

Community Resource Guide For Orange, Osceola, Seminole & Brevard Counties

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Program	Page
ACES	4
The Beta Center	4
Child Support Enforcement	4
Christian Service Center	4
Community Action	4
Community Coordinated Care	4
Country Acres Children’s Home	4
Family Focus	4
House of Hope	4
Jefferson Vision Quest	4
Center for Urban Development	4
Orange County Health Department	4
Seminole County Health Department	5
Sunshine Service	5
Department of Children and Families	5
Boys and Girls Club of Central Florida	5
Children’s Home Society	5
Healing the Children	5
WIC (Women, Infant and Children)	5
Kids Hope America	5
Osceola Children’s Home	5
United Cerebral Palsy Child Development Center	5
Heritage Family Preservation	5
ABUSE FL Hotline	6
AIDS Information Hotline	6
American Lung Association	6
Cocaine Abuse Hotline	6
Domestic Violence Counseling	6
Red Cross Disaster Relief	6
Drug and Alcohol Abuse	6
Family Healthy	6
Haven of Hope Ministries	6
Center for Disease Control	6
Rape Crisis	6
Sexual Assault Victims Services	6
Seminole County Community Mental Health	6
Lifeline of Central Florida	6
Help Now	6
Victims Assistance	6
Alcoholics Anonymous	6
American Cancer Society	6
Division of Vocational Rehabilitation	7
Epilepsy Foundation	7
HOME-Helping Others Make the Effort	7
Hope and Help HIV Services	7
Hospice of Osceola County	7
Hospice of the Comforter	7
JMJ Life Center	7
Office of the Public Defender	7
Osceola Pregnancy Center	7
Serene Harbor Domestic Violence Program	7
Transition House	7
Veterans Affairs of Osceola County	7
VITA Healthcare Corporation	7
Dental Clinic of Osceola County	7

Program	Page
Dental Hygiene Clinic	7
Osceola County Children’s Ministry	7
University of Florida Dental Clinic	7
Catholic Charities Emergency Assistance	8
Christian Service Center	8
Christian Sharing Center	8
Church of the Good Shepherd	8
Community Service Center	8
Daily Bread	8
Destiny Community Assistance Center	8
Family Service Center	8
Feed My Sheep	8
Goodwill Main Office	8
Jewish Family Services	8
Loaves and Fishes	8
Mercy Ministries	8
Mustard Seed	9
Orange County Community Affairs	9
Orlando Union Rescue Mission	9
Rescue Outreach Mission Shelter	9
Seniors First	9
Salvation Army	9
Hill-Burton Program	9
Health Care for the Homeless	9
Seminole County Health Department	9
Central Florida Family Health Center	9
Orange County Health Department	9
Florida Kid Care	9
Integra	9
Shepherds Hope Inc.	10-11
Stepping Stone Medical Equipment Bank	11
Epilepsy Foundation	11
Osceola Health Department	11
Hope and Health	11
Hospice of the Comforter	11
Miracle of Love-HIV	11
Mobile Medical Express of Osceola	11
Christian Ministry Center Clinic	12
Osceola Council of the Aging	12
Veterans Clinic of Osceola	12
Mother Weavers Place	12
Salvation Army	12
Harbor House	12
Women’s Center	12
Lutheran Immigration Services	12
Catholic Immigration and Refuge Service	12
Legal Aid Society of Orange County	12
Central Florida Legal Society	12
Citizen Dispute	12
Legal Aid	12
Community Legal Services	12
Office of the Public Defender	12
Osceola Council on Aging	12

Children & Family Programs

ACES -(Assc. For Children for Enforcement of Support)	A self help org. for collection of child support to custodial parents and visitation rights for non-custodial parents. Provides instructions, resources and sample letters that enable parents to represent themselves. 799 August Street SE Palm Bay, FL 32909-3748	321.725.2890 321.733.1572
The Beta Center	Maternity and baby clothing, baby food, diapers and formula. (a layette within two weeks of birth) www.betacenter.org	407.277.1942 321.264.0446
Child Support Enforcement	Child support enforcement, tracks missing parents, enforces support orders www.myflorida.com/dor/childsupport	800.622.5437
Christian Service Center	Clothing, financial assistance and Mothers helping hands, transportation, utility assistance. www.christianservicecenter.org	407.425.2523
Christian Service Center	food pantry	407.425.2415
Community Action	rental, food, energy and prescription assistance www.cfcaa.org	407.836.8476 407.836.8900
Community Coordinated Child Care	childcare programs, parental support programs, tuition assistance programs, parent support www.4corlando.org Orange County Osceola County Seminole County	407.522.2252 407.846.5311 407.324.9999
Country Acres Children's Home	Residential facility for abused, neglected or abandoned children ages 6-17. Must be referred through the court or DC&F (must be in the custody of the state) 1850 S DeLeon Avenue Titusville, FL 32780	321.264.5000
Family Focus	Custody, visitation supervised by staff and volunteers. Also monitored exchange program	407.323.6848
House of Hope	Christian residential program for troubled teens ages 14-17 www.nationalhouseofhope.org	407.843.8686
Jefferson Vision Quest	a public charity that provides free glasses and eye exams to children who cannot afford eye care	407.323.2040
Center for Urban Development	youth mentoring, summer programs, after school program, mentor and leadership training, family development	407.251.8120
Orange County Health Department	immunizations, low cost health services www.orchd.state.fl.us	407.836.2600

Community Resource Guide

Seminole County Health Department	immunizations, low cost health services www.seminolecohealth.com	407.665.3000 407.665.3700
Sunshine Service	Provides telephone reassurance on a regular basis to elderly, disabled and homebound individuals.	321.632.6688
Department of Children & Families	food stamps, medicaid, temporary financial assistance, developmental disabilities services www.dcf.state.fl.us/districts/d7	
	Apopka	407.884.2101
	Kissimmee	407.846.5321
	Orlando-Downtown	407.845.1686
	Pine Hills	407.578.3151
	Sanford	407.330.6900
	Winter Park	407.975.3586
	Cocoa	321.690.3710
	Palm Bay	321.690.3710
Boys & Girls Club of Central Florida	after school programs, educational activities www.bgccf.org	407.847.2833
Childrens Home Society	counseling, education for emotionally disturbed children, emergency shelter, crisis nursery, parenting programs www.chsfl.org	407.895.5800
Healing the Children	Pediatric medical/surgical care for children in uninsured families www.youcanheal.org	407.877.9311
WIC (Women, Infant & Children)	nutrition education, and supplemental food items for a healthy diet	407.343.2085
	Titusville	321.383.2791
	Rockledge	321.634.6362
	Melbourne	321.726.2922
Kids Hope America	Adoption services, protective services, independent living programs, parent anonymous	321.219.1176
Osceola Childrens Home and Shelter	Shelter placement for children, respite care for teens and families www.givekidssafeshelter.com	407.846.2988 407.933.0870 ext 222
United Cerebral Palsy Child Development center	screenings, evaluations, therapy for developmentally delayed children	407.932.3445
Heritage Family Preservation	education and support services aimed at keeping the family together. www.heritagefamilypreservation.org	407.292.7722

Crisis/ Info Hotlines

ABUSE_FL Hotline	to report, child, adult or elder abuse or exploitation	800.962.2873
AIDS info	national information hotline, 8am-5pm	800.FLA.AIDS
American Lung Association	in-depth and timely information on lung issues including asthma, tobacco control and environmental health www.lungfla.org	407.425.5864
Cocaine Abuse	information and action helpline	800.333.2294
Domestic Violence Counseling (Salvation Army - Brevard)	Domestic Violence shelter, support groups, childrens support, adolescent and anger management, supervised visitation and monitored visitation exchange.	321.631.2764 (24 hr hotline)
Red Cross Disaster Relief	Seminole county disaster relief www.centralflorida.redcross.org	407.332.8200
Drug and Alcohol Abuse	substance abuse hotline	800.662.HELP
Family Healthy	family help hotline, 7 days a week 8am -midnight. Information on prenatal care, wic childbirth education	800.451.BABY
Haven of Hope Ministries	AIDS info, anonymous counseling, and food pantry	407.298.2056
Center for Disease Control	Southeast district	800.227.8922
Rape Crisis	referrals only	407.836.4028
SAVS -Sexual Assault Victims Services	24 hour crisis counseling available to sexual assault victims throughout the county. Volunteers assist victims at the hospital during the rape exam and follow the case through the criminal justice system, providing emotional support, information and referrals.	321.784.4357
Seminole County Community Mental Health	provides mental health, alcohol and drug abuse services. Includes crisis interventino, outpatient and residential care	407.831.2411
Lifeline of Central Florida	crisis hotline, any kind of crisis may call. www.lifelinecentralflorida.org	407.425.2624
Help Now	24 hour domestic violence crisis line, shelter information www.givekidssafeshelter.com	407.847.8562
Victims Assistance	Osceola County Court, victims assistance program www.ninja9.org/courtadmin/VOCA/VOCA.htm	407.343.2462
Alcoholics Anonymous	substance abuse support groups www.orlandointergroup.org	407.870.8282
Alzheimers Association	Support Groups, Professional training program www.alz.org	800.272.3900
American Cancer Society	Support groups, educational materials, clincial trials	407.933.6800

Community Resource Guide

Division of Vocational Rehab	Range of services for disabled adults 16+	407.846.5260
Epilepsy Foundation	Medical and Prescription services for epiletec patients www.efa.org	407.422.1416
H.O.M.E "helping others make the effort"	Services for homeless women and children www.osceolahome.org	407.846.0068
Hope and Help HIV-services	Case management and support services to HIV individuals	407.645.2577
Hospice of Osceola County	Support services for the terminally ill and their families	407.599.5079
Hospice of the Comforter	Medical professionals, counselors and chaplains care the the terminally ill in their homes. www.hospiceofthecomforter.org	407.682.0808
JMJ Life Center	Catholic crisis pregnancy center. Counseling, formu la, baby clothes, mentoring and educational services. www.breadofangels.com	407.891.6969
Office of the Public Defender-Osceola	Legal Counseling	407.343.2463
Osceola Pregnancy Center	counseling, baby items and referalls	407.846.9101
Serene Harbor-Domestic Violence Program	Domestic violence counseling for victims and their children. Counseling, case management, information and referalls	321.726.8282
Transition House	Full range of substance abuse treatment programs www.thetransitionhouse.org .	407.846.0068
Veterans Affairs Osceola County	Veterans benefits and services.	407.870.2019
VITAS Healthcare Corp of Central FL	Bereavement counseling, inpatient care, personal care. www.vitas.com	407.846.8582

Dental Care

Dental Clinic Osceola County	Dental clinic for medicaid children, seniors, HIV adult and emergency adult care	407.343.2160
Dental Hygiene Clinic(Brevard Community College)	BCC's Cocoa Campus Dental Hygiene Clinic is open to the community on an appointment basis. Services are provided by dental hygiene students under the supervision of faculty.	321.632.1111 ext 64101
Osceola County Christian Ministry Center	Free Dental clinic for uninsured, all age groups	407.944.9968
University of Florida Dental Clinic	Dental clinic, for low income, unisured, and under-insured	352.392.9813

Food/Clothing/Furniture

Catholic Charities of Orlando	Family assistance, food pantry, assistance with rent and utilities, prison ministry. www.ccorlando.org	407.658.0999
Catholic Charities Family Emergency Assistance Program-Brevard	Information and referral to community resources as well as limited funds for food and emergency help with basic needs for families experiencing a financial crisis. Rent assistance is not available.	321.636.6144
Christian Service Center	808 W. Central Blvd, Orlando, M-F 10am-12pm, Assist with rent, utilities, clothing transportation, Alzheimers respite, Daily Bread program, thrift shop, & employable male shelter.	407.425.2523
Christian Service Center-Winter Park	541 N Virginia, Winter Park	407.628.1692
Christian Sharing Center	600 N Hwy 17-92, Longwood, M-f 9am-noon, food, utilities, rent assistance, rx depending on situation and funding. Thrift store	407.260.9155
Christian Sharing Center	515 E 25th St., Sanford M-F 9 food and clothing, other assistance depends on funding	407.323.2513
Church of the Good Shepard	Emergency food for needy families, requires picture Id, proof of income "may" be needed.; 331 Lake Ave Maitland	407.644.5350
Community Service Center of South Orange County	621 Wilkes Ave., Orlando, M-F 8:30am-5 pm, emergency rent assistance, utilities, food and clothing. Parenting classes, Serves Orange, Osceola and Seminole Counties	407.851.5920
Daily Bread	815 East Fee Avenue, Melbourne- provides hot meals daily, showers, haircuts. Laundry and mail services for those in need. www.dailybreadinc.org	321.723.2227
Destiny Community Assitance Center	150 W. Michigan, Orlando, food bank, discounted groceries, for low income families, small enrollment fee	407.849.0079
Family Service Center	800 W. Grand, Orlando, food pantry	407.317.7698
Feed My Sheep	3302 Green Street, Mims, FL; Food and toiletry items for those in need. Brevard County Residents	321.267.6220
Goodwill Main office	may help with special circumstances, case by case review	407.857.0659
Jewish Family Services	Food pantry, call for appt., Winter Park	407.644.7593
Loaves and Fishes	206 E 8th Street, Apopka, clothing, food, medical and educational services	407.886.6005
Mercy Ministries	745 Clay Street, Winter Park, food, clothing, bicycles	407.644.9070

Community Resource Guide

Mustard Seed	Furniture, must be referred by an agency. www.mustardseedfla.org	407.875.2040
Orange County Community Affairs	Call for location near you, food pantry, clothes closet, emergency assistance	407.836.6500
Orlando Union Rescue Mission	911 W Central Blvd., Orlando, Furniture and clothing	407.841.7578
Rescue Outreach Mission Shelter	1701 W. 13th St., Sanford Emergency Food	407.321.8224
Seniors First	help with meals -Orange County	407.292.0177
Salvation Army	Food, possible financial assistance, 700 W. 24th, Sanford 416 W. Colonial Drive, Orlando 495 S. Semoran Blvd, Winter Park	407.322.2642 407.423.8581 407.671.4419
<u>Medical/Health Resources</u>		
Hill-Burton Program	Call to find participating facilities. Free medical care at selected hospitals, nursing homes, clinic & other facilities for those with income up to twice the poverty level. www.hhs.gov/ocr/hburton.html	800.638.0742
Health Care for the Homeless	Primary, dental, eye, pediatric care, case-management, medical services, mental health, and substance abuse counseling. TB shelter, temp recovery and wellness care center. www.hcch.org	407.428.5751 Ext.235
Seminole County Health Dept.	Public health, including pharmacy, emergency finance. M-F 8am-5pm; 400 Airport Blvd, Sanford, call for appt.	407.665.3400
Seminole County Health Dept.-Casselberry	immunizations & prenatal care. Uninsured and working poor must access, Sanford clinic for primary medical care. 132 Sausalita Blvd, Casselberry	407.331.4020
Central Florida Family Health Center	2400 County Rd. 415-A, Sanford; Provides health-care services to the indigent in Sanford, Seminole, East Orange, Lake and Brevard Counties	407.322.8645
Orange County Health Dept.	Public health clinic, various locations	407.836.2600
Florida Kid Care	low cost health insurance for children of Florida, based on income. www.floridakidcare.org	888.540.5437
Integra	1733 Benbow Ct, Apopka. Home health care for disabled vets or spouses, having served at least 90 days during a conflict period and unable to maintain gainful employment.	407.886.3883

Shepherds Hope Inc.	offers free health care services to individuals who are currently employed with no health insurance or government assistance. And earn less than 150% of the poverty level. www.shepherdshope.org	
	Various locations; Apopka High School Family Service Center 555 Martin St. Apopka, FL 32703 Open for patients on Thursday Evenings from 6 P.M. to 8:30 P.M.	407.905.5585
	Colonial Shepherd's Hope Dr. Diebel, Jr. Memorial Health Center Colonial High School 6100 Oleander Drive Orlando, FL 32807 Open for patients on Tuesday & Thursday Evenings 6pm-8:30 pm	407.482.6300 Ext. 1003
	Evans Shepherd's Hope Health Center Evans High School Family Education Center 4949 Silver Star Road Orlando, FL 32808 Open for patients on Wednesday & Thursday evenings from 6 P.M. to 8:30 P.M.	407.552.3480
	Grand Shepherd's Hope Health Center Orange County Medical Clinic 101 S. Westmoreland Dr. Orlando, FL 32805-2258 Open for patients on Thursday Evenings from 6 P.M. to 8:30 P.M.	407.836.7158
	Hungerford Shepherd's Hope Health Center Hungerford Adult & Community Center 100 E. Kennedy Blvd Eatonville, FL 32751 Open for patients on Tuesday and Wednesday Evenings from 6 P.M. to 8:30 P.M.	407.622.8204
	St. Luke's Lutheran Shepherd's Hope Health Center St. Luke's Lutheran Church 2021 W. State Road 426 Oviedo, FL 32765 Open for patients on Tuesday Evenings from 6 P.M. to 8:30 P.M.	407.366.8066

	<p>Walker Shepherd's Hope Health Center Walker Middle School Family Service Center 150 Amidon Lane Orlando, FL 32809 Open for patients on Tuesday and Thursday Evenings from 6 P.M. to 8:30 P.M.</p>	407.850.5100
	<p>Westside Shepherd's Hope Health Center Westside Technical School Family Service Center 955 East Story Road Winter Garden, FL 34787 Open for patients on Tuesday and Thursday Evenings from 6 P.M. to 8:30 P.M.</p>	407.905.2006
Stepping Stone Medical Equipment Bank	515 N. Orange Blossom Trail, Orlando, Free medical equipment, supplies and services for children and adults disabled by birth defects, accidents or illnesses. www.steppingstonefoundation.org	407.649.4100
Epilepsy Foundation	Medical and prescription services for epileptic patients. www.epilepsy-cf.org	407.422.1416
Osceola Health Department	www.osceolahealth.org Breast and cervical screening for ages 50+ Diabetes screening/education/limited services for new diabetics Family Planning Clinic HIV/AIDS Clinic Immunizations/Flu Shots Pre-natal Clinic Primary Care Clinic/Kissimmee Well Baby Clinic	407.343.2068 407.343.2076 407.343.2025 407.343.2030 407.343.2067 407.343.2025 407.343.2013 407.343.2025
Hope and Health	HIV services, case management and support services to HIV individuals.	407.645.2577
Hospice of Osceola	Support services for the terminally ill and their families	407.599.5079
Hospice of the Comforter	Doctors, nurses, counselors, chaplains, nursing assistants and volunteers to care for the terminally ill in their homes. Serving Orange, Osceola, and Seminole counties. www.hospiceofthecomforter.org	407.682.0202
Miracle of Love-HIV	Case management, and support services to individuals with HIV.	407.455.6008
Mobile Medical Express of Osceola County	Offers free health care for the uninsured and underinsured in Osceola County. Travels to various sites on a biweekly basis Service locations in Buena Ventura Lakes, Kissimmee, Holopaw, St. Cloud.	407.846.8532

Community Resource Guide

Christian Ministry Center Clinic	free clinic for the uninsured. All ages.	407.944.9968
Osceola County Council of the Aging	free clinic for the uninured, rx assistance, provides health screening, counseling and health education.	407.846.8532
Veterans Clinic Osceola	Clinic for honorably discharged veterans.	407.858.5004
<u>Shelters</u>		407.327.8224
Mother Weaver's Place	Rescue outreach mission. 1701 W. 13th St, Sanford \$10 nightly men, long term equiping program for women, children/pay as able. Free Clothing	
Salvation Army	416 W. Colonial dr, Orlando. Women and childrens shelter/free, men pay \$8 after the first 3 nights.	407.423.8581
Harbor House	Domestic Violence Shelter for battered women and children	407.886.2856
Womens Center	1425 Aurora Rd, Melbourne; Transitional Housing for women and children who are homeless or in danger of being homeless. Must meet low income guidelines. Support groups for domestic and sexual violence, counseling and career guidance. www.womenscenterinbrevard.org	321.242.3110
<u>Immigration</u>		
Lutheran Immigration Services	answers questions, helps with paperwork, moderate fee, must be referred by the state	407.869.1909 407.869.0988
Catholic Immigration and Refuge Service	provides help with paperwork for work authorization, extentsion of visas, residency and citizenship	407.658.0110
Legal Aid Society of Orange County	help with immigration problems	407.841.8310
<u>Legal</u>		
Central Florida Legal Society	315 Magnolia Ave, Sanford; free legal services for the poor, assist in housing, public benefits, education and senior issues www.cfls.org	407.322.8983 321.636.3515
Citizen Dispute	880 N. Orange Ave, Ste 101 Orlando, \$10 per couple or less to resolve chid support/custody, landlord/tenant, etc outside of court.	407.423.5732
Legal Aid	free help to seniors, also family law & landlord/tenant	407.841.8310
	Orange County	407.834.1660
	Seminole County	407.847.0053
Community Legal Services	Counseling on Legal Aid	407.847.1300
Office of Public Defender	Social work department, Legal Counseling-Osceola	407.847.1300
Osceola Council on Aging	Provides court appointed guardinship to seniors who are incapable of caring for their needs without family and friends. Also provides legal aid to grandparents over the age of 60 who are assisting with raising their grandchildren www.occoa.org	407.846.8532

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