheese curds and smothered in gravy. Small **7.49** Large **10.99**

• **Mozzarella cheese available upon request**

BBQ chicken nachos –

Hand-cut tortilla chips, topped with BBQ chicken, green peppers, chopped tomato, melted cheese and green onions. Served with salsa and sour cream. **14.99**



Items may not be exactly as shown. Taxes not included. Before placing your order, please inform your server if anyone in your party has a food allergy.

Soups and salads

Soup of the day – Made fresh daily. **5.99**

Hearty chowder – Check with your server for today's feature. **7.99**

Garden salad – Fresh greens topped with tomato, cucumber, carrot and our house dressing. **6.99**

- **Garden salad with chicken 11.49**
- **Garden salad with shrimp 14.49**

Caesar salad – Romaine lettuce tossed with creamy Caesar dressing, Parmesan cheese, crisp bacon and croutons. Served with garlic toast. Small **6.49** Large **9.49**

- **Chicken Caesar salad 13.99**
- **Shrimp Caesar salad 16.99**

Chef salad –

Mixed greens with turkey, shaved ham, bacon, boiled egg, cucumber, tomato, carrot and shredded cheese. **13.49**



Sandwiches, wraps...

All dishes come with coleslaw and your choice of fries or garden salad.

Upgrade your meal

Sweet potato fries – 2.99 | Spicy Havarti cheese – 1.49 | Poutine – 3.69
Onion rings – 1.99 | Gravy – 1.69 | Caesar salad – 1.49

Crispy chicken ranch wrap –

A soft flour tortilla filled with crispy chicken, lettuce, tomato, cheese and creamy ranch dressing. **12.49**



Classic clubhouse – Roasted turkey, bacon, lettuce and tomato stacked high between three layers of toast. **12.99**
Try it as a wrap!

Big Stop cheese steak – Our take on a Philly classic! Thinly sliced steak topped with sautéed onions, peppers and mushrooms, covered in spicy Havarti cheese and topped with a tangy BBQ sauce. **13.99**

Big Stop
cheese steak



Chicken BLT sandwich –

Seasoned grilled chicken, bacon, tomato, lettuce, and house pesto aioli on an artisan-style bun. If you like it hot, ask for spicy! **13.49**

Try it as a wrap!



Western sandwich – Traditional Western with egg, ham, green peppers and onions. **9.99**

Hot turkey – Classic hot turkey done the Big Stop way – with lots of gravy! **11.99**

- **White meat only add 1.99**

- **Dressing add 0.99**

Hot hamburger – Seared ground beef between slices of our homestyle bread and smothered in gravy. **11.99**

Chicken Caesar wrap – A soft flour tortilla filled with your choice of crispy or grilled chicken strips, crisp bacon, lettuce and Caesar dressing. **12.99**

... and more

Hungry man poutine – Oh, yes, we've got it! We'll give you a generous portion of our crispy fries with seared ground beef, our homestyle gravy and creamy melted cheese curds. (Sides not included) **13.99**

Chicken quesadilla – Grilled tortilla filled with tender chicken, sautéed onions, peppers, tomatoes and cheese. Served with salsa and sour cream. **13.99**

Chicken fingers – Four pieces of tender breaded chicken breast strips fried to a golden brown. **11.99**

Seafood favourites

The choice is yours – substitute a garden salad on any dish that comes with fries.

Upgrade your meal

Shrimp skewer – 3.99 | Fish fillet – 3.49 | Sweet potato fries – 2.99
Poutine – 3.69 | Onion rings – 1.99 | Gravy – 1.69 | Caesar salad – 1.49

Shrimp dinner –

Lightly breaded and seasoned shrimp served with dipping sauce, fries and coleslaw. **16.99**



Scallop dinner – Sweet, delicate sea scallops breaded and lightly seasoned. Served with dipping sauce, fries and coleslaw. **17.99**

Deep-fried clams – A customer favourite. Whole clams lightly battered and fried to a crisp golden brown. Served with fries and coleslaw. Seasonal availability.

Market price

Pan-fried haddock – Two lightly seasoned haddock fillets, pan-fried to a golden brown and served with coleslaw and your choice of potato and vegetable. **13.99**

Baked seafood pasta –

Tender crisp vegetables, white fish, lobster, and crab tossed in Alfredo cream sauce. Baked with cheese and topped with a shrimp skewer. Served with garlic bread. **17.99**



Fish tacos –

Two soft shell tacos filled with cilantro-slaw and lightly breaded fish. Served with chipotle mayo, fries and coleslaw. **12.99**



Fish and chips – Two pieces of lightly battered fish served with fries and coleslaw. Perfection! **12.99**

Lobster roll – Atlantic lobster with lettuce and mayo on a toasted traditional New England-style bun, served with fries and coleslaw. Seasonal availability.

Market price

Lobster club wrap – Atlantic lobster, crisp bacon, lettuce, tomato and mayo, all wrapped in a soft flour tortilla and served with fries and coleslaw. Seasonal availability.

Market price

Shrimp stir-fry – Two shrimp skewers and a medley of mixed vegetables stir-fried with your choice of Teriyaki or sweet Thai sauce. Served over rice pilaf. **16.99**

Try a local favourite >

Seafood platter – We've piled on all our Atlantic favourites! Lightly battered fish, shrimp, scallops and clams. Served with fries and coleslaw. **21.99**



Classic Big Stop dinners

Roast turkey – Hand-carved, roasted turkey topped with savory dressing and homestyle gravy. Served with cranberry sauce, mashed potatoes and vegetables. **12.99**

• **White meat only add 1.99**

Liver and onions – Tender beef liver sautéed with onions. Served with vegetables and your choice of potato. A homestyle favourite. **12.49**

Big Stop classic lasagna – Layers of tender pasta, Italian meat sauce and melted mozzarella. Served with garlic bread. **12.99**

Baked chicken Alfredo pasta – Grilled chicken and fresh vegetables in a creamy Alfredo sauce. Baked with mozzarella and cheddar cheese. Served with garlic bread. **13.99**

Turkey pot pie – Turkey, mixed vegetables and cream sauce in a summer savory crust. **10.99**

Chicken stir-fry – Grilled chicken and a medley of mixed vegetables stir-fried with your choice of Teriyaki or spicy Thai sauce and served over rice pilaf. **13.99**

Chicken stir-fry



Burgers

Each burger comes with coleslaw and your choice of fries or garden salad.

Upgrade your side: Caesar salad – 1.49 | Cup of soup – 1.99
Onion rings – 1.99 | Poutine – 3.69 | Sweet potato fries – 2.99

Add-on: Bacon – 1.99 | Extra patty & cheese – 4.29 | Fried egg – 1.99
Gravy – 1.69 | Spicy Havarti cheese – 1.49



Make any burger a **BEYOND BURGER®**

Switch the beef in any of our homestyle burgers for a **BEYOND BURGER®** patty for just 2.99



Big Stop classic cheeseburger –

A seasoned 100% beef patty with cheddar cheese, lettuce, tomato and pickle. **9.99**



Bacon double cheeseburger –

Two seasoned 100% beef patties, topped with double cheddar cheese, bacon, lettuce, tomato and pickle. **14.99**



Spicy chipotle burger –

A seasoned 100% beef patty with bacon, spicy Havarti cheese, lettuce, tomato, pickle, jalapeno and spicy chipotle sauce, topped with two onion rings. **13.99**



Whiskey BBQ burger –

A seasoned 100% beef patty on a sesame seed bun, topped with cheddar cheese, sautéed onions, bacon, lettuce, tomato, pickle and our Whiskey BBQ sauce. **12.99**

All-day breakfast

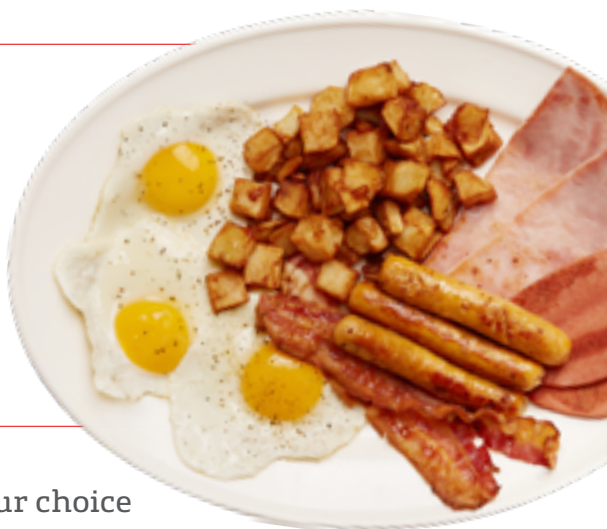
Upgrade your meal

Pancake – 1.49 | Baked beans – 2.29 | Hollandaise sauce – 1.99

Big breakfast –

You asked for it and we've delivered!

Three eggs, bacon, sausages, ham and bologna. Served with home fries and toast. **13.99**



Country skillet – Your choice of ham, bacon or sausage with onions, green peppers, mushrooms and tomatoes, served on home fries topped with two eggs (any style) with melted cheddar cheese or hollandaise sauce. Served with toast. **11.49**

• **Meat lover's (ham, bacon and sausage) 12.99**

Long hauler – Two eggs any style, bacon, sausages and fried bologna. Served with home fries and toast. **10.99**

Traditional breakfast – Two eggs any style with your choice of bacon, ham, sausage or bologna. Served with home fries and toast. **7.99**

Steak and eggs – Two eggs any style and a delicious striploin steak cooked to order. Served with home fries and toast. **14.99**

Meat and cheese omelette – A meat lover's omelette with three eggs, bacon, sausage, ham and cheddar cheese. Served with home fries and toast. **12.99**

Veggie and cheese omelette – Great tastes come together in this veggie-filled omelette. Served with home fries and toast. **9.99**

Big Stop omelette – Packed with onions, mushrooms, green peppers, tomato, cheddar cheese and your choice of bacon, ham, sausage or bologna. Served with home fries and toast. **11.49**

Pancakes or French toast – Your choice of three pancakes or three pieces of thick-sliced French toast dusted with icing sugar and served with syrup and your choice of bacon, ham, sausage or bologna. **9.99**

Eggs Benedict –

A toasted English muffin with two poached eggs, shaved ham and creamy hollandaise sauce. Served with home fries. **11.99**

Try it with thinly sliced steak!



Small bites and added delights

Breakfast sandwich – A toasted English muffin with egg, cheese and your choice of bacon, ham or sausage. **4.49**

One egg any style **1.99**

Homestyle toast and jam **2.99**

Baked beans **3.69**

One piece of French toast **3.49**

Home fries **3.29**

Bacon, ham, sausage or bologna **3.29**

Cold cereal **2.99**

English muffin and jam **2.49**

Our selections for seniors

Smaller portions for guests 55+

Please let your server know if you are ordering from this section.

Seniors' breakfast – One egg any style with your choice of bacon, ham or sausage, home fries and toast. **6.49**

Seniors' omelette with the works – Your choice of bacon, ham or sausage, onions, mushrooms, tomato, cheddar cheese, home fries and toast. **6.99**

Seniors' cheese omelette **5.99**

Pancakes or French toast – Served with your choice of bacon, ham, sausage or bologna. **6.99**

Fish and chips – One piece of lightly breaded fish served with fries and coleslaw. **9.99**

Roast turkey dinner 9.99

• **White meat only add 1.99**

Liver and onions **8.49**

Hot turkey sandwich **8.99**

Hot hamburger sandwich **8.99**

Chicken Caesar salad **7.99**

Chef salad **9.99**

Beverages

Coffee* **2.49**

Tea **2.49**

Herbal tea **2.69**

Hot chocolate **2.29**

Soft drinks* **2.99**

Freshly squeezed
lemonade **2.99**

Milk or chocolate milk

Small **2.49** Large **2.99**

Juice

Small **2.49** Large **2.99**

**Old-fashioned
milkshakes 4.99**

*Free refills



Why stop at just a slice?

Take home a whole cake or pie to share with family or friends.



Chocolate cake with boiled icing

Lemon meringue pie

Carrot cake with cream cheese icing

Coconut cream pie

Apple pie



Ask your server what other sweet treats
we've made for you today.

Kids' menu

For ages 10 and under

All Kids' menu items include choice of soft drink, milk or juice.
Served with a tasty treat at the end of your meal.

Dinners 6.99

Grilled cheese and fries
Hot dog and fries
Fish and chips
Cheeseburger and fries
Chicken fingers and fries
Roast turkey dinner
Chicken Caesar salad

Breakfasts (all day) 5.99

Happy's breakfast – One egg any style
with toast and your choice of bacon,
ham or sausage.

Pancakes or French toast – Served
with choice of bacon, ham or sausage.



How it all started

Our first Big Stop opened more than 30 years ago in Auld's Cove, Nova Scotia, where Canadian country music legend Hank Snow put on a concert for the Grand Opening.

Here at our Big Stops, we strive to provide a warm welcome, clean washrooms and delicious, homestyle food.

Today we are proud to welcome you to our Irving Big Stops across Eastern Canada and New England. Thank you for your visit. We hope you enjoy your stay and stop by our other locations on your journey.

– Your friends at Irving Oil