



Sweet Energies
 Intuition & Energy Medicine
 for Health, Vitality, & Joy

Sweet Energies, LLC
 Lakewood, OH 44107
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I'm Ready to Change My Life - 12 Session Journey Contract

I, _____, have decided that I am ready to participate fully in my healing journey and commit to 12 Energy Medicine Sessions with Stacy Newman of Sweet Energies, LLC.

I understand that the ideal progression of these sessions is as follows:

Month 1: Intake Session 30 minute interview + 90 minutes, followed by 3 weekly sessions.
 Months 2-4: 2 sessions per month, Months 5-6: 1 session per month

Sessions 2-12 will be about 90 minutes depending on how things flow. Sometimes a session is complete in 60 minutes and further work will not be beneficial. There will always be time to discuss your progress and learn new self-care tools that are appropriate for you.

This schedule will maximize the benefit of your energy work. There is some room for adjustment of this schedule, however the 12 sessions must be completed within 8 months of package purchase.

Combined with daily self-care exercises, this series of sessions can have a dramatic impact on my well-being. I will keep an open mind about the process and be willing to speak up if I don't understand or feel comfortable or ready for a specific change. I am willing to discuss my expectations and experiences before and throughout this healing journey. I understand that my initial expectations may not be reflected in the outcome of this work, but I accept that my life may change in unexpected ways. I understand that healing can take many forms and wish to explore what is possible for me. Yes, I am Ready to Change My Life!

_____ (print name) Date: _____

_____ (signature)

___ I am making a one time payment of \$2,495

___ I would like to pay in 2 installments of \$1,300 due _____ & _____

___ I would like to pay in 3 installments of \$900 due _____, _____, & _____

Thank you for allowing me to join you on your healing journey. I look forward to exploring how you will change your life and find deep healing.

Stacy L. Newman