



Intuitive Counselling www.intuitivecounselling.com **June 2009**

**Summer
hours are:
Tues and
Thurs
10:00-4:00
and Sat.
10:00-noon.
Fri 7-9 pm
Workshops**

**Don't let someone
else's opinion of
you be your reality.**

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Well, as I get ready for my daughter's graduation, I look back on the 18 years we have shared together and realize that there were good times, bad times and sometimes I didn't know if I was going to make it through but it went by so fast and I wouldn't change a thing. I thank her for all the challenges she gave me to help me grow as a mother and a woman and I look forward to many more to come.

We do our best with the knowledge we have at the time. Being a mother is a challenging role. Our children are gifts to us for a short period of time so don't take 1 moment for granted. The challenge is to learn to be in the moment even when you are busy and take time for yourself

Book an appt today and learn how to clear your chakras and stuck emotions so that you can feel calmer and more connected in your relationships.

**FREE BODYTALK session when
you book an intuitive counselling
session in JULY.**