

Child in Mind Academy Ltd

Providers of Quality Training for Childrens Services



Sensory Processing Difficulties

An understanding of sensory processing difficulties is essential for all professionals working with children and young people. This 2-day training will equip you with the knowledge and skills needed to recognise potential sensory processing difficulties in your clients, and to recognise the associated behaviour as an indicator of arousal system dysregulation. More importantly you will learn how to support your clients with strategies to help them to engage and succeed in life.

As human beings we use our senses to interpret information about the world around us. Crucially, we use this information to gauge how safe we are, or whether we are under threat...in other words for survival!

If our brains are able to process the information received from our senses in the normal way then our responses will be appropriate for the situation. However, for children with sensory processing difficulties the brain does not process the information efficiently and consequently they receive too much or too little sensory feedback.

This can lead to a range of emotional, social, and behavioural difficulties for children and young people as they struggle to feel safe in a seemingly hostile world. Consequently the arousal systems of these children and young

people are chronically dysregulated leading to regular meltdowns, or shutdowns following actual or anticipated sensory stimulation.

Both parents, and professionals alike struggle to make sense of the child's behaviour as it appears inconsistent and unpredictable. We believe this training provides the missing piece of the jigsaw and we look forward to working with you to positively impact your clients' lives.

Who is this training for:

Social workers; foster carers; SNA's; teachers; nurture leaders; counsellors; psychotherapists; childcare workers; outreach workers; youth workers.

Please return your booking form to reserve your place. Or for information on how to book an in-house training for your organisation please contact us.

Aims and Objectives:

Our aims for this training are:

To equip participants with the knowledge to understand typical and atypical sensory processing.

To develop participants ability to support clients with potential sensory processing difficulties.

To develop participants awareness and understanding of the links between sensory processing difficulties, arousal, and behaviour.

To support participants in referring clients for specialist assessment.

Learning Objectives:

Day 1:

An understanding of the sensory systems.

Understanding the neuroscience underpinning sensory processing.

The impact of sensory processing difficulties on development.

An ability to recognise sensory dysfunction.

A model for understanding the processes of sensory integration.

Day 2:

Making 'sense' of senses.

Accommodating the needs of the sensory sensitive child.

Arousal dysregulation understood from a sensory perspective.

Behavioural difficulties understood from a sensory perspective.

Supporting individuals with sensory processing difficulties to succeed.

Working with the impact on you!

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