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| **ELITE MIXED MARTIAL ARTS CENTER** |

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|  |  | **SEPTEMBER 2019** | **PROGRAM SCHEDULE**  |
|  |  |  |  |  |  |
|  |  |  |  |  |  |  |
| CLASS  |  | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | SATURDAY |
| OPEN SESSION/ DEGREE TRAINING |  |  | 530PM-6PM |  |  | 9AM-930AM |
| LITTLE DRAGONS |  | 5:30PM-6:00PM |   |   | 5:30PM-6:00PM | 9:30AM-10:00AM |
| YOUTH - Beginner |  |   | 6:00PM-7:00PM |   | 6:00PM-7:00PM | 10:00AM-11:00AM |
| YOUTH - Intermediate |  | \*6:00PM-7:00PM |   | \*6:00PM-7:00PM |   | \*11:00AM-12:00PM |
| BLACKBELT - YOUTH |  |   |   |   |   | 12:00PM-1:00PM |
| ADULT  |  | 7:00PM-8:00PM |   |   | 7:00PM-8:00PM | \*1:00PM-2:00PM |
| BLACKBELT-ADULT |  |   | 7:00pm-8:00pm |   |   |   |
| COMBAT SABER - YOUTH |  |   |   |   |   | 2:00PM-2:30PM |
| COMBAT SABER - ADULT  |  |   |   |   |   | 2:30PM-3:30PM |

**PLEASE NOTE CHANGES IN SCHEDULE**

**8/31/2019 - Black Belt Ceremony during Youth Beginner Class**

**8/31/2019 - Labor Day Weekend - School Closes at 2pm on Saturday, 8/31/2019**

**9/02/2019 - Labor Day - School Closed
9/14/2019 - Uptown Fair - Flyer will be posted on website Demo Team to perform - Class schedule during Uptown Fair -**

**930am-10am Little Dragon, 10am-11am Youth Beginner, 11am-Noon Youth Intermediate, Noon-1pm Adult Class!
MORE INFORMATION TO FOLLOW…**