

END RESULTS TRAINING, L.L.C.



End Results Training is a reality based, close-quarter combative system with moderate to high levels of contact involving scenario training. Our weapons system involves the use and defense of pepper spray, sticks, knives, guns, taser and weapons of opportunity.

**“In a dangerous or violent situation....
It’s not what you know, it’s what you do.”**

Instructor Experience: Ellsworth is contracted by the Washington State Criminal Justice Training Commission to teach Proper Use of Force, Pat/Frisk Search, Compliant Handcuffing, Combative Handcuffing, Level I and II Defensive Tactics, Leg and Waist Restraints, and Court and Medical Transports. He is a role player for the Academy’s Mock Scenes, and has been a primary and secondary Defensive Tactics Instructor for the County’s annual in-service training and, through Whatcom Community College, for reserve deputies. He has studied Martial Arts for more than 17 years and has a wide background in many combative arts. In 2000, he started teaching a close-quarter combat system entitled **End Results Training, L.L.C.**

“I have been in Law Enforcement since 2001, and currently work as a Corrections Deputy for the Whatcom County Sheriff’s Office. Through direct contact I have first-hand insight into the behavioral patterns of murderers, rapists, drug dealers, and attackers in our community.” – Ellsworth

Ellsworth teaches with HIGH GEAR™ “spontaneous mobility suits,” which allow role players to effectively replicate the true behavior of attackers. A spontaneous mobility suit – versus a “Michelin Man” model – gives the practitioner a more realistic target in terms of size and motion. Consider this observable fact: boxers never miss the heavy bag, but in real fights, they miss their opponents often.



End Results Training, L.L.C. (360)319-8004