

TANG SOO DO TERMINOLOGY (ENGLISH - KOREAN)



Tang Soo Do
Moo Duk Kwan

“Way of the China Hand”
“Institute of Martial Virtue”

Training

Attention

Cha Ryut (“cherry-oot”)

Bow

Kyungae (“koon-yay”)

Meditate/Meditation

Mook Yum (“mook yum”)

Instructor (1st-3rd dan)

Kyo Sa Nim (“kyo-sah-nim”)

Master Instructor

Sah Bum (“sah-boom”)

Sir

Nim (“nim”)

Uniform

Dobok (“doe-bok”)

Belt

Dee (“dee”)

Thank You

Go Mahp Sam Ni Da (“go-mop sahm-nee-dah”)

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Self-Defense	<i>Hoshin Sul</i> (“ho-shin-sool”)
Return	<i>Ba-ro</i> (“bah-roh”)
Turn	<i>To ra</i> (“to-rah”)
Sit	<i>Ahn Joo</i> (“on-joo”)
Relax (at ease)	<i>Shi-oh</i> (“shee-oh”)
Form/Pattern	<i>Hyung</i> (“hyung”)
Sparring	<i>Dae Ryun</i> (“day-roon”)
Breaking	<i>Kyuk Pa’a</i> (“kyuck-puh-ah”)
360 Degree Pattern	<i>Sam Bahk Chu Bang</i> (“sahm-bok choo-bong”)

Counts

One	<i>Hana</i>	First	<i>Il</i>
Two	<i>Dul</i>	Second	<i>E</i>
Three	<i>Set</i>	Third	<i>Sam</i>
Four	<i>Net</i>	Fourth	<i>Sa</i>
Five	<i>Dasot</i>	Fifth	<i>O</i>
Six	<i>Yosot</i>	Sixth	<i>Yuk</i>
Seven	<i>Ilgop</i>	Seventh	<i>Chil</i>
Eight	<i>Yodol</i>	Eighth	<i>Pal</i>
Nine	<i>Ahop</i>	Ninth	<i>Koo</i>
Ten	<i>Yul</i>	Tenth	<i>Sip</i>

Stances

Forward	<i>Chun-gul Jasae</i> (“choon-gool jah-say”)
Horse	<i>Ki-mah Jasae</i> (“kee-mah jah-say”)
Back	<i>Hu-gul Jasae</i> (“hoo-gool jah-say”)
Cat	<i>Dwi Jasae</i> (“dwee jah-say”)
Hooked	<i>Kyo-cha jasae</i> (“kyo-chah jah-say”)

Strikes/Punches

Straight Fist	<i>Jung Kwon</i> (“joong kwon”)
Back Fist	<i>Kap Kwon</i> (“kap kwon”)
Middle Knuckle Fist	<i>Yoo Kwon</i> (“yoo kwon”)
Hammer Fist	<i>Kwon Do</i> (“kwon doe”)
Lunge Punch	<i>Pa-ro Chi Ru-gi Kong Kyuk</i> (“pah-roh chee-ru-gee”)
Reverse Punch	<i>Bandae Chi Ru-gi Kong Kyuk</i> (“bon-die chee-ru-gee”)
Side punch	<i>Weng Jin</i> (“weng gin”)
Knife Hand	<i>Soo Do</i> (“soo doe”)
Spear Hand	<i>Kwan Soo</i> (“kwon soo”)
Palm Heel	<i>Son Ba Dak Mit</i> (“sahn-bah-dahk-mit”)
Elbow	<i>Pal Koop</i> (“paul-koop”)
Knee	<i>Moo Roop</i> (“moo-roop”)

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Kicks

Front	<i>Ahp Cha-ki</i> ("op cha-gi")
Side	<i>Yup Cha-ki</i> ("yuhp cha-gi")
Roundhouse	<i>Toll-yu Cha-ki</i> ("toll-you cha-gi")
Back	<i>Dwi Cha-ki</i> ("dwee cha-gi")
Spin/Pivot	<i>Dwi Toll-yu Cha-ki</i> ("dwee toll-you cha-gi")
Jump -	<i>E Dan</i> (add to names above to identify different jump kicks) ("ee-don")

Blocks

Downward (fist)	<i>Ha Dan Mah-ki</i> ("hah-don mah-kee")
Upward (fist)	<i>Sang Dan Mah-ki</i> ("song-don mah-kee")
Inside (fist)	<i>Ahnaesoo-Pahkaroo Mah-ki</i> ("on-ay-soo pahk-ay-roo mah-kee")
Outside (fist)	<i>Pahkaesoo-Ahnaroo Mah-ki</i> ("pahk-ay-soo on-ay-roo mah-kee")
Downward (open)	<i>Ha Dan Soo Do</i> ("hah-don soo-doe")
Upward (open)	<i>Sang Dan Soo Do</i> ("song-don soo-doe")
Center (open)	<i>Choong Dan Soo Do</i> ("choong-don soo-doe")