**Kit List**

###### General

* Shelter e.g. small tent, basha, hammock etc
* Sleeping bag
* Sleeping mat
* Complete change of clothes preferably quick drying material which is spark resistant\*
* Footwear appropriate to the weather- you may consider wellies as part of your kit as we will be walking in a damp/wet area
* Full set of water proofs
* Personal toiletries
* First aid kit especially small cuts kit
* Insect repellent
* Torch and spare batteries
* Mug, plate and eating utensils
* Hand cleaning gel
* One litre water bottle

\* we have found wool and polycotton most appropriate for bushcraft activities. Please contact us if you need any help or advice.

###### Food

We will supply all foods apart from lunch please let us know if there are any specific dietry requirements.

###### Water

We will insure that safe drinking water is always available on site

###### Extra non-essentials

* Folding chair
* Folding wash bowl or similar
* Binoculars
* Night vision gear