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This month, SLA welcomed a string of specialists and community leaders to educate us in the many aspects of healthy living. With visits from the Dairy Health Representative, Pediatric Dentist Dr. Sonya Wu, Orthodontist Dr. Richard Ng, local Firefighter John Henry (and Sparky), and nurse Practitioner Sandra Sheridan, SLA students were provided with a wealth of information of how to stay healthy, keep safe and live their best lives. What an amazing gift to have Alumni Parents, past parents and current parents offer themselves in this way. Many thanks to all of you for sharing your knowledge with us.



Artists Of The Month: Primary- Shaelan Sheridan Junior- Madeleine Joanisse Intermediate-Gabrielle Ladouceur-Akey <u>Most Gracious:</u> Primary - Sarah Simko Junior - Warren Miller Intermediate - Anastasia Joanisse

November Handbook Hint : Uniform Reminder

DRESS UNIFORM:

Suitable: Pressed White long or short sleeved dress shirt with tie, vest and SLA sweatshirt **Not suitable :** Polo Shirts, Turtle necks, blouses, tshirts, or any other sweatshirt besides our school sweatshirt.

Suitable: Navy dress pants/dress shorts, skort, jumper or kilt - pressed and bright in colour with Navy socks (for the boys) and navy knee socks or tights (for the girls).

Not Suitable: Pocket/Cargo pants, joggers, leggings, warn out/discoloured pants/shorts, white or designed tights/socks

EVERYDAY WEAR:

Suitable: Polo Shirts, vest, White shirt,/blouse and SLA sweatshirt

Not suitable : Turtle necks, t-shirts, any other sweatshirt besides our school sweatshirt.

Suitable: Navy dress pants/shorts , jumper or kilt - pressed and bright in colour with Navy socks (for the boys) and navy knee socks or tights (for the girls).

Not Suitable: Pocket/Cargo pants, joggers, leggings, warn out/discoloured pants/shorts,

designed tights/socks etc.

SLA Student Handbook Section 13

Art & Music Workshop

This past month, as an outreach to potential families, Mrs. Hosick offered us her many talents to provide a full day of Art and Music Exploration to new and potential families of SLA. We were thrilled to have nine new JK/SK children experience the gifts that Mrs. Hosick brings to our school. Students created beautiful fall representations using paint and paper, and danced and sang during a musical afternoon. It was also a wonderful time to welcome our new JK/SK teacher Miss Paquette to the school. Thank you Mrs. Hosick for the wonderful experience and Miss Paquette for offering your help. We are so proud to be able to include you both as part of our staff at SLA.



In preparation for our Local (Feb), Regional (April/May) and Provincial (June) Spelling Bee competitions occurring this upcoming year, St. Lawrence Academy will be holding its own Spelling Bee Competition at the end of this month.

Using words from our daily spelling lists, all SLA students from Grades 1-8 will get a chance to experience the breathtaking, heart pounding, nail-biting excitement that only comes from a Spelling Bee competition. It is so thrilling to get a chance to experience the exhilaration of spelling a word correctly - and you are invited too! Mark the date and time (Friday, November 28th - 1:30 pm) on your personal agendas and come to be a part of an event that is sure to be the talk of the term!

COMING IN NOVEMBER:

HYDRO SAFETY - TUESDAY NOV. 4 CELEBRATION WINE & CHEESE @ FULFORD BOATHOUSE – SATURDAY NOV. 8 REMEMBRANCE DAY – TUESDAY NOV. 11 LONG WEEKEND – NOV 14-17 PRESCOTT 'LIGHT UP THE NIGHT' PARADE - FRIDAY NOV 21 PARENT/TEACHER INTERVIEWS – WEDNESDAY AND THURSDAY NOV 26, 27 SLA SPELLING BEE – FRIDAY NOV. 28 BROCKVILLE SANTA CLAUS PARADE - SATURDAY NOVEMBER 29