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Post-Care Instructions for Lip Procedures

The following are Post-Care Instructions that must be strictly adhered to by Client post any Lip procedure(s).

- **Day of Procedure:** Swelling may occur. An ice pack covered with a paper towel may be applied on the day of and the next day, if needed.
- **For the first 48 Hours...** Blot with a damp paper towel (using the sterile water provided). This removes any lymph fluid buildup that would cause premature scabbing. Do this multiple times a day, as needed. You may only do twice a day if there is not any lymph fluid buildup.
- **After 48 Hours...** Wash lips gently for 10 seconds (patting motion, not rubbing), AM and PM, with warm water and Dove Sensitive Beauty Bar or Cetaphil. Suds up between fingers so all you feel are the bubbles. Splash your lips with lukewarm water. Pat lightly with a clean tissue or paper towel. (7 Days)
- Lips tend to be very dry... Keep moist starting the day of the procedure... Apply only the aftercare given/recommended with clean fingers for 14 days. (After Inked - Black Package, Aquaphor, or Vaseline) Be sure to gently removed old ointment before applying new.
- Peeling will occur... Do NOT peel off!
- Lips may weep for the first few days. If this occurs, change your pillowcase nightly as not to spread bacteria.
- If you are taking Valtrex to prevent cold sores/fever blisters... continue to take 1 pill a day for the next 4 days to complete the 6 day prescription.
- If a cold sore/fever blister surfaces because you neglected to take Valtrex for any reason, you may use Abreva.

- Lips tend to fade 40%-60% and color may “hide” for up to 4 weeks before resurfacing.

AVOID:

- Long Wearing Lipsticks & Plumping Glosses
- Teeth Bleaching for 3 Weeks
- Drinking any beverages **WITHOUT** a straw for 7-14 days... until peeling and extreme dryness have subsided.

FOLLOW FOR ALL PROCEDURES: *A Perfecting Session is included in the pricing and is needed 6-10 weeks following the initial procedure.*

- Avoid makeup, Retin-A & glycolic acids on pigmented areas while healing.
- Avoid touching with fingers, sunscreens, direct sun, tanning beds & self-tanners on pigmented areas. Once healed, use a good sunscreen daily.
- Avoid swimming pools, oceans, hot tubs, saunas and hot steamy showers. Shower with back to shower head to avoid water, shampoo /conditioner getting into pigmented area.
- Avoid dirt (as in gardening), extreme perspiration (the gym) for the first week to prevent possible infection.
- Don't be alarmed if pigment comes off onto Q-tip when applying aftercare ointments.
- Don't be alarmed by fading after first application. Final color can't be judged until 2 - 4 weeks post procedure.
- Never use topical antibiotics unless given to you at time of your procedure, with specific instructions.
- If planning a chemical peel, MRI or other medical procedure, please notify technician you have iron-oxide cosmetic tattoo.
- If planning to have laser hair removal on upper lip or a Photo Facial using IPL, notify laser specialist of cosmetic tattoo so this area may be avoided by the laser. Both ablative and non-ablative lasers may cause pigment to turn black.
- To donate blood, it's a Red Cross policy to wait one year after any tattooing procedure.