American Specialty Health (ASH)
P. O. Box 509001, San Diego, CA 92150-9001
FAX: 877.248.2746

PATIENT PROGRESS

Patient completes this form. Acupuncture and Oriental Medicine For questions, please call ASH at 800.972.4226

PLEASE PRINT LEGIBLY
Patient Name
Patient, please complete the following questions regarding how you feel today and in the past week.
1. How do you feel today?
Circle your pain level today. MARK AN X ON THE PICTURE WHERE Y
No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable
In the past week, how often have your symptoms been present?
□ 0-25% □ 26-50% □ 51-75% □ 76-100% □ None
Circle your average and the worst pain level over the past week.
No Pain 0 1 2 3 4 5 6 7 8 9 10 Unbearable
Currently, how much has your pain interfered with your daily activities?
No Interference 0 1 2 3 4 5 6 7 8 9 10 Unable to carry on any activities
2. Are you getting better?
Current Condition(s)/Complaint(s) Rate your overall progress since starting acupuncture
1
2
3
4
3. Which type(s) of treatment have been helpful to your condition(s)?
☐ Acupuncture treatment ☐ Nutritional supplements ☐ Rehab Exercise/Home Care
☐ Chinese herbs ☐ Prescription Medication(s) ☐ Spinal Adjustment/Manipulation
☐ Massage therapy ☐ Physical therapy ☐ Other
4. Is there anything new?
Have you had any new complaints/conditions? No Yes Explain
Have you had any re-injuries or events that have prolonged your recovery? No Yes
Explain
Are you pregnant? ☐ No ☐ Yes; How many weeks? Are you under a physician's care? ☐ No ☐ Y
certify that the above information is complete and accurate to the best of my knowledge. I agree to notify this
practitioner immediately whenever I have changes in my health condition or health plan coverage in the future.
Patient Signature Date