OmegaLife 3

120 capsules (95g) Item number: 25236 AT, DE, NL, SE

Fit and vital

Fat is not just fat - from the large group of unsaturated, essential fatty acids, the omega-3 fatty acids play an important role for the human organism. The body cannot form omega-3 fatty acids itself, which is why they must be consumed regularly with food. Saltwater fish such as mackerels, sardines, anchovies and tuna provide the valuable omega-3 fatty acids. Many scientists have confirmed the health benefits of the omega-3 fatty acids in epidemiological studies. Moreover, Omega-3 fats are, unlike most other food components, absorbed by the body's cells unaltered and stored directly in the cell membrane.

OmegaLife 3 contains:

- ✓ DHA, which contributes to maintenance of normal brain function and normal vision*
- EPA and DHA, which contribute to the normal function of the heart**
- Vitamin E, which contributes to the protection of cells from oxidative stress
- A maximum purity due to molecular distillation and strict quality controls of the product
- ✓ Orange flavor



The most important nutrients per daily portion:

EPA (Eicosapentaenoic acid)	800 mg
DHA (Docosahexaenoic acid)	400 mg
Vitamin E	13 mg

For more information, visit our website at: www.unicity.com

Recommended use:

Take 2 capsules twice daily with water at mealtime.

Ingredients: Omega-3 Fish Oil (97 %), Capsule (Gelatin, Humectant: Glycerol, Water), Orange Flavor, D-Alpha Tocopherol, Rosemary Extract, Sunflower Oil, Tocopherol-rich Extract and Ascorbyl Palmitate.

* The beneficial effect is obtained with a daily intake of 250mg of DHA. ** The beneficial effect is obtained with a daily intake of 250mg of EPA and DHA.

