

## **Massage Therapy Informed Consent**

Please take a moment to carefully read the following information and sign where indicated.

**If you have a medical condition or specific symptoms, massage therapy may be problematic for you. A referral from your primary health care provider may be required prior to treatment being provided.**

I understand that the treatment I receive is for the basic purpose of relaxation and relief of muscular tension.

If at any point during the massage I am uncomfortable or uneasy with the procedures being administered and/or if I experience pain, I understand it is my responsibility to IMMEDIATELY inform the massage therapist, so that the massage can be terminated or the strokes and pressure can be adjusted to a level of comfort.

I further understand that massage therapy is not a substitute for a medical examination, diagnosis, and treatment.

1. Prior to a massage, remove all jewelry. Pull long hair back with a clip.
2. Please provide feedback as to pressure (deeper or lighter) and discuss painful or ticklish areas of your body.
3. Feel free to ask questions about the procedures. The massage therapy provider is well trained, ethical, and professional, and will be happy to make you feel well informed and comfortable.
- 4 Any illicit or sexually suggestive remarks or advances will result in immediate termination of the treatment.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_