



Canda

- Registered in 2010
- Dual-purpose grain and fibre variety
- High yielding
- Large seed size (TKW: 21 grams)
- Monoecious
- 55-70 days to flower
- Maturity height: ~151 cm (59")
- THC: 0.05-0.29%
- GLA (gamma-Linolenic acid): up to 7.9%
- CBD: 1-2%
- Seeding Rate: 25 lbs/ac for grain, 35-40 lbs/ac for fibre



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Gamma-Linolenic Acid

The seed oil of Canda had been bred to have a higher level of GLA (gamma-Linolenic acid), an Omega-6 fatty acid, than our other varieties. Tests have shown that the GLA content of Canda's seed oil can be as high as 7.9%.

GLA is a plant derived fatty acid found in few plants worldwide. Fortunately, Industrial Hemp is one of them so it's easy to incorporate in to your diet.

GLA plays an important role in managing inflammation throughout the body helping to reduce the symptoms of conditions such as eczema. Studies have also shown it can have a positive effect on the treatment of diabetes, obesity, asthma and rheumatoid arthritis. The beauty industry also touts GLA as a great ingredient for anti-aging products.

<https://www.lifeextension.com/magazine/2011/1/the-beneficial-omega-6-fatty-acid/page-01>

