

NCAP TEAM RECORDS

SHORT COURSE YARDS

Record Holder	Date Set	Time	Event	Time	Date Set	Record Holder
MALES					FEMALES	
Feyerick, Brett	02/08/2014	25.50	9-10 50 Free	26.47	10/14/2006	Hu, Janet
Feyerick, Brett	02/09/2014	55.88	9-10 100 Free	57.28	02/28/2008	Ledecky, Katie
Mullen, Michael	03/31/2016	2:03.14	9-10 200 Free	2:06.51	02/28/2008	Ledecky, Katie
Mullen, Michael	03/30/2016	5:27.57	9-10 500 Free	5:29.71	11/10/2006	Hu, Janet
Feyerick, Brett	02/09/2014	27.52	9-10 50 Back	29.52	12/03/2006	Hu, Janet
Feyerick, Brett	12/13/2013	1:01.81	9-10 100 Back	1:04.93	12/02/2006	Hu, Janet
Barnett, Tony	12/01/1979	33.10	9-10 50 Breast	34.09	02/01/1999	Beier, Ellis
Kelley, Michael	11/13/2010	1:12.18	9-10 100 Breast	1:12.35	02/26/1999	Beier, Ellis
Feyerick, Brett	02/08/2014	28.24	9-10 50 Fly	27.88	10/14/2006	Hu, Janet
Mullen, Michael	04/02/2016	1:02.40	9-10 100 Fly	1:01.64	10/15/2006	Hu, Janet
Feyerick, Brett	12/15/2013	1:04.57	9-10 100 Individual Medley	1:06.47	11/19/2006	Hu, Janet
Truong, Darius	03/29/2013	2:20.51	9-10 200 Individual Medley	2:23.63	03/30/2006	Hu, Janet
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Feyerick, Brett	02/06/2016	22.68	11-12 50 Free	23.65	04/16/2014	Mack, Katie
Feyerick, Brett	03/11/2016	48.77	11-12 100 Free	51.82	04/18/2014	Mack, Katie
Feyerick, Brett	12/13/2015	1:47.99	11-12 200 Free	1:52.85	03/11/2010	Ledecky, Katie
Greenberg, Cole	03/08/2017	4:50.61	11-12 500 Free	4:57.47	03/14/2013	Eksteen, Sinead
Goldblatt, Leo	04/08/2015	9:55.12	11-12 1000 Free	10:12.78	03/24/2013	Eksteen, Sinead
Greenberg, Cole	01/07/2017	17:10.96	11-12 1650 Free	17:06.20	03/10/2011	Byrnes, Megan
Feyerick, Brett	03/12/2016	24.20	11-12 50 Back	25.76	11/01/2008	Hu, Janet
Feyerick, Brett	03/13/2016	51.95	11-12 100 Back	55.68	12/05/2008	Hu, Janet
Feyerick, Brett	01/16/2016	1:56.29	11-12 200 Back	1:59.03	03/27/2014	Mack, Katie
Wu, Timothy	03/16/2012	28.72	11-12 50 Breast	30.16	12/8/17	Sun, Eleanor
Wu, Timothy	03/17/2012	1:02.43	11-12 100 Breast	1:03.89	12/9/17	Sun, Eleanor
Wu, Timothy	03/18/2012	2:15.51	11-12 200 Breast	2:21.17	12/8/17	Sun, Eleanor
Feyerick, Brett	01/16/2016	24.64	11-12 50 Fly	25.10	12/05/2008	Hu, Janet
Feyerick, Brett	03/13/2016	53.54	11-12 100 Fly	55.96	03/29/2012	Bayer, Cassidy
Goldblatt, Leo	04/09/2015	1:59.82	11-12 200 Fly	2:03.82	03/17/2012	Bayer, Cassidy
Feyerick, Brett	12/13/2015	55.37	11-12 100 Individual Medley	58.61	12/10/17	Sun, Eleanor
Truong, Darius	03/26/2015	2:01.41	11-12 200 Individual Medley	2:04.73	12/9/17	Sun, Eleanor
Catron, Ryan	12/12/2014	4:19.68	11-12 400 Individual Medley	4:27.61	11/04/2011	Gwennap, Lea
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Feyerick, Brett	04/05/2017	21.30	13-14 50 Free	22.73	12/12/2015	Mack, Katie
Feyerick, Brett	2/10/18	46.35	13-14 100 Free	49.91	12/13/2015	Mack, Katie
Feyerick, Brett	12/8/17	1:41.59	13-14 200 Free	1:46.75	2/3/12	Ledecky, Katie
Tsau, Brian	12/08/2011	4:34.69	13-14 500 Free	4:35.14	11/12/2011	Ledecky, Katie
Tsau, Brian	03/20/2012	9:20.30	13-14 1000 Free	9:29.81	11/12/2011	Ledecky, Katie
Goetcheus, Hayes	4/7/17	15:51.85	13-14 1650 Free	15:59.35	03/08/2012	Ledecky, Katie
Feyerick, Brett	2/10/18	49.87	13-14 100 Back	52.82	12/10/2016	Bacon, Phoebe
Feyerick, Brett	04/05/2017	1:48.74	13-14 200 Back	1:54.86	03/15/2017	Bacon, Phoebe
Vissering, Carsten	02/06/2013	54.71	13-14 100 Breast	1:02.24	12/09/2016	Harter, Abigail
Vissering, Carsten	12/10/2011	2:03.02	13-14 200 Breast	2:18.22	12/01/1994	Handshu, Rachel
Feyerick, Brett	12/8/17	50.74	13-14 100 Fly	53.30	03/21/2014	Bayer, Cassidy
Goldblatt, Leo	04/1/2017	1:51.60	13-14 200 Fly	1:56.01	12/14/2013	Bayer, Cassidy
Vissering, Carsten	02/06/2013	1:51.01	13-14 200 Individual Medley	2:00.59	03/22/2014	Bayer, Cassidy
Gentry, Landon	3/16/18	4:03.60	13-14 400 Individual Medley	4:15.65	12/13/2013	Bayer, Cassidy
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Jones, James	03/22/2014	19.99	15-16 50 Free	22.13	11/29/2012	Hu, Janet
Jones, James	03/21/2014	43.97	15-16 100 Free	48.81	12/09/2012	Hu, Janet
Seliskar, Andrew	03/13/2013	1:35.34	15-16 200 Free	1:42.03	12/06/2013	Ledecky, Katie
Hirschberger, Matthew	03/18/2015	4:16.43	15-16 500 Free	4:28.71	02/07/2014	Ledecky, Katie
Hirschberger, Matthew	03/17/2015	8:45.11	15-16 1000 Free	9:14.22	12/05/2013	Ledecky, Katie
Hirschberger, Matthew	12/06/2014	14:51.81	15-16 1650 Free	15:15.17	12/07/2013	Ledecky, Katie
Shebat, John	12/05/2013	49.02	15-16 100 Back	51.60	3/16/18	Bacon, Phoebe
Conway, Sean	12/2/17	1:45.65	15-16 200 Back	1:52.84	3/14/18	Bacon, Phoebe
Vissering, Carsten	03/19/2014	52.83	15-16 100 Breast	1:01.25	03/15/2017	Harter, Abigail
Seliskar, Andrew	03/15/2013	1:54.87	15-16 200 Breast	2:13.67	03/04/2017	Harter, Abigail
Seliskar, Andrew	03/15/2013	47.78	15-16 100 Fly	52.40	11/29/2012	Hu, Janet
Seliskar, Andrew	11/29/12	1:45.44	15-16 200 Fly	1:55.20	03/18/2015	Bayer, Cassidy
Seliskar, Andrew	03/16/2013	1:44.03	15-16 200 Individual Medley	1:58.21	2/06/2015	Bayer, Cassidy
Seliskar, Andrew	03/14/2013	3:44.83	15-16 400 Individual Medley	4:12.72	12/12/2014	Bayer, Cassidy
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Seliskar, Andrew	03/21/2015	19.89	17-18 50 Free	21.82	12/05/2013	Hu, Janet
Seliskar, Andrew	03/19/2015	43.19	17-18 100 Free	48.25	12/15/2013	Hu, Janet
Seliskar, Andrew	03/20/2015	1:34.94	17-18 200 Free	1:41.04	12/11/2015	Ledecky, Katie
Dolan, Tom	01/01/1994	4:12.30	17-18 500 Free	4:26.58	02/06/2015	Ledecky, Katie
Hirschberger, Matthew	03/14/2017	8:55.32	17-18 1000 Free	8:59.65	12/13/2015	Ledecky, Katie
Dolan, Tom	01/01/1994	14:42.73	17-18 1650 Free	15:13.30	12/06/2014	Ledecky, Katie
Seliskar, Andrew	03/21/2014	46.89	17-18 100 Back	52.18	11/21/2014	Hu, Janet
Seliskar, Andrew	12/14/2014	1:41.37	17-18 200 Back	1:53.43	03/13/2013	Hu, Janet
Seliskar, Andrew	03/18/2015	51.78	17-18 100 Breast	1:01.51	03/17/2009	Baumgardner, Ellyn
Seliskar, Andrew	03/07/2015	1:51.57	17-18 200 Breast	2:14.41	03/15/2011	Canty, Rachel
Seliskar, Andrew	02/21/2015	46.13	17-18 100 Fly	51.76	12/06/2013	Hu, Janet
Seliskar, Andrew	12/14/2014	1:41.33	17-18 200 Fly	1:52.92	03/19/2014	Hu, Janet
Seliskar, Andrew	03/08/2015	1:42.84	17-18 200 Individual Medley	1:56.04	12/02/2014	Ledecky, Katie
Seliskar, Andrew	03/06/2015	3:37.52	17-18 400 Individual Medley	4:01.69	12/11/2015	Ledecky, Katie

Last updated - August 30th, 2018

For records broken or time updates please email Andy Rosenthal (arosenal@nationscapitalswimming.com)

NCAP TEAM RECORDS

LONG COURSE METERS

Record Holder	Date Set	Time	Event	Time	Date Set	Record Holder
MALES			FEMALES			
Mullen, Michael	07/24/2016	29.20	9-10 50 Free	30.02	11/05/2006	Hu, Janet
Seliskar, Andrew	07/19/2007	1:05.12	9-10 100 Free	1:06.26	11/04/2006	Hu, Janet
Mullen, Michael	07/22/2016	2:17.26	9-10 200 Free	2:23.11	07/11/2013	Hu, Janet
Mullen, Michael	07/21/2016	4:52.66	9-10 400 Free	5:02.22	07/14/2013	Sun, Hanna
Feyerick, Brett	08/07/2013	32.93	9-10 50 Back	34.35	11/04/2006	Hu, Janet
Nguyen, Anthony	06/10/2012	1:14.82	9-10 100 Back	1:15.27	04/30/2006	Hu, Janet
Greenwood, Charlie	08/09/2017	36.67	9-10 50 Breast	38.21	07/17/1998	Beier, Ellis
Greenwood, Charlie	07/20/2017	1:21.41	9-10 100 Breast	1:25.11	11/04/2006	Quinn, Kelly
Mullen, Michael	07/21/2016	31.31	9-10 50 Fly	31.67	11/05/2006	Hu, Janet
Mullen, Michael	08/03/2016	1:10:33	9-10 100 Fly	1:10.53	7/20/06	Hu, Janet
Mullen, Michael	07/21/2016	2:35.99	9-10 200 Individual Medley	2:42.24	09/01/1999	Gosh, Nilasha
Mullen, Michael	7/22/18	25.92	11-12 50 Free	27.27	06/18/2017	Sebring, Carly
Mullen, Michael	8/8/18	57.97	11-12 100 Free	58.71	07/12/2017	Gemmell, Erin
Mullen, Michael	7/19/18	2:04.31	11-12 200 Free	2:08.15	07/21/2017	Gemmell, Erin
Mullen, Michael	7/21/18	4:26.82	11-12 400 Free	4:28.76	07/13/2013	Eksteen, Sinead
Mullen, Michael	6/15/18	9:17.83	11-12 800 Free	9:11.19	07/21/2013	Eksteen, Sinead
Strait, Alexander	07/23/2009	18:23.01	11-12 1500 Free	17:28.10	07/18/2013	Eksteen, Sinead
Feyerick, Brett	08/07/2015	28.81	11-12 50 Back	30.40	08/01/2015	Bacon, Phoebe
Feyerick, Brett	08/06/2015	1:02.77	11-12 100 Back	1:06.31	03/18/2008	Hu, Janet
Feyerick, Brett	8/5/15	2:17.30	11-12 200 Back	2:19.90	07/10/2006	Hu, Janet
Evans, Jordan	8/10/18	32.39	11-12 50 Breast	36.02	07/21/2016	Makin, Emily
Evans, Jordan	8/8/18	1:10.72	11-12 100 Breast	1:18.90	06/18/2017	Sebring, Carly
Blusiewicz, Andrew	07/24/2016	2:40.15	11-12 200 Breast	2:46.06	07/23/2017	Sun, Eleanor
Mullen, Michael	7/19/18	28.04	11-12 50 Fly	28.23	07/19/2012	Bayer, Cassidy
Mullen, Michael	7/22/18	1:02.17	11-12 100 Fly	1:01.75	08/03/2012	Bayer, Cassidy
Mullen, Michael	6/3/18	2:14.56	11-12 200 Fly	2:15.02	08/04/2012	Bayer, Cassidy
Mullen, Michael	8/8/18	2:17.67	11-12 200 Individual Medley	2:25.31	07/21/2011	Gwennap, Lea
Mullen, Michael	6/1/18	5:00.32	11-12 400 Individual Medley	5:08.34	03/22/2012	Meilus, Emily
Park, Brock	08/11/2004	24.56	13-14 50 Free	26.14	8/4/18	Gemmell, Erin
Makin, Peter	07/24/2016	53.60	13-14 100 Free	56.62	08/02/2018	Gemmell, Erin
Feyerick, Brett	1/13/18	1:59.53	13-14 200 Free	2:00.01	02/10/2012	Ledecky, Katie
Suguiyama, Yuri	08/01/1997	4:10.77	13-14 400 Free	4:09.30	02/10/2012	Ledecky, Katie
Suguiyama, Yuri	08/01/1997	8:37.71	13-14 800 Free	8:30.14	02/10/2012	Ledecky, Katie
Tsau, Brian	03/20/2012	16:11.60	13-14 1500 Free	16:24.46	08/12/2011	Ledecky, Katie
Feyerick, Brett	08/03/2017	58.60	13-14 100 Back	1:00.81	08/04/2017	Bacon, Phoebe
Feyerick, Brett	01/15/2018	2:08.87	13-14 200 Back	2:15.01	5/20/17	Bacon, Phoebe
Vissering, Carsten	03/20/2012	1:07.44	13-14 100 Breast	1:13.20	7/10/18	Sun, Eleanor
Vissering, Carsten	03/20/2012	2:26.84	13-14 200 Breast	2:38.11	07/01/1998	Lichtblau, Jennifer
Gentry, Landon	8/3/18	57.69	13-14 100 Fly	59.75	07/18/2014	Bayer, Cassidy
Seliskar, Andrew	08/04/2011	2:08.95	13-14 200 Fly	2:09.08	06/27/2014	Bayer, Cassidy
Seliskar, Andrew	08/04/2011	2:10.71	13-14 200 Individual Medley	2:20.04	07/10/2018	Sebring, Carly
Laughlin, Seth	08/01/1993	4:41.13	13-14 400 Individual Medley	4:57.70	06/21/2014	Rongione, Isabella
Jones, James William	08/27/2014	22.81	15-16 50 Free	25.88	8/5/17	Mack, Katie
Jones, James William	08/06/2014	50.93	15-16 100 Free	55.57	01/17/2014	Ledecky, Katie
Hirschberger, Matthew	03/19/2015	1:51.23	15-16 200 Free	1:56.32	07/28/2013	Ledecky, Katie
Hirschberger, Matthew	08/06/2015	3:52.27	15-16 400 Free	3:59.82	07/28/2013	Ledecky, Katie
Hirschberger, Matthew	05/03/2015	8:02:57	15-16 800 Free	8:13.86	07/28/2013	Ledecky, Katie
Hirschberger, Matthew	03/21/2015	15:19.23	15-16 1500 Free	15:36.53	07/28/2013	Ledecky, Katie
Feyerick, Brett	07/14/2018	57.59	15-16 100 Back	59.12	07/28/2018	Bacon, Phoebe
Feyerick, Brett	7/15/18	2:04.66	15-16 200 Back	2:10.65	8/25/18	Bacon, Phoebe
Vissering, Carsten	07/28/2013	1:01.94	15-16 100 Breast	1:11.56	08/06/2007	Baumgardner, Ellyn
Vissering, Carsten	06/25/2013	2:15.85	15-16 200 Breast	2:36.67	08/09/2004	Beales, Kristen
Seliskar, Andrew	08/05/2013	53.49	15-16 100 Fly	58.11	06/26/2016	Bayer, Cassidy
Seliskar, Andrew	08/26/2013	1:56.42	15-16 200 Fly	2:07.97	06/29/2016	Bayer, Cassidy
Seliskar, Andrew	07/28/2013	1:59.84	15-16 200 Individual Medley	2:14.81	07/23/2015	Bayer, Cassidy
Seliskar, Andrew	06/25/2013	4:20.96	15-16 400 Individual Medley	4:45.75	8/1/85	Griglione, Michelle
Jones, James William	08/08/2015	22.70	17-18 50 Free	25.45	11/12/15	Ledecky, Katie
Pomajevich, Samuel	7/6/17	50.73	17-18 100 Free	53.75	01/15/2016	Ledecky, Katie
Seliskar, Andrew	08/06/2014	1:50:22	17-18 200 Free	1:54.43	01/15/2016	Ledecky, Katie
Dolan, Tom	09/01/1994	3:52.47	17-18 400 Free	3:58.37	08/21/2014	Ledecky, Katie
Dolan, Tom	04/01/1994	7:56.33	17-18 800 Free	8:06.68	01/17/2016	Ledecky, Katie
Hviid, Fred	08/01/2000	15:14.26	17-18 1500 Free	15:25.48	08/04/2015	Ledecky, Katie
Conway, Sean	07/28/2018	57.06	17-18 100 Back	1:02.84	05/25/2013	Hu, Janet
Rogan, Marcus	03/01/2000	2:01.38	17-18 200 Back	2:13.46	06/22/2014	Hu, Janet
Vissering, Carsten	07/29/2015	1:00.86	17-18 100 Breast	1:09.96	08/06/2009	Baumgardner, Ellyn
Seliskar, Andrew	03/20/2015	2:12.82	17-18 200 Breast	2:36.66	8/4/08	Wilson, Jenny
Pomajevich, Samuel	6/29/17	53.33	17-18 100 Fly	58.97	8/4/17	Bayer, Cassidy
Seliskar, Andrew	08/27/2014	1:55.92	17-18 200 Fly	2:09.21	8/2/17	Bayer, Cassidy
Seliskar, Andrew	05/17/2015	1:59.93	17-18 200 Individual Medley	2:14.36	03/05/2016	Ledecky, Katie
Dolan, Tom	08/01/1994	4:12.30	17-18 400 Individual Medley	4:39.18	11/12/15	Ledecky, Katie

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