



# Essential Oil Pharmacology and Skin, Central Nervous System, and Specific Applications for Inflammation and Pain

2-day Certificate (13 CPDs) Seminar

with Marco Valussi, BSc. (Hons.) Herbal Medicine

## *What to expect from this very unique class!*

Each year more learn more about essential oils, and every new bit of information helps us more easily understand their modes of action. We've partnered with Clinical Phytotherapist and master distiller Marco Valussi for a 2-day class covering the scope of essential oil pharmacology. Marco will cover the pharmacology of essential oils through their influence on receptor-binding and how this influences our senses. This is a different approach than the classical functional-group teaching that we typically see taught and will put into perspective the complexity in which essential oils influence us.

You'll learn about how essential oils work with the TRP channels in the human body to induce physical sensations such as heat, cold, pungency, and pain. You'll also learn about how they influence other receptors that allow us to perceive our environment, such as olfaction, taste, inflammation, pain, and chemestesis (the detection of irritating or toxic substances). All of this will come together to allow you to appropriately target wellness goals with a more complete understanding on why certain essential oil choices may be beneficial and how they are working based on what you and your clients are experiencing.

This is the class to take if you are wanting a more complete understanding of how essential oils interact with human anatomy and physiology and will allow you to more thoroughly understand the strengths, weaknesses, and limits of the typical approach to pharmacological understanding in essential oil studies.

This class is exclusive to IJPHA, so sign up today and allow Marco Valussi to walk you through the details you need to effectively maximize your aromatherapeutic treatments!

**Dates:** September 21-22, 2019 (2 days) — 9:00 am - 5:00 pm

**Venue:** Fairfield Inn & Suites—Longmont, Colorado

**Fee:** \$395\* if paid by May 15, 2019, \$450 thereafter\*\*

*\*Payments are non-refundable, but transferable (see website for details)*

*\*\*If class minimum is met and class moves forward.*

**Register:** Online at [www.ijpha.com](http://www.ijpha.com)

**Questions?** +1 815-814-1444

*hosted by*

International Journal of Professional Holistic Aromatherapy

**Register now at [www.ijpha.com](http://www.ijpha.com)**



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## About the Seminar

### Learning Objectives:

- to be able to understand strengths, weaknesses and limits of a classical pharmacological approach to essential oils studies
- to be able to understand the reasons why an essential oil molecule might interact with a human receptor
- to be able to describe the physiological effects of applying “TRP-binding” oils on the skin and mucosae, and of inhaling them
- to select a series of oils with anti-inflammatory and pain-relieving effects based on pharmacological and clinical data, and to use them safely

Visit the website for more detailed learner outcomes.



### Testimonials

I knew that Marco was a serious and a qualified technical writer, but his ability as trainer allowed to unveil unpatterned professional and human skills. He is able to transfer his emotions and passion for aromatherapy and to transform complicated concept into simple and clear. In the classroom he tries to awaken audience's interest and curiosity about his subject.

- Silvia Ambrogio, Owner Consulenza Nutrizionale

Marco is an excellent professional, prepared, competent, punctual and reliable. He has excellent interpersonal skills, is a perfect communicator, particularly suitable for training activities.

Marco Valussi is a Clinical Phytotherapist with a specific expertise in essential oils; he works as educator, writer and consultant for the industry in the fields of herbal medicine, aromatherapy and medicinal plants. He also works as a consultant for NGOs working in the field of traditional medicine in developing countries. At the moment he is developing a project (OfficinaLessinia) for the betterment of the economical situation in mountain areas and other degraded territories through the cultivation and distillation of local aromatic plants.

He gained his degree in Herbal Medicine (BSc. (Hons.)) in 1998 from Middlesex University, London, after obtaining a Diploma in Aromatherapy in 1995 from ITHMA.

Since 1996 he has written more than 100 articles for different professional journals and magazines, on different subjects. In 2012 he has published with Tecniche Nuove (Milan, Italy) the 2nd edition of a professional textbook on essential oil science.

He works as a educator and public speaker at various levels on the subjects of medicinal plants and their usage: he runs Continuing Education courses for herbalists, pharmacists and medical doctors, and seminars at the Universities of Padua, Siena and Pisa.

He also works as a consultant for international NGOs working in developing countries. In particular he has worked in Kenya for CTM - Altromercato, in Nepal for Oxfam, in Colombia for COE - UCODEP, and in Cabo Verde for the EU.

He has been consulting for companies in the field of natural herbal products, and natural cosmetic, both as a formulator and researching the evidence for product claims.

He is a member of the Scientific Committees of the magazine “L’Erborista”, consultant for SISTE (Italian Society Herbal Science and Technique), of Skineco (an association of ecological dermatology). He is the Italian referent for EHPA (European Herbal Practitioners Association). He is member of SIROE (Italian Society for Essential Oil Research) and of SIF (Italian Society of Phytochemistry).