

Walk or Run for:



Join the Human Race Saturday, May 14 to make this a better community for us all!

www.DreamBiggerBellingham.com

The Human Race is a fun 5k walk/run or 10k run presented by the Whatcom Volunteer Center to help nonprofits raise funds for their programs. Individuals and groups collect donations for their favorite nonprofit. The specified nonprofit receives 75% of the donation and the Whatcom Volunteer Center receives the remaining 25% to continue connecting volunteers with nonprofits throughout the year.

Last year, with support from local businesses and individual donors, the Human Race raised more than \$48,000

Saturday, May 14, 2011 at Zuanich Point Park

The celebration culminates with a light picnic lunch, prizes, music, and a family fair.

Check-in Starts at 8:45 am. The "Race" Starts @ 10am

1) Register NOW!! Fill in and return the Registration Form OR go on-line to register at www.Active.com All registrations are non-refundable. Please make checks payable to Whatcom Volunteer Center. (Donations may also be made through the Active.com website. Please note that service fees will apply.)

Mark your calendar! Registrations received ANY time before 5 PM on Wednesday, May 11 will be entered for exciting EARLY BIRD prize drawings. Special Early Bird registration hours are: 9 AM – 6 PM on May 9th, 10th, and 11th at our offices at 725 North State Street – or REGISTER NOW to be entered automatically! You can bring in donations up until the Race starts!

Donations & Pledges Can Be Brought To The Race on May 14th (have your sponsors make checks out to: Whatcom Volunteer Center)

- 2) Collect donations from friends, family, co-workers, and neighbors to support
 - Dream Bigger
- 3) Walk or run with family, friends, and neighbors and celebrate being part of the Human Race!!!!

WE ALL WIN WITH THE HUMAN RACE!



The Human Race 2011

Whatcom Volunteer Center
725 North State Street Bellingham WA 98225
360.734.3055 fax 360.734.3215
www.whatcomvolunteer.org

OFFICE USE	
Participant	

INDIVIDUAL REGISTRATION FORM

Address City State Zip Phone Email Check-in Starts at 8:45 am. The "Race" Starts @ 10a Entry fee: St5 Early Bird Registration (Before 5 PM, Wednesday, May 11) Donations may be collected up until Race Day and do not need to be turned in before May 11 for you to qualify for Early Bird Prizes. St5 Early Bird Family (Three or more related participants before 5 PM, May 11) St0 Registration (After 5 PM, Wednesday, May 11) St5 Family (Three or more related participants before 5 PM, May 11) St5 Family (Three or more related participants after 5 PM, May 11) Will be running the 5k run the 10k run OR I will be walking the 5 K course. NONPROFIT TO RECEIVE YOUR DONATIONS WWW. DreamBiggerBellingham. com WAIVER: I know that participating in an organized event, regardless of distance, includes an element of risk. I attest and verify that I am physically fit and am sufficiently trained for the completion of this event and have not been advised otherwise by a qualified medical person. I agree to abide by any decision of an event official and waltherize necessary emergency treatment for me. I understand that both vehicle traffic and spectators may be present along the course, and I assume the risk of participating under all conditions. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry. Hereby for myself; my heirs, executors, administrators, any one all even the suppliers, agents, independent contractors, employees, and any other personnel in any way assisting or connected with this event from any and all claims or liability of any kind or nature whatsoever arising out of my participation in this event even though that liability may arise out of negligence or carelessness or any other claim on the part of the persons named in this waiver. I understand and agree that any sponsor may use for publicity or promotions, my rame or pictures of my participation in this event even though that liability may arise out of negligence or carelessness or any other claim on the part of	Participant Name		Age	Gender	
Phone Email Check-in Starts at 8:45 am. The "Race" Starts @ 10 at Entry fee: \$15 Early Bird Registration (Before 5 PM, Wednesday, May 11) Donations may be collected up until Race Day and do not need to be turned in before May 11 for you to qualify for Early Bird Prizes. \$35 Early Bird Family (Three or more related participants before 5 PM, May 11) \$20 Registration (After 5 PM, Wednesday, May 11) \$45 Family (Three or more related participants after 5 PM, May 11) I will be runningthe 5k runthe 10k run0R I will be walking the 5 K course. NONPROFIT TO RECEIVE YOUR DONATIONS Does your employer match your donated funds? If so, employer name: #### MAINER: I know that participating in an organized event, regardless of distance, includes an element of risk. I attest and verify that I am physically fit and am sufficiently trained for the completion of this event and have not been advised otherwise by a qualified medical person. I agree to abide by any decision of an event official and that event officials may authorize necessary emergency treatment for me. I understand that both vehicle traffic and spectators may be present along the course, and I assume the risk of participating under all conditions. Having read this waiver and knowing these facts and in consideration of the acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might claim on my behalf, covenant not to sue, and waive, release and discharge all sonsons, event officials, volunters, any or all other suppliers, agents, independent contractors, employees, and any other personnel in any way assisting or connected with this event from any and all claims or liability or participation in this event ent hough that liability may arise out of negligence or carelessness or any other claim on the part of the persons named in this waive. I understand and agree that any sponsor may use for publicity or promotions, my name or pictures of my participation in this event without liability, obligation, or	Team Name Dream Bigger	www.DreamBiggerBellingham.	com		
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*** Mail Registration Form & Entry Fee to: Whatcom Volunteer Center, 725 N.State St, Bellingham, WA 98225



Saturday, May 14, 2011

Zuanich Point Park 8:45 Registration Opens 10 AM Race Begins

Great Prizes!

- Individual to Raise the Most Money
- Runner-up to Raise the Most Money
- Individual Youth to Raise the Most Money
- * Runner up Youth to Raise the Most Money
- Adult Team to Raise the Most Money
- Youth Team to Raise the Most Money
- ❖ Adult Team with the Most Members
- ❖ Youth Team with the Most Members
- Best dressed team
- Best dressed pet
- * Best dressed stroller, wheelchair, or wagon
- Best dressed individual

Be eligible for Early Bird prizes! Drop off your registration any time before 5 PM, Wednesday, June 9 for special drawings. Early Bird incentive prizes include restaurant gift certificates, movie passes, bowling, beauty treatments, and much more! Early Bird registration saves you time on Race Day morning!



www.DreamBiggerBellingham.com

Keep raising donations until Race Day!

Thanks to the businesses that donate the terrific prizes for the Human Race.

THANK YOU TO OUR SPONSORS:

- Conoco Phillips
- Port of Bellingham
- Bellingham Parks & Recreation Department
 - Banner Bank
 - St. Joseph Hospital
 - Whatcom Educational Credit Union
 - Bellingham Herald
 - Puget Sound Energy

(Confirmed as of February 14)

Check-in Starts at 8:45 am. The "Race" Starts @ 10am

2011 Human Race Route

New course this year! Starts at Zuanich Point Park –

5k route begins at the Squalicum Boat House and continues along the waterfront, past Anthony's and the Bellwether Hotel. 10k runners will continue on to Squalicum Creek Park, to Squalicum Beach, and loop back around to Zuanich Park.

For course details and a map of the 2011 course, visit whatcomvolunteer.org

DONATIONS

The Human Race is a fun 5K walk or a 5K/10K run presented by the Whatcom Volunteer Center to help nonprofits raise funds for their local programs. Individuals and groups collect donations for their favorite cause. If you don't bring in donations, your favorite nonprofit does not get funds! *Please make checks payable to the Whatcom Volunteer Center*.

Racer's Name:

Participant #

SIGN HERE

Please print clearly

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Dream Bigger

Preventing Violence Against Women & Children
Advocacy, Support, Mentoring, Educational & Financial Coaching, Workshops & Community Awareness!

Donations are Tax Deductible: IRS Non-Profit EIN #26-3898006 www.DreamBiggerBellingham.com Inquire@DreamBigger.info



10 Tips for Raising Money The Hymen Base is an May 141

The Human Race is on May 14!

The Human Race is a 5k walk or 5k/10K fun run that supports local nonprofits in our community! You can help your favorite nonprofit by collecting donations from family, friends, neighbors, classmates & coworkers. Here are some helpful tips when collecting donations:

1. Be Enthusiastic!

People will respond positively to your energy level.

2. Think Big. Set A High \$\$ Goal.

You can't make it if you don't try! Think how pleased you'll be when you make it to your goal!

3. Believe in What You're Doing.

Others know sincerity when they see it.

4. Make A List of Your Friends, Family And Business Acquaintances

Call, visit or write to ask for a donation. Remember — you're providing them an opportunity for commitment and "giving back".

5. Make It Fun!

People like to be involved in efforts that are successful and enjoyable.

6. Be Organized.

Always have your donation form ready for "instant sign-ups". Collect your donations up front whenever possible.

7. Maintain Your Professionalism.

Know the facts about The Human Race and the agency or program you are supporting and be able to communicate about them clearly to donators.

8. Be On the Lookout For New Recruits And Volunteers.

People enjoy getting involved! Invite others to register and participate in The Human Race for their favorite cause.

9. Don't Be Afraid To Ask For A Significant Donation.

It takes no more energy to ask for \$50 than it does for \$5. Just think of the importance of the cause you are supporting. www.DreamBiggerBellingham.com

10. Ask Your Agency For Help!

Let the agency know you are fundraising for them in case they are called. Find out if they have suggestions of potential contributors you might be able to contact.