



Intuitive Counselling

Vol. 2

January 2009

Oprah: Jan.29th!

Women's Health

Dr. Northrup:

Natural Hormone

Replacement.

Webcast on

oprah.com in

evening as well.

Books of interest:

Untethered Soul

by Michael A.

Singer

Quote: "Change will not come if we wait for some other person or some other time. We are the ones we've been waiting for. We are the change that we seek"

President Barack

Obama

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Well I can feel it already, 2009 is going to be a great year! I am back from my intensive week long Mastery Training with Power of Intuition. Wow, what a powerful week it was! We learned more about the importance of the inner child in healing and how pieces of you can split off when you experience a trauma or upset and how to bring this back into balance. We did lots of clearing and I feel centered and balanced, ready for 2009!

CHECK OUT MY NEW WEBSITE:

www.intuitivecounselling.com

Intuitive Counselling-What is it?

Intuitive Counselling is a form of counselling that works with intuition and energy to remove emotional blockages. I work with you to find out where the emotion is stored in your body and then move the energy out of your body. It is important to understand that emotions are just energy! When you hold or stuff these emotions, the energy of that emotion stores in your body and this can create illness and feelings of hopelessness. I am extending an offer to you to come in for a session and experience what it feels like. **Book before Feb. 13th and receive 25% off!**