

Free Training for Volunteers



Serving Lake County Seniors

- Become a trained Senior Peer Counselor and make a difference with home-bound seniors who are struggling with depression or loneliness.
- Become a Friendly Visitor and visit an isolated senior to chat, go for a walk, or play a game.



- Senior Peer Counseling
- Friendly Visitor

707-995-1417

lcspc@att.net

www.konoctiseniorsupport.com

Three vertical bamboo stalks are positioned on the left side of the page. They are green with visible nodes and are cut at the top and bottom. The stalks are slightly curved and have a natural, textured appearance.

Konocti Senior Support, Inc.

- **Senior Peer Counseling**
- **Friendly Visitor**

About Us

Konocti Senior Support, Inc. offers two programs which provide free services to eligible Lake County Seniors.

Senior Peer Counselors are 55 or older, and Friendly Visitors are 20 or older.

Why Volunteer?

Volunteering for us means learning new skills, meeting new people, working as a team, and experiencing the satisfaction of helping others.

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