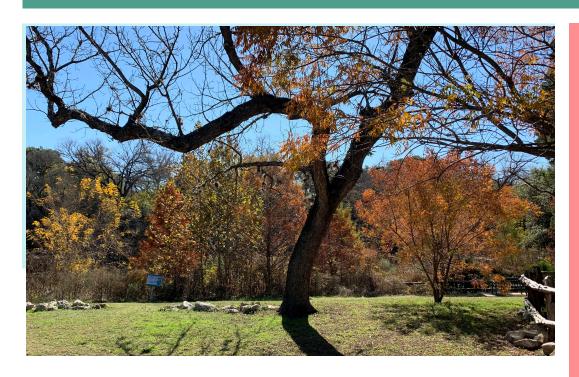# Fall / November 2019 Newsletter

Envisioning a world where everyone thrives

Beauty & Abundance Everywhere

Happy Thanksgiving!

It's a beautiful time of the year here in Austin, Texas and we are grateful for all that we have; experiences, learnings & insights, and for all that we are, divine sparks living in human form.

As miracles are unfolding each day, we have a few news items to share:

Group Aikido on Thur 8:30-9:45pm at AVTA (North)
Contact Seagan at (469) 235-4401

Group Holistic Yoga on Tue &Thur 10:15-11:30am & HYHM program on Sun 4-6pm at PWYS
Contact Kyung at (469) 878-9441

Gift Ticket Swap Meetup on Sunday 2pm-3:30pm or Monday 10am—11:30am Bi-monthly
RSVP online

1
AIKIDO CLASSES CONTINUE AT AUSTIN VING TSUN ACADEMY (NORTH)
13740 Research Blvd, Building-W, Austin, TX

2
HOLISTIC HEALING & YOGA PROGRAMS CONTINUE AT
Peaceful Warrior Yoga Studio 12221 Riata Trace Pky, #150, Austin, TX

3
GIFT TICKET SWAP MEETUP BI—MONTHLY
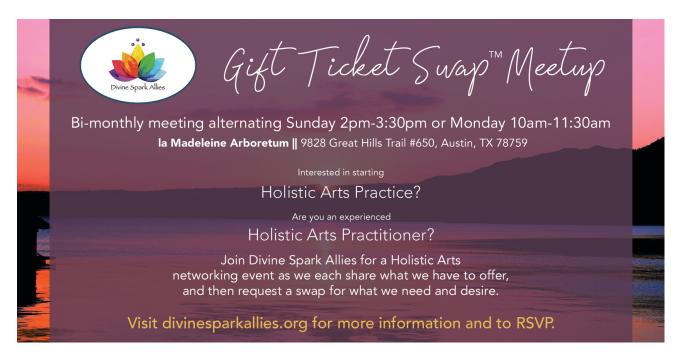on alternating Sunday and Monday at La Madeleine (Arboretum)

Aikido classes are now being held at Austin Ving Tsun Academy on Thursdays at 8:30pm, and the classes will continue after Thanksgiving holiday.

Holistic Yoga classes are continuing at Peaceful Warrior Yoga Studio on Tuesdays and Thursdays at 10:15am while Six weekly *Holistic Yoga & Healing Meditation sessions* on Sundays at 4pm are held by appointment.

Our Gift Ticket Swap meeting will now be held bi-monthly on alternating Sunday and Monday. The next one will be held this Sunday, December 1st, 2019. Kindly RSVP at https://divinesparkallies.org/gift-ticket-swap-meetup by Friday before. You can view current member's profiles, buy their gift tickets or Request a swap at: https://divinesparkallies.org/gift-provider-profiles.

Wishing you and yours a very happy Thanksgiving!

Namaste,

Gift Ticket Swap™ Meetup

Bi-monthly meeting alternating Sunday 2pm-3:30pm or Monday 10am-11:30am
la Madeleine Arboretum || 9828 Great Hills Trail #650, Austin, TX 78759

Interested in starting
Holistic Arts Practice?

Are you an experienced
Holistic Arts Practitioner?

Join Divine Spark Allies for a Holistic Arts
networking event as we each share what we have to offer,
and then request a swap for what we need and desire.

Visit divinesparkallies.org for more information and to RSVP.

Kyung Yi-O'Kelly
Your Partner in Our Healing Journey

www.holistichealingandyoga.com, Uniting Mind, Body & Spirit

www.divinesparkallies.org, Envisioning a world where everyone thrives