



RETURN TO TRAINING GUIDELINES

Information for coaches and managers

A PREREQUISITE TO RETURN TO TRAINING IS TO HAVE SAFETY PROTOCOLS IN PLACE TO PROTECT ALL THOSE PARTICIPATING.

All coaches and managers need to monitor the following:

- Encourage participants to download the COVIDSafe App
- Ensure NO PERSON is to attend training if they have the following symptoms: cough, fever, sore throat, shortness of breath or have been in contact with another person who has been sick.
- All players and coaches / managers to apply sanitiser on arrival
- Do not enter the court area until the previous session has left.
- Ask all players to bring adequate water. Their drink bottles must be clearly labelled and must not be shared.
- Only 1 team per netball court.
- No more than 60 minutes per training session.
- Non-contact skills training is activities which do not require any physical contact between players. The session can involve the skills of netball (attack, defend, shoot) however you must avoid activities that will place players in direct contact with each other.
- **No game play:** Please note that you cannot conduct match play of any kind, including modified games (1v1, 3v3 etc)
- No swapping/mixing of groups
- Coaches / Managers are to sanitise balls and equipment before and after sessions.
- Coaches should not offer players snacks, fruit or lollies.
- Maintain social distancing where possible – limit physical contact, ie NO high fives, handshakes etc
- Training sessions MUST begin and end on the allocated time
- Players must remain on allocated court during training sessions.
- Managers to complete the training register each week. This document is to be available for the club safety officer at any time.