***Write at least seven answers to each question.*** Do not censor or judge any of your answers. Just *brainstorm* writing down everything that comes to your mind for each question until you run out of ideas. If you have a hard time coming up with seven answers, write something down anyway.

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| --- | --- |
| ***What do I love to do?***  1.  2.  3.  4.  5.  6.  7. | ***What am I good at?***  1.  2.  3.  4.  5.  6.  7. |
| ***What is important or essential to me for my life to be complete?***  1.  2.  3.  4.  5.  6.  7. | ***What was I born to do or feel I ought to be doing?***  1.  2.  3.  4.  5.  6.  7. |

***Look at the answers in each quadrant and ask yourself this vital question, “If I only had five years left to live, which three items in each category I would definitely want to accomplish?”*** *Select the top three answers in each quadrant, and write them below.*

|  |  |
| --- | --- |
| ***What do I love to do?***  1.  2.  3. | ***What am I good at?***  1.  2.  3. |
| ***What is important or essential to me for my life to be complete?***  1.  2.  3. | ***What was I born to do or feel I ought to be doing?***  1.  2.  3. |