TWO SHIELDS DOG TRAINING ACADEMY "LIST OF COMMON COMMANDS"

- "Sit": "Sit" is used to place your dog in a sitting position.
- **"Down":** "Down" is used to place your dog in a lying position. You should not ask your dog to "down" when he jumps on you or on an object (ex. Kitchen table or couch) unless you want him to go into a lying position.
- "Off": "Off" is used to command your dog off of something (ex. When your dog jumps on you or up on the kitchen table or couch).
- "Heel": "Heel" is asking your dog to walk with its neck/shoulder region aligned with your knee, on the side your dog is trained to heel on (left/right). Your dog should not walk ahead, behind, or too far out to the side when this command is given.
- **"Place":** "Place" is a command used when you are asking your dog to stay within a specific area. This area should be somewhat small in proximity and have obvious boundaries (ex. Kuranda Dog bed). This command is not used to ask your dog to stay in a specific room or specific area of the yard. Also a towel or mat may not have clear enough boundaries to be used as a place and may cause confusion.
- **"Your dogs Name":** "Fido", yes your dogs name can be a command. When your dogs name is called, your dog should completely stop what he is doing and give you his undivided attention. An example of this is when you are in a very distracting environment (dog park, vets office), and you call your dogs name he should break from what he is doing and turn to you. After he has given his attention another command can be given (ex. Here, sit, down, etc.)
- "Here/Come": When using "Here" or "Come" your dog should immediately stop what he is doing and return to the sound of your voice. Your dog should recall without stopping for anything along the way (ex. Peeing, smelling the ground, etc.). Your dog should take the most direct route to you.
- "Leave it": "Leave it" is used when you ask your dog to leave something alone, not bite, chew, or chase. An example of this is when your dog starts to put its head in the trash can, you say "leave it," your dog should then leave the trash can alone. Or if your dog starts to chase the neighbors cat, you say "leave it" and then you probably want to call him/her back to you!!!!
- **"Lets Go"**: A command used when you are wanting your dog to walk with you. Unlike "Heel", this command is a more relaxed walk. You are only asking your dog to walk with you in the same direction, not necessarily in the "Heel" position. While on-leash, your dog my walk in front of you, but never pull on the leash.
- "Free": We do not teach the word stay, instead we teach your dog a release word using "Free." "Free" is used to release your dog from any of the above commands. Once you have given the free command you should encourage your dog to break from whatever command he is in.
- *Remember Timing, Consistency, and Reinforcement. If you are lacking any of the three, training with your Canine will be slow and frustrating for both you and him/her. Your Commands should be given one at a time and in a clear manner that your canine can understand. One command follows another, since we don't use the word stay, your dog should continue performing the command given until released from that command.