

# William N. Pennington Life Center

## "Generations Joined" Newsletter Issue # 1



July 2017

William N. Pennington Life Center  
952 South Maine Street  
PO Box 1677  
Fallon NV 89407  
(775) 423-7096  
ccseniorcenter@cccomm.net

### Administrative Staff

**Lisa Erquiaga**  
Executive Director

**Buster Pierce**  
Senior Services Mgr.

**Brenda Moore**  
Business Manager

**Sherri Herringshaw**  
Nevada Care  
Connection  
Resource Specialist

**Jennifer Freeman**  
MIPPA Specialist/  
Volunteer Coordinator

**Annette Thompson**  
Front Desk  
Intake Specialist

### Coalition for Senior Citizens

#### Board of Directors

Bus Scharmann, President  
Gary Laca, Vice President  
Dona Eveatt, Secretary/Treasurer  
Members:

Kelly Frost, Mark Feest,  
Mel Foremaster, Judy Pratt,  
Carol Lloyd,  
Bjorn "B.J." Selinder

### Greetings to everyone,

We just completed our first month in our new location and doing business as the William N. Pennington Life Center. And this is our first newsletter coming out of our new home. I hope I don't have to remind anyone why it might be a little late! It has been a very, very busy last few weeks and with a fairly easy transition to get to this point, WE all are starting to get settled in. We obtained our goal for moving across town without shutting down either of our meal programs and the other services we offer. It took some planning and effort. But we did it! And it takes a community! We had the most well-attended grand opening ceremony that many of us have ever witnessed in the town of Fallon, except for maybe Taco Bell, a few years back. There were many of our community partners involved in making our opening and entire moving process such a success. I truly thank each and every one of you for all your many efforts. You **all** know who you are. This would not have been possible without all of you. Please accept my sincerest thanks.

Now that all the "festivities and falderal" have subsided, we can get down to business and start focusing on our overall operations. As you have heard in passing over the past year, we have big plans for expansion in our programs and services to be offered here. I urge you to get on our email blast list so that you can get the latest up to date information and you can always come in to eat lunch and pick any information available.

As you know, we will be providing the "intergenerational program aspect" at our new location. We are still all about and totally dedicated to serving our Senior population but want to bring in all ages to share, socialize, participate, and get involved in the activities and engage in the community. This is where it's at and we want to see this building flourish! In case some of you didn't know, we have always been open to feeding more than just the Senior population, you just need to pay \$6.00 for lunch if you are under 60! And the same \$3.00 suggested donation still applies if you are over 60 years of age! (continued on page 2)

### **WNP Life Center Mission Statement**

To develop, coordinate and deliver a comprehensive set of supportive services for the William N. Pennington Life Center—services designed to ensure seniors and community members lead a meaningful and dignified life, while maintaining a healthy, safe, secure and prolonged independence.

There's a saying that I heard repeatedly as a child by both of my grandmothers and my mother, "*the more things change, the more they stay the same*" This is so true. And I bet, if you all take a moment to read on and think about it you will get the jist. As we continue our transition from old building to new building, from old location to new location, from old furniture to new furniture, old parking lots woes to new parking lots, to different dining room configurations, to new ideas of trying different things, and so on. What this saying is telling us, is we can attempt and perform a meaningful change event but there will always be the underlying fundamentals still there staring us in the face! We still all were raised to be respectful, kind, patient and loving and we need to remember to practice daily civility to one another over the course of our time here on the earth. And if you weren't raised this way, then you need to search deeply in your inner soul and find that respect, kindness, patience, and love and make it available to share from your heart. Chances are good you will feel much better about yourself and it will make someone smile and return the favor. I challenge you to try it. We all owe it to each other to work on ourselves for the better.

I want to leave you with a few things to ponder...in the four weeks that we have been in our new building we have seen approximately 100 new or returning Senior faces. On the day of our grand opening we fed over 310 individuals in the dining room, 190 Meals on Wheels went out the back door, and 270 meals were frozen for the weekend inventory. Is that amazing or what? Here's another one for you...yesterday was our monthly Birthday Lunch, we served ribs, Matt Louie came to give out gift certificates for the July birthday people, just like the past years. But we broke a record for feeding 135 individuals in the dining room for a lunch time meal! Remarkable! And on top of that 174 Meals on Wheels went out the back door! I have the best terrific staff wouldn't you agree?

**Build it, fill it with smiling faces, serve food and they will come!**

Here's to our new beginnings... in a new building with a new address and new faces of all ages daily. I'm excited. I hope you are too! This is a huge opportunity for you to make a difference in your daily life and that of another human being...reach out and be kind.

Stay tuned and until later,

*Lisa Erquiaga*

Lisa Erquiaga, Executive Director  
William N. Pennington Life Center





★★★★★★★★★★★★★★  
 ★ Did you see the parade? ★  
 ★ Thank you to all who ★  
 ★ helped and participated ★  
 ★ in this years 4th of July ★  
 ★ parade! ★  
 ★ We represented the ★  
 ★ William N. Pennington ★  
 ★ Life Center, it was a ★  
 ★ blast!! ★  
 ★★★★★★★★★★★★★★

**July Birthstone:** Ruby and Onyx

**July Flower:** Larkspur and Water Lily

**Month Observances:** National Parks Month, National Picnic Month, and UV Safety Month

### July 4th, Independence Day

Independence Day is the most important secular holiday held in the United States of America. This day commemorates the signing of the Declaration of Independence on July 4th, 1776.

This is a great time to celebrate all that is American, remembering the great sacrifices of our forefathers as they fought and won our independence from Great Britain.

What is the great symbol of American Freedom? The Statue of Liberty. The Statue of Liberty was given to the United States of America by France in 1886. It took 214 crates to deliver, and is assembled on what is known as Liberty Island, in New York Harbor.

- \* Artist Frederic Auguste Bartholdi modeled the Statue of Liberty after his mother Charlotte
- \* The Statue of Liberty is the nickname for the original name "Liberty Enlightening the World."
- \* The seven spikes radiating from the Statue of Liberty's crown is actually a halo representing the worlds seven seas and continents.



"Let every nation know, whether it wishes us well or ill, we shall pay any price, bear any burden, meet any hardship, support any friend, oppose any foe, to assure the survival and success of liberty."

John F. Kennedy



# EVENTS

Mark Your Calendar

William N. Pennington Life Center is happy to share with our readers-upcoming activities and events that are happening in our community. Please make sure you notice the instructions for sign up, reservations, and deadlines.

Not all events are sponsored by WNP Life Center.

**\*July 24 Monday 7am-5pm C.A.R.T. (Churchill Area Regional Transportation)** is planning a one day get-away to Reno to visit Harrah's Auto Museum and lunch opportunities at Peppermill. Cost is \$10 for bus trip and \$10 for the museum and you buy own lunch. Gather a group of friends and go for an excursion and let CART chauffeur you. Call Cathy at CART to RSVP or for more information 428-2988.

**\*August 7 Monday 8am-5pm** the ARTs Center will be registering and receiving payment for their Poster Contest for "Healthy Lives." No age limit, families encouraged to participate. Opportunities to work side by side with an instructor. \$15 per person, \$20 for family of 4. All supplies provided. Come and discover your "inner artist." Call Patricia Sammons for more information at the ARTS Center 294-4135. These classes will be first come first served and held at WNP Life Center Art Room.

**\*August 19 Saturday 7am-12noon** it's *Community Reunion Weekend* Our traditional BIG Breakfast will be served 7:30am-10:30am for everyone at William N. Pennington Life Center. Cost is \$6 each. Also come shop at our annual \*\*Purse, Shoe, and Jewelry Sale **FUNDRAISER**\*\* for WNP Life Center MEALS on WHEELS program. The shopping begins at 8am to 12noon. The Classic Car Club and Antique Tractor show will be on site for your viewing pleasure. Your presence and support is greatly appreciated. Watch for flyers to come out soon.

**\*August 20 Sunday 7:30am-10:30am** *Community Reunion Weekend continues*

Join us for another traditional BIG Breakfast on this day once again at WNP Life Center for the reunion weekend wrap up. The cost of this breakfast is \$8 for adults and \$6 for under age 12. This is a **FUNDRAISER** for the WNP Life Center program. Watch for flyers to come out soon.

**\*August 20 Sunday 1pm** The **Reno Aces** play Fresno Greater Nevada Ball Field It's a **FUNDRAISER** for the ARTs Center and WNP Life Center for future art classes. Let's get Fallon to the ballpark. We will assist in facilitating carpooling for this event. Tickets on sale now. \$20 each. See Jennifer to reserve your ticket and pay.

**\*August 29 Tuesday 4-7:30pm** the ARTs Center will teach Beginners, Intermediate Art Drawing Classes hosted by the ARTS Center at WNP Life Center Art Room. Call Patricia Sammons for information at 294-4135. Classes will be first come first served.

**\*August 31 Thursday 6-7:30pm** the ARTs Center will teach Advanced Art Drawing Classes hosted by the ARTS Center, Patricia Sammons at 294-4135. These classes will be first come first served.

**\*\*ATTENTION: DONATIONS of PURSES, SHOES, JEWELRY, or Handmade Crafts (all in selling condition) to this WNP Life Center fundraiser, please drop them by at the front desk no later than**

**August 10, 2017.**



**CART (Churchill Area Regional Transportation)****310 East Court Street****Fallon, NV 89406****(775) 428-2988 Monday-Friday 9:00am-3:00pm****Ticket Books:**

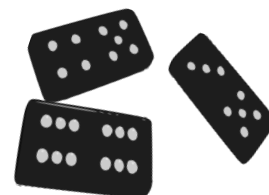
These can be purchased at Walmart Customer Service, CART office, or ordered from the dispatcher. Under 60, \$25.00 for 10 rides, and suggested donation of \$15.00 for 10 rides for seniors. Starting in September, CART will be onsite 1 day a week in the mornings.

**Happy Birthday to the following employee:**

**Annette Thompson= 7/13th Intake Specialist**



**Come join the "latest" activity that is going like a locomotive  
at the William N. Pennington Life Center!**



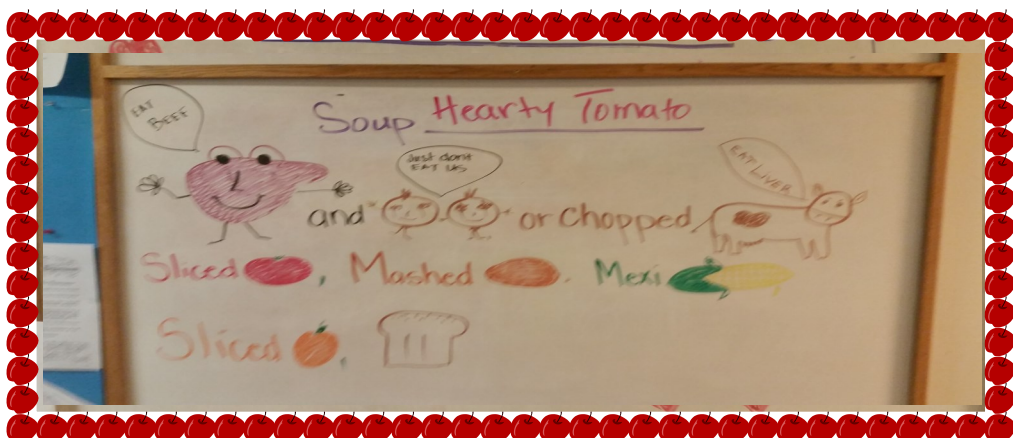
**It's Mexican Train Dominoes!**

**Thursdays 12:30pm in the**

**William N. Pennington Life Center Dining Room.**

**Come and join us! Teaching of game is provided.**





Try this brain teaser. This was a meal eaten in June, Brenda Moore, our WNPLC Business Manager, lends her drawing talents for others to decipher the menu on their way into the dining room.

## Happy 4th of July

G	D	M	R	F	I	R	E	W	O	R	K	S	D
C	L	S	O	B	R	I	T	A	I	N	S	R	D
E	E	O	U	D	F	H	R	E	Y	N	E	N	E
L	C	E	R	M	E	L	E	U	E	L	D	E	C
E	N	O	P	Y	M	E	A	D	U	A	S	M	L
B	E	S	I	U	C	E	R	G	U	D	T	E	A
R	D	A	C	A	B	H	R	F	F	E	A	T	R
A	N	M	N	Y	E	A	O	M	U	B	T	U	A
T	E	E	I	A	T	U	R	L	S	A	E	N	T
E	P	R	C	R	D	R	B	B	I	M	S	I	I
A	E	I	L	C	R	T	E	T	E	D	L	M	O
T	D	C	K	T	U	E	R	B	L	C	A	K	N
L	N	A	J	U	L	Y	D	M	I	E	U	Y	N
Y	I	N	S	S	S	T	A	R	S	L	S	E	A

BLUE  
AMERICAN  
DECLARATION  
FREEDOM  
CELEBRATE  
BARBECUE  
FIREWORKS  
INDEPENDENCE  
MINUTEMEN  
PICNIC  
LIBERTY  
SUMMER  
RED  
BRITAIN  
STATES  
STARS  
JULY  
HOLIDAY  
FLAG  
GLORY

Play this puzzle online at : <http://thewordsearch.com/puzzle/244784/>



Come in for lunch...then...

## Play Bingo

Every Tuesday 12:30-2pm

Thank you Highland Village for snacks  
for the Bingo group .

Cards .25 each

Thank you Bingo Volunteers!





Thank you to Harold D. Blethen of Visionscope for coming to the William N. Pennington Life Center every month to help those who are or are becoming visually impaired. Come visit him in the Visiting Agency Office.

Thank You to  
Our Birthday Cake  
Sponsor Brenda  
Moore for  
June  
CCSC  
\$100.00 donation



Thank You to the  
Monday, Wednesday and Friday Exercise  
Class  
for taking the Challenge  
and paying your  
\$3.00 per week for our new exercise  
fitness room  
We currently have  
\$2528.00 collected!



Thank you  
Tedford  
Tire and  
Auto  
for your  
monthly  
donation  
of \$150.00



### Needs/Wants:

- ⇒ Interested in learning to crochet and/or knit? We would like to start up a group of people interested in teaching others, or just some companionship while working on individual projects. If interested in such a group, please let us know or give us a call and we will sign you up!
- ⇒ Would you like to display your hobby or collection for all to see? We are offering the glass case located in the front lobby for your viewing and displaying pleasure. Interested? Let someone know and we will set you up with an available month!
- ⇒ We are still looking for some help setting up beanbag baseball. We are in need of some creative people to assist with the Baseball board, wood, paint, and some sewing skills to make those bean bags.

Thank You! Thank You!

Louie's Home Center

For generously giving  
seniors \$10.00 gift  
certificates on their  
Birthdays in June

Thank You Thank You

Louie's Home Center

Thank You Thank You  
Mel & Barbara Foremaster  
for your monthly \$50.00 donation  
to the WNP Life Center for June 2017.

And we love our Orchid plants, Bromeliad and Peace plants that the Fallon-Paiute Shoshone Tribe Business Council and Senior Center Program sent us for the Grand Opening Celebration. Thank you.

Thank you to the Oasis Community Church for the beautiful plant we displayed at our Grand Opening Ceremony.





We are searching for volunteers!! We are currently recruiting individuals to volunteer at post-lunch clean up and general center cleaning. We have a much bigger building now. Even if you have only an hour to share once or twice a week, we would love to have your involvement!!

If you are interested in becoming one of our many dedicated volunteers, please contact Jennifer Freeman at (775) 423-7096. **It is the volunteers that help keep us running our daily nutrition programs.**

alzheimer's  association®

THE BRAINS BEHIND SAVING YOURS®

**Fallon Support Group** (On-site Respite Provided)

2nd and 4th Wednesday of the month, 10:30am-Noon

**The Homestead**

365 West A Street, Fallon, NV, 89406

**Facilitator:** Candy Foster

**Contact:** (800) 272-3900

\*Please RSVP if you would like to use respite services.

**William N. Pennington Life Center** and its operations/programs are financially supported from grant monies from the State of Nevada, Aging and Disability Services Division, as well as generous funding both from Churchill County and City of Fallon. We also receive contributions from many local citizens, businesses, organizations and our many fundraising events.

## ***Grant Funded Services***

### **Congregate Dining Room**

Lunch is served Monday - Friday

Soup is served at 11:00 a.m.

Lunch is served  
starting at 11:30am to 12:30pm.

Seniors 60 and older -

Suggested \$3.00 donation

Under 60 - \$6.00

### **Meals on Wheels Program**

Available to qualifying homebound seniors 60 and older

Daily Delivery Monday—Friday

### **Homemaker Program**

Available to eligible seniors 60 and older. Includes light housekeeping, pick-up of prescriptions, or other needs.

### **Nevada Care Connection**

#### **Resource Center**

Available to seniors 60 and older, people with disabilities & their caregivers, and veterans. Provides helpful information, referrals to available programs, services and community resources.

**We appreciate the community support!!**

## **La Invitacion . . .**

El Churchill County Center invita a todas las personas mayores de 60 años de edad y para disfrutar de un almuerzo diario en nuestro comedor en 310 E. Court St., cerca Parque Avena. Ofrecemos una gran variedad de servicios, incluyendo comidas sobre ruedas, ama de casa, el envejecimiento y la discapacidad especialista de recursos y muchas actividades. Las comidas se sugiere una donación de \$3.00 para los ancianos. Sopa comienza a las 11:00—11:30, con un almuerzo a partir de las 11:30-12:30. Esperamos contar con su presencia! 775-423-7096.



Thank you to the following businesses who paid for an ad space this month in the  
 “Generations Joined” newsletter:  
 City of Fallon, Stockman’s Casino, The Homestead, Highland Village,  
 Churchill Community Coalition, Edward Jones



365 West A Street • Fallon, Nevada 89406  
[www.fallonhomestead.com](http://www.fallonhomestead.com)  
 “A” rated by the State of Nevada  
 p 775-428-2428 f 775-428-6782



**City of Fallon**  
**55 West Williams Avenue**  
**Fallon, Nevada 89406**  
 Ken Tedford, Mayor  
 Bob Erickson, Councilman  
 Kelly Frost, Councilwoman  
 James Richardson, Councilman

**GOT DRUGS?**  
 DISPOSE OF ALL UNUSED PRESCRIPTION MEDICATIONS  
 The 24 Hour Prescription Drug Drop Box Open 365 Days A Year  
 TAKE 'EM TO THE BOX!  
 CHURCHILL COMMUNITY COALITION  
 www.churchillcoalition.com  
 Churchill County Sheriff's Office  
 73 N. Maine St.

**Stocks. Bonds. CDs.  
 IRAs. Mutual funds.**



**Douglas J. Drost, CFP®**  
 Financial Advisor  
 2262 Reno Highway  
 Suite A  
 Fallon, NV 89406  
 775-423-8552  
[www.edwardjones.com](http://www.edwardjones.com)

**Edward Jones**  
 MAKING SENSE OF INVESTING

Member SIPC

**55 Club 55**  
**TUESDAYS ARE CLUB 55 DAYS:**  
 Receive Meal Reward 1st & 3rd Tuesday  
 (with qualified play)  
 Pick up voucher during booth hours  
 Be eligible for special Club 55 Drawings  
 1st & 3rd Tuesdays 11 am - 3 pm  
 Enter to win the \$250 Free Play, End - of - Month drawing  
 See Winner's Club for complete rules and to sign up.  
 Winner's Club membership required. Management reserves all rights.  
**Stockman's CASINO**

**Advertise with us-start next month!**  
 August 2017, space is  
 available for your business ad for  
 \$25.00 per month. Call Brenda at  
 423-7076 for more information.



### Highland Village Campus of Fallon

**550 N. Sherman Street Fallon, NV 89406 775-423-7800**

Highland Estates , monthly rates \$1800 one bedroom . Highland Assisted Living, Deluxe Suites \$100/day

#### Disclaimer

*The William N. Pennington Life Center has good relations with its sponsors and advertisers. However, it does not endorse nor guarantee any products or services offered.*



The Donations have been AMAZING!

**And really do make a difference to everyone!**

We are so fortunate to have such supportive individuals that donate to WNP Life Center. There are many ways to donate. Check em' out! Monetarily, volunteering, sharing an expertise, and much more. See Jennifer for further details.

**Thanks to all of you that over the past year have donated to the**

**ICE CREAM MACHINE fund!**

**It's been a great opportunity to fundraise with such a great group of generous people. And because of that... our Soft Serve Ice Cream Machine is enroute! Yes, that's right our long awaited and talked about "ice cream dreams" are about to come true!**



Mentioned below are a few great supporters and sponsors that have recently donated to put the Ice Cream Machine over the top to reach the goal of being purchased. Please thank them personally.

**Mrs. Jim Regan, Mr. and Mrs. Donald Mello, Mr. and Mrs. Carl Hardy,  
and Donna Strickland.**

We also want to thank **Mrs. Diana Ford** for her generous contribution in the memory of her late husband, Bob Ford. And **Sylvia Kurzrock** for her generous contribution to our *Meals on Wheels* program costs.

Our next specific fundraiser will be for an Automatic BINGO Board. You can be the first to start this fund! Any volunteers to help this project see Jen.

**In the very near future, we will be circulating a flyer asking you all to become a member of William N. Pennington Life Center. With that initial donation request we would like you to consider a monthly sustaining automatic debit donation that you can afford to assist in our continued programs and services.**

### **Do you need assistance paying your Mobile Home lot rent?**

The Lot rent Subsidy is available to persons who have lived in the same mobile home park for at least 1 year. Must own and hold title to the mobile home. Must not have assets valued at more than \$12,000 and meet the income guidelines below.

For 1 person in home - \$1005.00

For 2 persons in home - \$1353.00

For 3 persons in home - \$1701.00

For 4 persons in home - \$2050.00

If you think you may be eligible, contact NV Care Connection Resource Center at 775-423-7096 for an appointment



**How We Help:** Nevada Care Connection works with Nevadans one-on-one to create customized care and support plans for older adults, people with disabilities, and their caregivers and family members. We can connect you with just about any service or resource you need.

There are many services and resources throughout the state, many of them free or low-cost, that can help you or your loved one –and it's our job to connect you with the services you need most. Contact us today to start working on your personalized service plan.

**Located at the William N. Pennington Life Center**

**952 South Maine Street**

**P.O. Box 1677**

**Fallon, NV 89407**

**(775) 423-7096**