**Rehabilitation Programs**

(includes, but is not limited to)

1. **Education**:
   1. Literacy Programs (must be able to read and write)
   2. English-as-a-Second Language (must be proficient in English)
   3. GED or High school Diploma (must finish High School)
   4. College-Level Course work
      * + - Adams State University
          - Andrews University
          - Ashworth College
          - Athabasca University
          - Brigham Young University
          - California Coast University
          - California Miramar University
          - Colorado State University
          - Colorado State University at Pueblo
          - Huntington College of Health Sciences
          - Louisiana State University
          - Murray State University
          - Ohio University
          - Oklahoma State University
          - Perelandra College
          - Rio Salado College
          - Sam Houston State University
          - Seattle Central Community College
          - Southwest University
          - Texas State University
          - Thomas Edison University
          - Thompson Rivers University
          - University of Central Arkansas
          - University of Idaho
          - University of Minnesota
          - University of Mississippi
          - University of North Carolina
          - University of Northern Iowa
          - University of Saskatchewan
          - University of South Dakota
          - University of Wisconsin
          - University of Wisconsin-Platteville
          - University of Wyoming
          - Upper Iowa University
          - Wesleyan Center for Prison Education
   5. Vocabulary building/spelling

\*\*\* FUNDING COLLEGE: Inmates do qualify for the Federal PELL Grant, but that often does not cover the full expense of college courses. I would support extending the Federal Stafford Loan to inmates to pick up only the tuition cost that the PELL does not cover. However, repayment of the Stafford Loan would be income-based and begin 6 months AFTER release from prison. Basically, it’s a delayed repayment since inmates cannot make enough to cover a regular Stafford loan payment. And this would only be available to inmates who will be released within 10 years. A letter of recommendation from the Warden of the prison would need to be included with the Stafford Application. Also, all scholarship programs must be exhausted (applied and denied) before applying.

\*\*\* Pell Grants: “Inmates, who had previously been eligible, were barred from receiving Pell Grants under the 1994 Violent Crimes Control and Law Enforcement Act signed into law by then-president Bill Clinton.”[[1]](#footnote-1), This is in section 20412 of this extensive law and can be viewed at Congress.gov.[[2]](#footnote-2) It was introduced by Democrat Jack Brooks and co-sponsored by Democrats Charles Schumer and William J. Hughes.[[3]](#footnote-3) In the House, this bill had the support of 74.6% Democrats and 26% of Republicans.[[4]](#footnote-4) In the Senate, this bill had the support of 96% Democrats and 16% Republicans.[[5]](#footnote-5) There is a pilot program, Second Chance Pell Pilot Program, which authorizes for about 12,000 inmates to receive Pell Grants.1

1. **Work** (partnership with UNICOR, already partnered with federal prisons)
   1. Prison Industries (work and gain marketable skills)
      1. Clothing & Textiles

* Cutting, Sewing, Weaving
* Reading Specifications & Contracts
* Basic Garment Construction
  + 1. Industrial Products
* Welding
* Eyeglass Grinding
* Metal Fabrication
* Cabinetry
* Professional Painter (industrial)
* Punch Press Operation
* Tool & Die Fabrication
* Construction
* Blueprint reading
* Plastic Production (Braiding, Assembly, Injection Molding, Extrusion Molding)
  + 1. Office Furniture
* Carpentry
* Woodworking
* Milling
* Masonry
* Upholstery
* Wood Finishing
  + 1. Electronics
* Soldering
* Tinning
* Electronic Testing
* Wire Stripping
* Rubber Molding
* Electrical Maintenance
* Electrical Quality Assurance
* Electronics Recycling (sorting, computer identification, hazardous material recognition, technical computer skills, computer component identification)
  + 1. Services
* Laundry
* Packaging
* Sorting
* Plumbing
* IT program
* Screen Printing
* Word Processing
* Printing & Bindery
* Customer Service Agent
* Data Entry & Media Conversion
* Printing Equipment Operation
* Barbering (Hair/makeup stylist)
* Contact Centers & help Desks
* Forward & Reverse Logistics
* Warehousing & Distribution
  + 1. Automotive and Fleet Management
* Automotive Mechanics
* Auto Body Repair
* Engine Repair
* Forklift Repair
  + 1. Other
* Paralegal
* Accounting
* CAD Design
* Meat cutting
* Solar Applications
* Test Lab Functions
* Drafting technology
* Professional Cooking
* Landscaping
* Horticulture
* Psychology & Counseling
* Small business management
* Building Maintenance & Repair
* Waste & E-Waste Management
* Quality Control Inspection & Testing
* Prison Newspaper (weekly publication for inmates by inmates)
  1. Occupational Training (gain marketable skills)
  2. Resume Writing & Mock Interviews, Job search
  3. How to be a good employee (& get raises)
  4. Preparing for annual reviews and make the case for a raise

1. **Mental Health**
   1. Drug Abuse Program
   2. Alcohol Abuse Program
   3. Challenge Program
   4. Resolve Program
   5. Couples Counseling (with the spouse, in person or via video conferencing)
   6. Sexual Abuse Programs (what it is, prevention, signs)
   7. Child Abuse Program (what child abuse is, how to prevent, signs of abuse)
   8. Domestic Abuse Program (what it is, prevention, signs)
   9. Suicide Prevention & Lifeline
2. **Life Skills**
   1. Parenting Skills
   2. Financial Training (budgeting, balancing checking account, loans, APR, Interest, frugal shopping, etc)
   3. Goal Setting, Decision-making
   4. Home management (cooking, cleaning, laundry, etc.)
   5. Health & Nutrition
   6. Sexual Responsibility, Healthy Dating
   7. Gardening
   8. Training service dogs and emotional support animals
   9. Healthy Self-Expression
   10. Household Management
   11. The Smart Consumer
   12. Income Taxes
   13. Critical Thinking, Logic, and Reasoning
   14. Debate Team (learn to debate with mind and mouth, rather than hands, fists, knives, and guns)
   15. Healthy Relationships (with parents, children, significant other, friends, co-workers, employers, employees, community, law enforcement)
3. **Spiritual Health**
   1. Weekly church attendance
   2. Daily Bible reading and study guide
   3. Weekly test on Bible reading
   4. Participation in weekly Bible studies
4. **Volunteerism**
   1. Mentoring to other inmates
   2. Tutor other inmates

1. Illinois Newsroom, Pell Grants For Prisoners Could Save Illinois Millions, February 1, 2019, <https://illinoisnewsroom.org/2019/02/01/pell-grants-for-prisoners-could-save-illinois-millions/>, accessed February 1, 2019. [↑](#footnote-ref-1)
2. Congress.gov, H.R. 3355 – Violent Crime Control and Law Enforcement Act of 1994, <https://www.congress.gov/bill/103rd-congress/house-bill/3355>, accessed February 1, 2019. [↑](#footnote-ref-2)
3. Congress.gov, H.R. 3355 – Violent Crime Control and Law Enforcement Act of 1994, <https://www.congress.gov/bill/103rd-congress/house-bill/3355/cosponsors>, accessed February 1, 2019. [↑](#footnote-ref-3)
4. Congress.gov, H.R. 3355 – Violent Crime Control and Law Enforcement Act of 1994, <http://clerk.house.gov/evs/1994/roll416.xml>, accessed February 1, 2019. [↑](#footnote-ref-4)
5. United States Senate, H.R. 3355 – Violent Crime Control and Law Enforcement Act of 1994, <https://www.senate.gov/legislative/LIS/roll_call_lists/roll_call_vote_cfm.cfm?congress=103&session=2&vote=00295#position>, accessed February 1, 2019. [↑](#footnote-ref-5)