

Sweet Potato Soup **(from Sing for Supper Bendigo – Ann Lyon)**

One onion

At least 1.75 kgs of Sweet potatoes

Six large carrots

Half Kg of Pumpkin

Chicken Massel Stock

Peel all vegetables and cut into chunks...no need to dice small.

All in together

For a really thick soup I like to ensure that the vegetable content almost fills the 6 lt slow cooker(or saucepan) to the top, so the content of vegetable without stock really needs to be four kgs at least this can be adjusted according to size of carrots etc..but content must be predominantly sweet potato.

Add Basil and Mini just before blending