

ADVANCED SOUND THERAPY SOUND BOWL PRACTITIONER

Sound Therapy benefits include benefits such as deep relaxation, relief from stress-related disorders, and pain reduction. Clients report improvements in sleep, vitality and mental clarity.

Your training will equip you with the knowledge to administer these ancient techniques in placement of the bowls and how to play and strike them for maximum benefits.

This is a fully insurable course that you can offer to clients.

We offer classes in small groups ensuring a personalised teaching approach.

CONTACT US

41 Owston Road, Carcroft,
Doncaster, South Yorkshire,
DN6 8DA

07539033778

enquiries@centrewellbeing.
co.uk

www.centrewellbeing.co.uk

THE TRAINING CENTER OF WELLBEING

ADVANCED SOUND
THERAPY: SOUND BOWL
PRACTITIONER
TRAINING BROCHURE





CURRICULUM

Codes of conduct and the law

Basic Anatomy and Physiology for the sound bowl therapist

Types of singing bowls

How to care for your bowls

Playing your bowls: Techniques for meditation and healing

Group meditations and healing tables

Intuition

Self Healing

Client therapies: One bowl, two bowl, 7 bowls

Protocols for relaxation, energetic body balancing and charging, stress and anxiety disorders, pain related disorders...

Toning

Using water and crystals with your bowls

Aftercare recommendations

Case Studies and Research

You are required to submit 4 case studies with two follow up therapies on each client as well as completing a final written question and answer assessment.

ABOUT THE COURSE

Prerequisite: Studied the foundations of sound therapy

Duration of training: 2 Days

Cost: £375

Independent Learning Hours: 30

Case Studies: 4 with 2 follow ups on each

IS THIS COURSE FOR YOU?

This course is for the advanced sound therapy practitioner who has already successfully completed our foundations of sound therapy practitioner course.

WHATS INCLUDED?

Your training includes:

Full printed manual, classroom sessions, e-book on anatomy and physiology, and codes of conduct and support with case studies, laminated charts and a set of 7 Himalayan singing bowls.

MORE INFORMATION

You are required to complete a home study module in basic human anatomy and physiology for the sound bowl practitioner.

Accredited by the Complementary Medicine Association