

*“Your Style” Permanent Makeup LLC*  
*5036 Gull Road Suite “P” Kalamazoo, MI 49048*  
*269-330-8411*

*Pre Procedure Instructions*

Please be aware that your permanent makeup will typically look dark and around day 5-7 it will start sloughing off the darker top layer therefore, following any procedure, you will need to allow your body to heal for 7-10 days. If you have a vacation or special event planned, you may want to schedule your procedure with this time frame in mind.

If you are having sinus issues you will need to reschedule.

It is recommended not to schedule appointments right before, during or right after your menstrual cycle, as you could be more sensitive and experience unnecessary discomfort.

I cannot perform any procedure if you are pregnant or nursing. Sorry no exceptions.

If you have any condition that requires you to take antibiotics prior to going to the dentist including hip, knee, shoulder or any joint replacement, you should consult your physician as an antibiotic prior to a procedure may be indicated.

Cancer patients, please, provide "written" permission from your physician for you to have the procedure done.

Typically redheads, blondes and fair skin types can be more sensitive and may require more follow-up appointments.

- ♦ Mark your calendar:
  - ✓ 1 week prior to appointment avoid Aspirin, ibuprofen, Advil (or anything similar) and any supplements that are blood thinners such as Vitamin A, Vitamin E or fish oil. Tylenol is fine.
  - ✓ Avoid alcohol and all vitamin supplements 24 hours prior to procedure.
  - ✓ Please refrain from caffeine and energy drinks on the day of the procedure as it may interfere with numbing products.
- ♦ If you are planning to or have had Botox treatments, there is a 2 week waiting period before a permanent makeup procedure should be performed. On average this will allow for the full effects to be reached on the facial muscles and prevent any shift in the permanent makeup lines.
- ♦ Please do not wear perfume to your appointment.
- ♦ Please leave cell phone turned off during procedure.

*Lip Specific Procedure Instructions*

- ♦ Typically, if you have or ever had (even if years ago) a fever blister, cold sore, shingles or chicken pox, it is recommended you obtain a prescribed anti-viral medication from your doctor or dentist.
- ♦ Oral prosthesis dentures/ partials/ braces and tongue piercing bars may increase risk of getting bacterial and/or fungal infections from the mouth to the lips. Frequent or recent sinus infection puts lips at risk of infection. Denture wearers generally carry a higher candida/ yeast count. If you have had any type of lip surgery, consult with your physician about the length of time you should wait before having a permanent makeup procedure on the lips.
- ♦ It would not be a bad idea to gently exfoliate once a day starting 3 days prior using equal parts of sugar and honey on a washcloth.
- ♦ Antihistamines like Benadryl taken before the procedure may reduce swelling and help you relax.

*If you have any questions regarding your permanent make up procedure please contact me.*